



# Fall 2009

# Varsity Girls Volleyball

# Rules & Regulations

# 2009 Girls Volleyball Calendar

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## ONLINE

## IHSA Rules Interpretation

Wednesday, August 12th

Coaches Meeting at T.A.M.S  
From 3pm to 4:30 pm

Wednesday, August 12th ..... Season Starts Tryouts/Practice

Thursday, August 20<sup>th</sup> ..... Central Office Record Sheets Due  
(All Levels:  
Varsity, Sophomore, Freshman)

Monday, August 24th ..... First Contest May Be Held

Monday, August 24th ..... CPS League Play Begins

Thursday, September 10th ..... Developmental Schedules Due

**Friday, October 2nd.....CPS League Play  
Ends**

Friday, October 2nd ..... CPS League Seed Meeting

October 6<sup>th</sup>-17<sup>th</sup> ..... CPS Playoff Series

Saturday, October 17<sup>th</sup> ..... CPS City Championship

# 2009 Conference

## Red North

N.S. College Prep  
Lane Tech  
Von Steuben  
Lake View  
Walter Payton  
Whitney Young  
Taft

## Green 1

Mather  
Kelvyn Park  
Prosser  
Clemente  
Farragut  
Lincoln Park  
North Lawndale

## Blue 1

Senn  
Juarez  
Schurz  
Amundsen  
Bronzeville  
Roosevelt  
Chgo Academy  
Orr

## Purple 1

Wells  
Steinmetz  
Al Raby  
Sullivan  
Foreman  
King  
Manley  
*Chgo Math&Science*

## Pink 1

Crane  
Clark  
Marine  
Uplift  
Phoenix  
North Grand  
Rickover Naval  
Collins Academy  
Austin  
Westinghouse

## Red South

Gwendolyn Brooks  
Morgan Park  
Kennedy  
Simeon  
Jones  
Kelly  
Washington

## Green 2

Curie  
Hubbard  
Ag/Science  
Marshall  
South Shore  
Kenwood  
Lindblom

## Blue 2

Hancock  
Dunbar  
Hyde Park  
C.V.C.A.  
Harper  
Richards  
Hope  
*Carver*

## Purple 2

Ace Tech  
Corliss  
Harlan  
Gage Park  
Bowen  
Bogan  
Little Village  
Hirsch

## Pink 2

Perspective Calumet  
Tilden  
Fenger  
Chgo Int'l  
Julian  
Robeson  
Phillips  
Dusable  
Englewood  
Dyett

# 2009 GIRLS VOLLEYBALL RULES AND REGULATIONS

## RULE 1—PLAYING REGULATIONS

- A. The official rules of the National Federation of High Schools Association shall govern the volleyball competition. All other situations not covered by the above rules shall be governed by the Constitution and Bylaws of the Chicago Public High School Athletic Association.
- B. Lower level teams will not be recognized unless the minimum number of participants appears on the varsity roster. The minimum participation numbers would generally be twice the number of players required to compete in the contest.
- C. Teams in the Red Section have to field both a varsity and a sophomore team in order to remain in that section.
- D. Rally scoring will be used during the CPS League. The game format is best two out of three games, if necessary, played to 25 points, with a two-point lead.
- E. The let serve shall be allowed, and play shall continue provided the net contact is entirely within the net antennas.
- F. Each team shall be allowed two time-outs per games, with no additional time-outs given. The **libero rule** has been adopted for the 2009 school year and will be used for all levels.
- G. Central Office Record Sheet must be submitted to the Department of Sports Administration (Mail Run #125) **BEFORE** any matches are played. The names of varsity, sophomore and freshman players should be listed on separate computer generated Central Office Record Sheets and submitted after player record cards and medicals are on file. Age and grade eligibility is established according to the rules of the Chicago Public High Schools Athletic Association. See Article III—Section 3 for grade eligibility and Article III –Section 4 for age rule of the Constitution and Bylaws of the Chicago Public High Schools Athletic Association. **Any matches played without a Central Office Sheet will be forfeited.**
- H. COMPUTER GENERATED OFFICIAL ELIGIBILITY CERTIFICATE (**UNDER NO CIRCUMSTANCES WILL WRITE-INS BE ACCEPTABLE**) must be exchanged before each match. Failure to do so will cause your school to be fined one hundred dollars (\$100) per CPS Constitution and Bylaws. After each match the exchanged sheet (opponent's) must be completed and signed by the coach, athletic director and principal. Official's names, rating by coaches, score and comments must be completed and are to be faxed and mailed to the Department of Sports Administration on the first school day following the match. A win will not be considered valid until the Department of Sports Administration receives the Official Eligibility Sheet. See Article II –Section 7 (a-f) of the Constitution and Bylaws of the Chicago Public High Schools Athletic Association.
- I. A COMPUTER GENERATED OFFICIAL ELIGIBILITY CERTIFICATE (**UNDER NO CIRCUMSTANCES WILL WRITE-INS BE ACCEPTABLE**) must be exchanged before each match. Failure to do so will cause your school to be fined one hundred dollars (\$100) per CPS Constitution and Bylaws. After each match the exchanged sheet (opponents) must be

