

# When you should test for COVID-19:


If you feel any of these COVID-19 symptoms, you should get tested:


- Fever 100.4 or higher; chills
- Cough
- Shortness of breath
- Difficulty breathing
- Sore throat
- New loss of taste or smell
- New muscle or body aches
- Nausea, vomiting, diarrhea
- Headache
- Runny nose or congestion
- Fatigue


If you've been exposed to COVID-19, you should get tested on the immediate following Monday and the immediate following Thursday. Rapid tests are available through your school.


## Testing Recommendations Based on Exposure Day


Test 1 (Days 1-4 after exposure)  
 Test 2 (Days 5-7 after exposure)  
 Tests due before midnight


MONDAY	THURSDAY	MONDAY
 Exposure	Test 1 Due	Test 2 Due


TUESDAY	THURSDAY	MONDAY
 Exposure	Test 1 Due	Test 2 Due

WEDNESDAY	THURSDAY	MONDAY
 Exposure	Test 1 Due	Test 2 Due

THURSDAY	MONDAY	THURSDAY
 Exposure	Test 1 Due	Test 2 Due

FRIDAY	MONDAY	THURSDAY
 Exposure	Test 1 Due	Test 2 Due

SATURDAY	MONDAY	THURSDAY
 Exposure	Test 1 Due	Test 2 Due

SUNDAY	MONDAY	THURSDAY
 Exposure	Test 1 Due	Test 2 Due