



## SNACK VENDING APPROVED PRODUCT LIST

Last updated 3/31/09

CATEGORY/CRITERIA/DPRODUCTS	Serving Size	Nutrients per serving									
		Cals	Pro (g)	Fat (g)	Sat Fat (g)	Chol (mg)	Sodium (mg)	Vit A (% DV)	Vit C (%DV)	Calcium (%DV)	Iron (%DV)
<i>SNACKS</i>											
<i>Criteria</i>											
- No more than 30% calories from fat per serving											
- No more than 10% calories from saturated fat per serving											
- No more than 40% sugar by weight per serving (excluding fruits and vegetables)											
- No more than 480 mg. sodium per serving											
- Supply at least 5% of the Daily Value, per serving or per 100 calories, of at least one of these eight essential nutrients: iron, calcium, protein, vitamin A, vitamin C, niacin, thiamine, or riboflavin											
<i>Products</i>											
Apple Cinnamon Waffle Grahams (Hansa Group)	100 g	409	6.4	11.6	2.0	0	324.6	9	12	52	0
Baked Cheddar and Sour Cream Ruffles Brand Potato Crisps (Frito-Lay)	0.875 oz	120	2	3	0.5	0	220	0	6	4	0
Baked BBQ (Frito-Lay)	0.875 oz	120	2	3	0	0	210	0	2	4	2
Baked Regular Potato Crisps (Frito-Lay)	0.875 oz	110	2	1.5	0	0	150	2	2	4	2
Baked Regular Ruffles Brand Potato Crisps (Frito-Lay)	1.125 oz	120	2	3	0	0	200	0	6	4	0
Baked Sour Cream and Onion (Frito-Lay)	0.875 oz	120	2	3	0	0	210	0	2	6	2
Baked! Lay's Cheddar and Sour Cream (Frito-Lay)	1.125 oz	140	2	4	1	0	240	0	2	2	2
Baked! Lay's Regular (Frito-Lay)	1.125 oz	130	2	2	0	0	200	0	4	2	2
Baked! Lay's BBQ (Frito-Lay)	1.125 oz	140	2	3.5	0.5	0	240	0	4	2	0
Baked! Lay's Sour Cream and Onion (Frito-Lay)	1.125 oz	140	2	3.5	0.5	0	240	0	4	4	2
Breakfast Squares: Bown Sugar/Oatmeal Raisin (Quaker)	60 g	220	4	4	1	15	240	20	0	20	20
Cheerios Milk 'n Cereal Bar (General Mills)	40 g	160	6	4	1.5	0	150	15	15	25	30
Cheez-It Reduced Fat Crackers (Sunshine)	30 g	140	4	4.5	1	0	250	2	0	4	6
Cheetos Smooth Cheddar Cracker Trax (Frito-Lay)	0.750 oz	100	2	4	0.5	0	190	0	0	0	4
Chex Mix Brand Snack Mix Traditional (General Mills)	30 g	130	2	4	0.5	0	410	0	0	0	2
Chex Mix, Reduced Fat (General Mills)	30 g	110	2	2	0.5	0	410	0	0	0	2
Cinnamon Life Cereal Bowls (Quaker)	.94 oz	110	2	1	0	0	135	0	0	8	30
Cocoa Puffs Milk 'n Cereal Bar (General Mills)	40 g	160	6	4	1.5	0	130	15	15	25	30
Columbo Classic Fruit on the Bottom Yogurt (Columbo)	6 oz	230	7	2	1.5	15	330	20	0	0	0
Columbo Light Yogurt (Columbo)	6 oz	190	8	2.5	1.5	15	130	0	0	25	0
Danimals Lowfat Yogurt Flavors (Dannon)	4 oz	113	5	1.5	1	0	77	0	0	15	0
Dannon Blended Nofat Yogurt Flavors (Dannon)	6 oz	120	7	0	0	0	110	0	0	35	0
Elf Grahams Chocolate Chip Graham Snacks (Keebler)	1.0 oz	120	2	4.5	1	0	100	0	0	0	4
Elf Grahams Original Graham Snacks (Keebler)	1.0 oz	120	2	4	1	0	100	0	0	0	4

Fig Newtons (Nabisco)	31 g	110	1	2.5	0	0	115	0	0	2	4
<b>CATEGORY/CRITERIA/DPRODUCTS</b> <b>(continued)</b>	<b>Serving Size</b>	<b>Nutrients per Serving</b>									
		<b>Cals</b>	<b>Pro (g)</b>	<b>Fat (g)</b>	<b>Sat Fat (g)</b>	<b>Chol (mg)</b>	<b>Sodium (mg)</b>	<b>Vit A (% DV)</b>	<b>Vit C (%DV)</b>	<b>Calcium (%DV)</b>	<b>Iron (%DV)</b>
Frosted Flakes Cereal Bowls (Kellogg's)	1.1 oz	120	1	0	0	0	150	10	10	0	25
Frosted Mini Wheat Bite Sized Cereal Bowls (Kellogg's)	1.8 oz	180	5	1	0	0	5	0	0	0	80
Fruit and Oatmeal Bar Apple Crisp (Quaker)	1.3 oz	130	1	3	0	0	90	25	0	20	2
Fruit and Oatmeal Bar Strawberry (Quaker)	1.3 oz	130	1	2.5	0	0	115	25	0	20	2
Fruit and Oatmeal Bar Very Berry (Quaker)	1.3 oz	130	1	2.5	0	0	115	25	0	20	2
Go-GURT varieties (Yoplait)	63.8 g	80	2	2	1	5	40	0	0	10	0
Goldfish Pretzels (Pepperidge Farms)	1.0 oz	90	2	2	0	0	300	0	0	0	10

