





















# Summer Breakfast

## Aug 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
				
Raspberry Lemon Oat Bar	Honey Bunches of Oats w/String Cheese	Overnight Oats	Blueberry Nutri-Grain Bar w/ String Cheese	Banana Muffin & Hard-Boiled Egg
				
Orange	Apple Slices	Blueberries	Cantaloupe	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Start your morning with breakfast and a smile!

9	10	11	12	13
				
Yogurt w/ Graham Crackers	French Toast Bar	Carrot Bread w/ Hard-Boiled Egg	Rice Krispies w/ String Cheese	Honey Wheat Bagel w/ Cream Cheese
				
Apple Slices	Orange	Blended Fruit Juice	Cantaloupe	Orange
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Fresh fruit offered daily!

We only use heart-healthy **whole grains**.  
Our **milk** options include 1% and fat-free.











This institution is an equal opportunity provider.  
Not all offerings may be available in all buildings.  
Questions? E-mail us at [food@cps.edu](mailto:food@cps.edu)!

Thank you for  
dining with us!



# Summer Breakfast

## Aug 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
<b>16</b>  Rice Chex w/ String Cheese   Blended Fruit Juice  Milk Selection	<b>17</b>  Honey Oats Granola Bar   Apple Slices  Milk Selection	<b>18</b>  Blueberry Nutri-Grain Bar w/ Hard-Boiled Egg   Orange  Milk Selection	<b>19</b>  Apple Cinnamon Muffin w/String Cheese   Honeydew  Milk Selection	<b>20</b>  Overnight Oats   Strawberries  Milk Selection

Fresh fruit offered daily!

<b>23</b>  Apple Cherry Bar   Orange  Milk Selection	<b>24</b>  Date & Orange Bread w/Cheddar Cheese Stick   Blended Fruit Juice  Milk Selection	<b>25</b>  Rice Krispies w/ String Cheese   Apple  Milk Selection	<b>26</b>  Yogurt w/ Graham Crackers   Honeydew  Milk Selection	<b>27</b>  Cinnamon Raisin Bagel w/ Cream Cheese   Applesauce  Milk Selection
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Eating breakfast boosts brain power!

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