



CPS HEALTHY CELEBRATIONS AND FUNDRAISING PLAN

Chicago Public Schools Healthy Celebrations & Fundraising Plan

Chicago Public Schools (CPS) supports lifelong healthy eating habits for all students and staff. We are committed to providing a healthy environment for students to learn and play. Beginning September 1, 2013, the following plan will take effect to ensure that students have the opportunity to learn in a healthy school environment and that our school aligns with the CPS Healthy Snack and Beverage Policy.

School rewards and celebrations are defined as:

- Celebrations: Special events or activities occurring at school, convened in a classroom or elsewhere at school as part of a festivity or ceremony or as part of a before, during or after school activity.
- Fundraiser: Any activity, event or sale to raise funds by or for a school occurring on school grounds whether before, during or after school hours including any direct sales activity by students on school grounds.

Holiday Parties

Parties will consist of primarily non-food centered activities. Food provided for celebrations may not be served at the same time as school meal service. Healthy snacks and beverages will be provided by teaching staff, parents and caretakers for the annual Halloween and end of the year classroom parties. During class parties healthy beverages including water and 100% juices that meet the nutrition requirements of the CPS Healthy Snack and Beverages Policy. Sugar-sweetened beverages such as Sunny D, Capri Sun, Gatorade and other sports drinks will not be provided. Candies and baked goods may not be served. Teachers, parents and caretakers will ensure that snacks served to students during student parties are wholesome and are on the approved list of snacks made available by the School Wellness Team.

Birthday Celebrations

Parents & caretakers are encouraged to focus on fun rather than food for birthday celebrations. Sugar-sweetened beverages, cakes, cookies, and ice cream may not be served as part of class birthday parties. Parents/guardians and teachers should use non-food treats like stickers and pencils or allow students special birthday privileges instead of serving foods and beverages high in sugar, sodium and fat.

Direct Food Sales by Students

Fundraisers that sell unhealthy foods for student to eat during the school day are not permitted during the school day (12:00 am to 30 minutes after dismissal).

School clubs, teams and programs are discouraged to raise funds by asking students to participate in the direct sale of unhealthy food by students. This includes the sale of junk foods like baked goods, frozen pizza and cookie dough. Instead consider raising funds by selling wrapping paper and candles to generate revenue for school programs.

School Store and Food Sales during the School Day

According to United States Department of Agriculture policy, the school store must not operate in competition to the school lunch or breakfast. Additionally, the school store may not sell candy and other snacks of minimal nutritional value to students during the school day (defined as 12:00 am to 30 minutes after dismissal). Teachers may not sell snacks high in sugar, salt and fat to students to raise funds for school programs, projects or clubs. Instead, the school store will make available for sale school supplies and other non-food items.

Food at School Events

With the exception of concession stands at sporting and concert events, foods of minimal nutritional value will not be sold to students and their families during school events in order to raise funds for school purposes.

Action Steps

Carrying out the school's Healthy Celebration and Fundraising Plan is the responsibility of our entire community of staff, students, parents and caretakers. To that end the following steps will be taken to support our commitment to the health and wellness of our students.

1. Annual Letter to Parents School principal and/or administration will send home an annual letter to parents and guardians explaining the Healthy Celebrations and Fundraising Plan, accompanied with a list of approved fundraisers and items for celebrations.
2. Resource Lists Comprehensive lists of healthy snacks and healthy fundraising ideas will be made available annually to teachers, coaches, student and parent groups.

Leadership

The Wellness Champion, School Wellness Team and principal will be leading the implementation of this plan. The plan will be reviewed annually for updates.