

# COVID-19 Protocol for Families

Children ages 5 and up are now eligible to get vaccinated against COVID-19. Visit [cps.edu/vaccines](https://cps.edu/vaccines) to find a site near you.



## COVID-19 Symptoms

- Fever 100.4 or higher; chills
- Cough
- Shortness of breath
- Difficulty breathing
- Sore throat
- New loss of taste or smell
- New muscle or body aches
- Nausea, vomiting, diarrhea
- Headache
- Runny nose or congestion
- Fatigue

### 1. Student is a Close Contact<sup>1</sup> of Someone with COVID-19

Someone (household member, friend, or visitor) that the student was in close contact with has tested positive.

**Close contacts who are unvaccinated or are not up to date on their COVID-19 vaccines<sup>2</sup>** who were exposed to a positive contact must **quarantine<sup>3</sup>** for 5 days from the last date of exposure. A negative COVID-19 test does not shorten the quarantine period. Students with mask exemptions cannot return to school before 10 days.

**Close contacts who are up to date on their COVID-19 vaccines<sup>2</sup>** who are non-symptomatic do not need to quarantine after exposure. A negative test is not required to return to school.

**Testing is encouraged for all close contacts** (regardless of vaccination status) 5 days from the date of last exposure. Vaccinated, non-symptomatic close contacts do not need to stay home while waiting for test results.

If one person in your household is quarantining as a close contact and remains non-symptomatic, their household members (including siblings) who were not directly exposed to COVID-19 are not required to quarantine.

Additional quarantine/isolation guidance can be found here: [cps.edu/QuarantineIsolation](https://cps.edu/QuarantineIsolation)

### 2. Student is Sick With Any COVID-19 Symptoms

Call your child's healthcare provider

**Get student tested for COVID-19 within 24 hours of symptom onset.** Student must stay home awaiting results.

If there is **high suspicion<sup>4</sup>** the student is COVID-19 positive, all unvaccinated household members (including siblings) must stay home until the sick student has test results.

If student is unable to be tested within 24 hours, all unvaccinated household members must stay home until the sick student has test results.

**POSITIVE**

**Report the positive case at [cps.edu/covidresults](https://cps.edu/covidresults) ASAP to begin contact tracing**

**Positive-testing student must isolate<sup>5</sup> for 5 days from start of illness.** Individuals should NOT continue to test after testing positive. A negative test is not required to return to school, and it is possible to test positive even though you are no longer infectious.

Household members who are unvaccinated or not up to date on their COVID-19 vaccines must quarantine for 5 days and wear a mask for an additional 5 days. Students with mask exemptions cannot return to school before 10 days.

**Vaccinated** household members who are non-symptomatic are not required to quarantine.

**Stay home until illness is over**

- ✓ Symptoms have steadily improved
- ✓ Fever-free for 24hrs without medication
- ✓ No uncontrollable cough
- ✓ No vomiting or diarrhea for 24 hrs

**NEGATIVE**

### 3. Non-Student Household Member is Sick With COVID-19 Symptoms

Call symptomatic person's healthcare provider

Does healthcare provider say the symptomatic person needs a COVID-19 test?

**YES**

**NO**

**Get sick person tested for COVID-19**

**POS**      **NEG**

If the sick person is not able to fully isolate from other household members, any individual who is unvaccinated or not up to date on their COVID-19 vaccines must quarantine for the 5 day isolation period plus an additional 5 days, for a total of 10 days.

Does student have any symptoms?

**YES**      **NO**

Go to #2: "Student is sick"

**Student can return to school**

**1 Close contact:** An individual who was within 6 ft of a known case for 15 min or more during the contagious period (2 days before illness onset and 10 days after first symptom).

**2 Are you up to date on your COVID-19 vaccines doses?** This means: For people 18 years or older: You received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people. For people 5-17 years old: You completed the primary series of COVID-19 vaccines.

**3 Quarantine:** Keeps a person who was in close contact with someone from COVID-19 away from others.

**4 High suspicion:** An individual who is highly likely to be infected with COVID-19 due to a close contact with a confirmed positive or because they are presenting with loss of taste or smell.

**5 Isolate:** Keeps a person who is sick and/or tested positive for COVID-19 away from others (even in their own home).

CPS Student or Employee Cases should SELF-REPORT to [cps.edu/covidresults](https://cps.edu/covidresults). Parents or guardians can report on behalf of their own children. CPS Contact tracing Team does not accept or act on second hand reports, speculation, assumptions, or rumors.