completed and signed by the coach, athletic director and principal. Official's names, rating by coaches, score and comments must be completed and are to be faxed and mailed to the Department of Sports Administration on the first school day following the match. A win will not be considered valid until the Department of Sports Administration receives the Official Eligibility Sheet. See Article II –Section 7 (a-f) of the Constitution and Bylaws of the Chicago Public High Schools Athletic Association.

- J. Any team representing the Chicago Public League in the state finals may list a maximum of fifteen (15) girls on the eligibility sheet that goes to the regional and/or state meet.
- K. The winning coach has the responsibility of calling the game scores to the Tribune Sports 312-222-3473 and Sun-Times Sports 312-321-2247 immediately following after each game preferable before 6:00 p.m. Team records should be called or faxed in to the section chairperson member weekly.

#### L. CONTEST LIMITATIONS

All scheduled non-league games must be submitted to, and approved by the director prior to the season. If the director does not sanction specific non-league contests, teams are prohibited from participating in such contests.

**No Girls Volleyball team representing a member school shall, in any one season, participate in more than:**

1. twenty-one (21) matches exclusive of the IHSA series; or
2. nineteen (19) matches plus one (1) tournament, exclusive of the IHSA series; or
3. eighteen (18) matches plus two (2) tournaments, exclusive of the IHSA series; or
4. sixteen (16) matches plus three (3) tournaments, exclusive of the IHSA series; or
5. fifteen (15) matches plus four (4) tournaments, exclusive of the IHSA series.

**No girls volleyball team representing a member school shall play in more than five (5) different matches during any given volleyball tournament.**

#### M. INDIVIDUAL PLAYER LIMITATIONS

**Students who participate on a school squad in girls' volleyball may participate in:**

1. seventy-two (72) games and no (0) tournaments, exclusive of the IHSA series; or
2. sixty-six (66) games plus one (1) tournament, exclusive of the IHSA series; or
3. sixty-three (63) games plus (2) tournaments, exclusive of the IHSA series; or
4. fifty-seven (57) games plus (3) tournaments, exclusive of the IHSA series; or
5. fifty-four (54) games plus (4) tournaments, exclusive of the IHSA series.

**Participation in a game or tournament shall mean that a student a**

## RULE 2—LEAGUE SCHEDULE

A. **CENTRAL OFFICE RECORD SHEETS ARE DUE THURSDAY, AUGUST 20, 2009 FOR EACH LEVEL.** Teams are not eligible to play without a Central Office Record Sheet on file because players will not be insured in case of injury.