Examples of snacks that would meet this criteria, continued												
Honey Crunch Corn Flakes Cereal Bowls (Kellogg's)	40 g	160	6	4	1.5	0	130	15	15	25	30	
Honey Maid Graham Crackers (Nabisco)	31 g	140	2	3	0.5	0	190	0	0	0	6	
Honey Nut Cheerios Milk 'n Cereal Bar (General Mills)	40 g	160	6	4	1.5	0	130	15	15	25	30	
Journey Multigrain Cereal Bar: Apple Cinnamon, Caramel (Keebler)	1.0 oz	140	2	3	0.5	105	0	0	0	0	.7	
Jungle Crackers - Fruit Sweetened (J&J Snacks)	1.1 oz	140	2	4	1	0	60	0	0	0	4	
Jungle Crackers - Regular (J&J Snacks)	1 oz	120	2	3	1	0	55	0	0	0	0	
Life Cereal Bowls (Quaker)	0.94 oz	100	3	1	0	0	140	0	0	8	40	
Low Fat Muffin - Banana Nut (Otis Spunkmeyer)												
Low Fat Muffin - Wild Blueberry (Otis Spunkmeyer)												
Molasses Big Cookie (Grandma's Homestyle)	39 g	160	2	4	1.5	<5	230	0	0	2	6	
Nilla Wafers (Nabisco)	1.0 oz	140	1	6	1	5	115	0	0	2	4	
Nutrigrain Cereal Bars (Kellogg's)	37 g	140	2	3	0.5	0	110	15	0	20	10	
Nutrigrain Twists (Kellogg's)	37 g	140	2	3	0.5	0	100	15	0	20	10	
Oberto Hickory Smoked Beef Jerkey (Frito-Lay)	0.9	70	10	1	0	20	470	0	0	0	6	
Poptarts Frosted Blueberry (Kellogg's)	52 g	200	2	5	1	0	170	10	0	0	10	
Poptarts Frosted Brown Sugar Cinnamon (Kellogg's)	50 g	210	3	7	1.5	0	180	10	0	0	10	
Poptarts Frosted Cherry (Kellogg's)	52 g	200	2	5	1	0	170	10	0	0	10	
Poptarts Frosted Strawberry (Kellogg's)	52 g	200	2	5	1	0	170	10	0	0	10	
Poptarts Strawberry (Kellogg's)	50 g	210	3	7	1.5	0	180	10	0	0	10	
Rice Krispie Treats - Original (Kellogg's)	1.0 oz	100	1	1	0	0	150	0	0	0	5	
Rold Gold Brand Pretzels Honey Braided Twists (Frito-Lay)	1.0 oz	110	3	1	0	0	560	0	0	0	4	
Rold Gold Brand Heartzels Pretzels (Frito-Lay)	1.0 oz	110	3	1	0	0	240	0	0	0	10	
Rold Gold Brand Tiny Twists (Frito-Lay)	1.0 oz	110	2	1	0	0	450	0	0	0	6	
Rold Gold Brand Tiny Twists (Frito-Lay)	0.5 oz	60	>1	0.5	0	0	230	0	0	0	4	
Snackwells Crème Sandwich Cookies	48 g	210	2	5	1	0	240	0	0	2	4	
Special K Bars Blueberry (Kellogg's)	23 g	90	2	1.5	1	0	95	0	0	2	0	
Special K Bars Strawberry (Kellogg's)	23 g	90	2	1.5	1	0	95	0	0	2	0	
Stacy's Sweet BBQ Soy Crisps (Frito-Lay)	1.0 oz	120	6	4.5	0.5	0	390	6	0	2	4	
Sunshine Animal Crackers (Keebler)	29 g	130	2	4	1	0	0	0	0	0	4	
Superpretzel Cinnamon Raisin Soft Pretzels (J&J Snacks)	2.5 oz	190	6	1	0	0	220	0	0	0	0	
Superpretzel Soft Pretzel Bites (J&J Snacks)	0.75 oz	90	2	0	0	0	70	0	0	0	0	
Superpretzel Soft Pretzel Rods (J&J Snacks)	1.0 oz	70	2	0	0	0	60	0	0	0	0	
Superpretzel Soft Pretzels (J&J Snacks)	5 oz	190	6	1	0	0	160	0	0	0	0	
Sweet Discovery Reduced Fat Chocolate Chip Cookie Dough (Otis Spunkmeyer)												
Teddy Grahams (Nabisco)	30 g	140	2	4.5	1	0	170	0	0	10	4	
Trix Yogurt Varieties (Yoplait)	4 oz	120	4	1.5	1	5	55	10	0	10	0	
Twin Fudge Stix (Jack and Jill)												
Zoo Animal Crackers (Austin Quality Foods)	1.0 oz	116	2	1.7	0.3	0	83	29	0	15	.88	