

Free Meals this Summer for Kids and Teens

Chicago 2011



Dear Parents and Caregivers,

Summer vacation will soon be here.

We all know children and teens need good nutrition all year round. When school closes for the summer, your children **through age eighteen** can enjoy **free, nutritious meals** in safe, supervised programs in many Chicago neighborhoods.

Don't let your children miss out! Free summer meals programs funded by the U. S. Department of Agriculture will be operating at hundreds of sites...from public schools and community centers to churches, parks and recreation programs and other locations. Many programs don't require pre-registration; your children can just walk in. Some programs also offer enrichment and fitness activities to keep children healthy and learning throughout the summer.

For information about locations, dates and times of meal service in your area, contact any of the organizations below. Best information will be available after May 15.

- **Illinois Hunger Coalition Hunger Hotline** (1-800-359-2163) 9:00 a.m. to 5:00 p.m. Monday through Friday. English and Spanish.
- **Chicago Department of Family and Support Services** (312-743-0300 or 312-747-2326) 9:00 a.m. to 5:00 p.m. Monday through Friday. English and Spanish.
- **Chicago Housing Authority** (312-786-6660) 9:00 a.m. to 5:00 p.m. Monday through Friday. English and Spanish.
- **Chicago Public Schools** Contact your child's school to see if they have a summer meals program.
- **Illinois State Board of Education** Visit: <http://www.isbe.net/nutrition/htmls/summer.htm> for a list of approved sites. (Click on *Map—Illinois Nutrition Programs* under *Resources*.)
- **Archdiocese of Chicago Nutrition Services (FSP)** (773-GR8-FOOD or 773-478-3663) or www.Gr8Food4Summer.com 7:30 a.m. to 4:00 p.m. Monday through Friday. English and Spanish.
- **Greater Chicago Food Depository** (773-247-3663) 7:00 a.m. to 5:30 p.m. Monday through Thursday; 7:00 a.m. to 5:00 p.m. on Friday. English and Spanish.
- **Catholic Charities of the Archdiocese of Chicago** (773-924-2249 or 312-217-0905) 8:30 a.m. to 4:30 p.m. Monday through Friday. English and Spanish.