B. **The league schedule will begin the week of Monday, August 24, 2009 and completed by Friday, October 2, 2009.**

C. A double round robin tournament will be held in each of the ten (10) sections.

D. VARSITY GAMES WILL BEGIN AT 4:00 P.M. SOPHOMORE GAMES WILL BEGIN IMMEDIATELY FOLLOWING VARSITY GAMES. **SATURDAY GAMES WILL BEGIN AT 11:00 A.M.**

E. All team schedules must be completed by Friday, October 2, 2009, and recorded on the 2009 Volleyball Results Sheet. In the event a schedule is not completed, schools not adhering to the policy will lose by forfeit. A school forfeiting two or more conference games will lose team recognition. A letter to the principal, athletic director, and coach shall notify the school of the impending action, which will include forfeiture of the coaching stipend.

F. Any school not participating in the City Championship playoffs will be fined \$250.00 to be deducted from the coaching stipend.

G. A school must petition to be reinstated for the following season in a lower section.

H. At the end of the season the following exchanges will take place:

- a. The first place green team in each section will exchange positions with the last place red team in that section.
- b. The first place blue team in each section will exchange positions with the last place green teams in that section.
- c. The first place purple team in each section will exchange positions with the last place blue team in that section.
- d. The first place pink team in each section will exchange positions with the last place purple team in that section.

I. Teams should be ready by: 3:30 p.m.  
Court should be ready by: 3:30 p.m.

Coin Toss: 3:40 p.m.

Court warm-up time: 3:40 p.m.  
Starting time will be: 4:00 p.m.

**Forfeit time:** Coaches shall **make every effort** to be on time to a scheduled contest. If team and faculty representatives are not ready to play within thirty minutes of the scheduled time of the contest, the host school must contact the Sports Administration Department.

### **RULE 3—LEAGUE SITE**

- A. Each team within a section will play an equal number of home and away matches.
- B. The home school must provide the following equipment in good condition: a steel cable net, padded referee's platform, padded floor/wall cables, padded standards and antennae. Court markings should be specified in the National Federation of High School Association Volleyball 2009 Rules Book, Rule 3.

SCHOOLS THAT DO NOT HAVE THE SPECIFIED REGULATION EQUIPMENT (OR THE SCHOOLS' EXISTING EQUIPMENT IS DETERMINED UNSAFE BY IHSA OFFICIALS OR CENTRAL OFFICE) WILL NOT BE ALLOWED TO HOST HOME GAMES AND MUST TRAVEL UNTIL EQUIPMENT IS REPAIRED OR REPLACED AND IS DEEMED SAFE. SCHOOLS WITH INADEQUATE PLAYING AREAS (LOW CEILING, INADEQUATE SERVING AREA, ETC., WILL BE ASKED TO TRAVEL IF IT INTERFERES WITH REGULATION PLAY.

### **RULE 4—OFFICIALS**

- A. **SELECTION OF OFFICIALS:** The Executive Director of the Chicago Public High School Athletic Association shall appoint an assignment chairperson for officials. The assignment chairperson, as a member of The Department of Sports Administration, shall have complete charge of assigning all volleyball officials to all league volleyball games.
  - 1. All volleyball officials must be affiliated with one or more of the officials' organizations in addition to the Illinois High School Association (IHSA).
  - 2. No official is permitted to officiate a contest in which one of the teams is from the school which he or she is employed.
  - 3. The coach shall rate/evaluate each official on the official eligibility certificate and on line to the IHSA after each game. This document must be forwarded to the sports coordinator.
  - 4. The official shall evaluate each coach on the Official Coaches Evaluation Form after each game and forward it to the sports coordinator.

5. The officials for the City Championship and State Championship series (playoff round games, quarterfinal, semifinal and the championship game) will be assigned by the volleyball coordinator, assignment chairperson and the committee. Only those officials who have officiated in the league games of the season are eligible to officiate.
- B. Two (2) officials shall be assigned to all Chicago Public Schools League games.
- C. Official Fees: (Non-conference games are non-reimbursable).
1. Varsity Conference --- first round, second round, and quarterfinal playoff \$55.00 each.
  2. Sophomore Conference --- first round, second round, and quarterfinal playoff \$42.00 each.
  3. Freshman Conference –first round, second round, and quarterfinal playoff \$35.00 each.
  4. Varsity – semifinal and final --\$60.00 each.
  5. Sophomore – semifinal and final --\$47.00 each.
  6. Freshman --- semifinal and final \$40.00 each.

