

9-12 Lunch

May 2022




Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Popcorn Chicken Cheese Sauce or Hot Sauce w/ Dinner Roll</p> <p>Hard-Boiled Egg (V) w/ String Cheese & Crackers</p> <p>Tater Tots Fresh Broccoli Baby Carrots Mixed Green Salad</p> <p>Orange Pear</p>	<p>3</p> <p>Taco-Seasoned Beef Pinto Charro Bean (V) Nachos or Tacos</p> <p>Spicy Turkey & Cheese Sandwich</p> <p>Fiesta Black Beans Cucumber Slices Celery Sticks Mixed Green Salad</p> <p>Apple Banana</p>	<p>4</p> <p>General Tso's Asian Turkey Crumble or Tofu (V) over Lo Mein Noodles</p> <p>Baja Chicken Salad or Vegetarian Baja Salad w/ Barbecue Ranch Dressing & Dinner Roll</p> <p>Teriyaki Green Beans Edamame Baby Carrots Mixed Green Salad</p> <p>Pear Raspberry-Lemonade Craisins</p>	<p>Cinco de Mayo 5</p> <p>Seasoned Black Beans (V) w/ Southwest Quinoa Rice, Cheddar Cheese Shreds & Sour Cream</p> <p>Toasted Cheese Quesadilla (V)</p> <p>Creamy Yogurt Cup (V) w/ String Cheese & Crackers</p> <p>Seasoned Mixed Vegetables Celery Sticks Fresh Broccoli Mixed Green Salad</p> <p>Apple Slices Banana</p>	<p>School Lunch 6</p> <p>Hero Day Thank your NSS Dining Staff!</p> <p>Personal Cheese Pizza (V)</p> <p>Chicken Salad Sandwich</p> <p>Seasoned Broccoli Cucumber Slices Baby Carrots Mixed Green Salad</p> <p>Orange Craisins Pear</p>



Enjoy new, fresh, and seasonal offerings during CPS Fresh Week May 9-13th!

<p>9</p> <p>Hot N' Spicy or Plain Chicken Patty Sandwich</p> <p>Smashed Chickpea Salad Sub (V)</p> <p>Crinkle-Cut Fries Baby Carrots Citrus Slaw</p> <p>Orange Pear</p>	<p>10</p> <p>Beef or Lentil (V) Nachos or Tacos w/ Cheese & Cilantro Crema</p> <p>Chicken Kale & Romaine Caesar Salad (V) w/ Dinner Roll</p> <p>Black Charro Beans Confetti Corn Salad Celery Sticks</p> <p>Apple Raspberry-Lemonade Craisins</p>	<p>11</p> <p>Asian-Spiced Chicken Drumstick w/ Seasoned Rice</p> <p>Spring Entree Salad (V) w/ Italian Vinaigrette & Dinner Roll</p> <p>Seasoned Mixed Vegetables Cucumber Kimchi Baby Carrots</p> <p>Orange Banana</p>	<p>12</p> <p>Pasta Primavera (V)</p> <p>Toasted Grilled Cheese (V)</p> <p>Vegetarian Nacho Salad</p> <p>Lemony Broccoli Celery Sticks Fresh Broccoli</p> <p>Apple Slices Pear</p>	<p>13</p> <p>Personal Veggie Lovers Pizza (V)</p> <p>Turkey & Cheese Sub Garlic Mayo</p> <p>Seasoned Broccoli Kale Salad Baby Carrots Mixed Green Salad</p> <p>Orange Craisins Banana</p>
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Featured items include Chicken Kale & Romaine Caesar Salad, Cucumber Kimchi, and Pasta Primavera.

All chicken served is **No Antibiotic Ever**.
Our menus are **pork-free**.
Plant-forward or meatless entrees are identified by (V).
Local produce grown within 350 miles is identified by (L).
Menus containing **fish** are identified with 
All grain/bread items served are **Whole Grain Rich**.
Our **milk** options include 1% and fat-free.
PBJ or SunButter & Jelly served daily.
Thank you for dining with us!

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?
E-mail us at food@cps.edu!



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SERVICES




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<p>16</p> <p>Waffles Syrup w/ Chicken Tenders or Scrambled Eggs (V)</p> <p>Three Cheese Wrap (V)</p> <p>Crinkle Cut Fries Celery Sticks Baby Carrots Mixed Green Salad</p> <p>Orange Pear</p>	<p>17</p> <p>Chipotle Rice Bowl w/ Enchilada-Seasoned Turkey Crumble or Black Charro Beans (V), Cheddar Cheese Shreds & Salsa</p> <p>Turkey & Cheese Sandwich</p> <p>Seasoned Corn Black Bean Salad Fresh Broccoli Mixed Green Salad</p> <p>Apple Banana</p>	<p>18</p> <p>Shredded Beef Sub or Shredded Beef Flatbread w/ Tzatziki Sauce</p> <p>Seasoned Mixed Veggies Cucumber Slices Baby Carrots Mixed Green Salad</p> <p>Baja Chicken Salad or Vegetarian Baja Salad w/ Barbecue Ranch Dressing & Dinner Roll</p> <p>Pear Raspberry-Lemonade Craisins</p>	<p>19</p> <p>Vegetarian Chili Mac (V)</p> <p>Personal Cheese Pizza</p> <p>Pinto Bean Dip (V) w/ Tortilla Chips, Cheese & Salsa</p> <p>Garlic Green Beans Celery Sticks Fresh Broccoli Mixed Green Salad</p> <p>Orange Banana</p>	<p>20</p> <p>Cheese Stick w/ Marinara</p> <p>Turkey & Cheddar Sub w/ Chipotle Mayo</p> <p>Lemon Pepper Broccoli Baby Carrots Cucumber Slices Mixed Green Salad</p> <p>Orange Craisins Apple Slices</p>

Grab a bowl full of goodness that will be served on May 17th with the Chipotle Rice Bowl.

<p>23</p> <p>Hamburger, Spicy Chicken Patty Sandwich, or Spicy Black Bean Burger (V) w/ American, Cheddar or Swiss Cheese & Sauteed Onions & Peppers</p> <p>Egg Salad Sandwich (V)</p> <p>Tater Tots Fresh Broccoli Baby Carrots</p> <p>Orange Pear</p>	<p>24</p> <p>Chicken Tacos or Lentil Tacos (V) w/ Salsa</p> <p>Turkey & Cheese Sub</p> <p>Roasted Onions & Peppers Black Bean Salad Cucumber Slices Mixed Green Salad</p> <p>Apple Banana</p>	<p>25</p> <p>BBQ Beef Sloppy Joe</p> <p>Chicken Spring Salad w/ Italian Vinaigrette w/ Dinner Roll (meatless salad also available)</p> <p>Crinkle-Cut Fries Fresh Broccoli Baby Carrots Mixed Green Salad</p> <p>Orange Raspberry-Lemonade Craisins</p>	<p>26</p> <p>Lentils & Chipotle Rice w/ Tortilla Chips (V)</p> <p>Toasted Grilled Cheese (V)</p> <p>Prosser High School's Yogurt & Cheese Kit (V) w/ Apple Slices</p> <p>Eletes-Style Corn (L) Cucumber Slices Celery Sticks Mixed Green Salad</p> <p>Apple Slices Pear</p>	<p>27</p> <p>Fish Tacos  & Cajun Sour Cream</p> <p>PizzaBoli (V)</p> <p>Chicken-Ham & Cheese Sandwich</p> <p>Seasoned Broccoli Edamame Baby Carrots Mixed Green Salad</p> <p>Orange Craisins Banana</p>
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