

Summer Breakfast

Aug 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
				
Raspberry Lemon Oat Bar	Honey Bunches of Oats w/String Cheese	Overnight Oats	Blueberry Nutri-Grain Bar w/ String Cheese	Banana Muffin & Hard-Boiled Egg
				
Orange	Apple Slices	Blueberries	Cantaloupe	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Start your morning with breakfast and a smile!

9	10	11	12	13
				
Yogurt w/ Graham Crackers	French Toast Bar	Carrot Bread w/ Hard-Boiled Egg	Rice Krispies w/ String Cheese	Honey Wheat Bagel w/ Cream Cheese
				
Apple Slices	Orange	Blended Fruit Juice	Cantaloupe	Orange
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Fresh fruit offered daily!

We only use heart-healthy **whole grains**.
Our **milk** options include 1% and fat-free.

This institution is an equal opportunity provider.
Not all offerings may be available in all buildings.
Questions? E-mail us at food@cps.edu!

Thank you for
dining with us!



Summer Breakfast

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 <p>16</p> <p>Rice Chex w/ String Cheese</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>	 <p>17</p> <p>Honey Oats Granola Bar</p>  <p>Apple Slices</p> <p>Milk Selection</p>	 <p>18</p> <p>Blueberry Nutri-Grain Bar w/ Hard-Boiled Egg</p>  <p>Orange</p> <p>Milk Selection</p>	 <p>19</p> <p>Apple Cinnamon Muffin w/String Cheese</p>  <p>Honeydew</p> <p>Milk Selection</p>	 <p>20</p> <p>Overnight Oats</p>  <p>Strawberries</p> <p>Milk Selection</p>

Fresh fruit offered daily!

 <p>23</p> <p>Apple Cherry Bar</p>  <p>Orange</p> <p>Milk Selection</p>	 <p>24</p> <p>Date & Orange Bread w/Cheddar Cheese Stick</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>	 <p>25</p> <p>Rice Krispies w/ String Cheese</p>  <p>Apple</p> <p>Milk Selection</p>	 <p>26</p> <p>Yogurt w/ Graham Crackers</p>  <p>Honeydew</p> <p>Milk Selection</p>	 <p>27</p> <p>Cinnamon Raisin Bagel w/ Cream Cheese</p>  <p>Applesauce</p> <p>Milk Selection</p>
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Eating breakfast boosts brain power!

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