**NOTE: The home team is responsible for paying both officials for regular season matches prior to the start of the contest. If there is only one official, the game must be played and the official is to be paid an additional \$10.00 for each match officiated.**

- D. If neither official arrives, both coaches should officiate or mutually agree on an official.

**REMINDER: NEITHER AN EMPLOYEE NOR ANYONE AFFILIATED WITH THE HOME SCHOOL OTHER THAN THE COACH MAY OFFICIATE.**

- E. **ALL GAMES ARE TO BE PLAYED AS SCHEDULED. GAME MAY NOT BE CANCELED OR CHANGED FOR ANY REASON WITHOUT THE AUTHORIZATION OF THE DEPARTMENT OF SPORTS ADMINISTRATION.**
- F. All non-conference games must be submitted on a CPS Athletic Contest Contract and be on file with the Department of Sports Administration prior to the start of the sport season.
- G. Each school should supply one (1) official scorer. The home school should provide two (2) ball retrievers, and a timer. The home school scorer is the official scorer.

Any team representing the Chicago Public League in the IHSA Regional may list a maximum of fifteen (15) girls on the eligibility sheet that goes to the regional meet

## **RULE 5 – CPL CITY CHAMPIONSHIP SERIES**

NOTE: Seeding for the City Volleyball Championship will be based first on strength of the section followed by the best win/loss record.

The Seed meeting is scheduled for Friday, October 2, 2009 (Volleyball Committee ONLY).

### **V. City Championship Series Seeding**

Red Section – Seeds 1 – 14  
Green Section – Seeds 15 – 28  
Blue Section – Seeds 29—32

A. Fourteen (14) red teams, Fourteen (14) green teams, and four(4) blue teams for a total of thirty-two (32) teams will advance to the City Championship series.

B. If a tie occurs, the winner will be the team winning in the second round.

C. The City Championship Series shall be played in five (5) rounds:

1. In the first and second rounds the red teams and the highest ranked green teams are the home teams and the match will be played on the home team's court, unless the court is not regulation size or determined unsafe. In that case, the other team will be the home team. If neither court is regulation size or is determined unsafe, the section chairperson of the higher ranked team will arrange the neutral site.
2. The home school will provide one (1) official scorer, timer, and two ball retrievers. The home school will be responsible for paying the officials.
3. The winning coach has the responsibility of calling the game scores to the newspaper and the volleyball coordinator at 535-8038 **immediately** following the match.

**NOTE:** Coaches of teams that advance to the quarterfinals and beyond should call the volleyball coordinator at 535-8038 for the name of the assigned officials.

4. **QUARTERFINAL** – The eight (8) teams advancing will play on two courts arranged by the committee. Two matches will be played at each site—one north and one south. Coaches will be faxed the assigned officials.

5. **SEMIFINAL** – One court will be arranged by the committee. Two (2) semifinal matches will be played at that site. Coaches will be faxed the assigned officials.

## **RULE 6 –COURT WARM-UP CLARIFICATION**

- A. The pre-match practice warm-up period shall provide for a 5-5-5-2 practice warm-up period in the facility immediately prior to a match. The warm-up period shall consist of:
1. **FIRST 5 MINUTES:** Both teams on their respective sides of the net practicing BALL HANDLING, with no volleyballs going over the net.
  2. **NEXT 5 MINUTES:** VISITING TEAM practices on the full court; HOME TEAM may practice ball handling outside the playing court (depending on facility).
  3. **NEXT 5 MINUTES:** HOME TEAM practices on the full court; VISITING TEAM may practice ball handling outside the playing court (depending on facility).
  4. **LAST 2 MINUTES:** Both teams on the playing court practicing serving over the net and receiving opponent's serves only.
- B. Only team members in playing uniform and coaches shall be permitted on the playing floor to participate during the pre-match and pre-game practice warm-up. Players warming up must wear uniforms or warm-up tops with their numbers.
- C. Players entered in the next game shall be permitted to practice during the time period between games provided that non-player team members are not involved and providing that the practice shall consist of ball handling on a team's own side of the net.

## RULE 7 -- ELIGIBILITY

### A VARSITY ELIGIBILITY

Varsity teams shall consist of girls in the first, second, third, or fourth year of attendance who will not reach their 20<sup>th</sup> birthday at any time during the sports season.

### B. SOPHOMORE ELIGIBILITY

Sophomore teams shall consist of girls in the first and second year in attendances that have not reached their 17<sup>th</sup> birthday prior to August 15<sup>th</sup> of the sports year.

All sections' schedule arrangements pertaining to the varsity team shall also apply to the corresponding sophomore team.

A sophomore player may be moved to the varsity at any time, but once the league season opens and a sophomore player's name appears on the varsity Central Office Record Sheet, whether she plays or not, she cannot return to the sophomore team.

All sections' schedule arrangements pertaining to the varsity team shall also apply to the corresponding sophomore team.

A sophomore player may be moved to the varsity team at any time, but once the league season opens and a sophomore player's name appears on the varsity Central Office Record Sheet, whether she plays or not, she cannot return to the sophomore team. CPS will allow freshman and sophomore volleyball players to partake in upward movement from their original rosters. Once a freshman has ascended to the sophomore level, however, he will not be permitted to descend back to the freshman level at any point during the season. Players will be able to play at the varsity level and return to their original status on the sophomore level without penalty during the regular season. **Up and down movement will only be allowed between the sophomore and varsity levels of volleyball. Players are allowed to only participate in only four (4) matches total each game day.**

Schools will be asked to submit the **vertical movement tracking form** to indicate the students in your school who are moving up and down. For each varsity contest, coaches must prepare a supplementary Eligibility Certificate indicating the sophomore level players which will participate in the subsequent varsity contest, in addition to varsity and sophomore Official Eligibility Certificates, to be exchanged with the opposing coach. Failure to submit these documents may result in forfeiture of the contest.

**During the city and state playoff**, freshman and sophomore players may only be involved in the upward movement. They cannot descend onto a roster beneath their playoff status. **Once players are listed on the varsity eligibility sheet at playoff time, they, will not be allowed to return to a lower level.**

## **C. FRESHMAN ELIGIBILITY**

The teams will consist of first year students only. All teams participate in weekly scheduled matches arranged by the volleyball coordinator. A freshman player may be moved to the varsity or sophomore level at any time, but once the league season opens and a freshman player's name appears on the varsity or sophomore Central Office Record Sheet, whether she plays or not, she cannot return to the freshman team.

### **RULE 8 – FIRST YEAR DEVELOPMENTAL TEAMS**

- A. All first year volleyball programs must submit an official request to enter the CPS the CPS Boys Volleyball Interscholastic program. A signed letter of approval by the principal on official letterhead should be submitted to the Department of Sports Administration, Attn: Mr. Calvin Davis, Cc: Cindy Irvin, Girls Volleyball Coordinator. **The deadline is September 10, 2009.** In order to be in compliance the following procedures must be followed:
- Follow all Rules and Regulations outlined in this document.
  - Organize and practice with your team throughout the calendar season.
  - Follow all procedures regarding Central Office Sheets and Eligibility forms for each contest.
  - Schedule at least eight (8) matches with other teams (CPS or non-public League)
  - Send in the results of each match to the Department of Sports Administration for Recording.
  - **Developmental teams are not eligible for the playoffs.**
  - Developmental teams are accountable to pay officials. The CPS Department of Sports will assist in providing names.
  - Coaches will be compensated with half of stipend for the developmental season
- **All schedules are due the first week of conference play.**