

AFTERSCHOOL COLD SUPPER


January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Turkey & Cheese Sub	Buffalo Chicken Salad Sandwich	Turkey, Chicken-Ham & Cheese Sandwich	Protein Crunch Kit w/ Chickpea Salad	Turkey-Pastrami & Swiss Sandwich
Veggie Cheese Sub (V)	Cucumber & Cheese Sub (V)	PBJ or SunButter & Jelly Sandwich (V)	Baby Carrots	Triple Cheese Sub (V)
Cucumber Slices	Celery Sticks	Fresh Broccoli	Banana	Bean Salsa
Diced Peaches	Pear	Apple		Orange

Happy New Year!

10	11	12	13	14
Turkey, Chicken-Ham & Cheese Sandwich	Turkey & Cheese Kaboom Sandwich	BBQ Chicken Salad Sandwich	English Muffin Pizza Kit	Turkey & Swiss Sandwich
PBJ or SunButter & Jelly Sandwich (V)	Egg Salad Sandwich (V)	Egg, Cheese & Cracker Kit (V)	Fresh Broccoli	Veggie Cheese Sub (V)
Cucumber Slices	Celery Sticks	Bean Salsa	Diced Peaches	Baby Carrots
Dried Cranberries	Banana	Orange		Apple

We are happy to see and serve you!

All chicken served is **No Antibiotic Ever**.
 Our menus are **pork-free**.
Plant-forward or meatless entrees are identified by (V).
Hot supper items are identified by (H).
Cold supper items are identified by (C)
 Menus containing **fish** are identified with 
 All grain/bread items served are **Whole Grain Rich**.
 Our **milk** options include 1% and fat-free.
Thank you for dining with us!

This institution is an equal opportunity provider!


Not all offerings may be available in all buildings and menus are subject to change.

Questions?
 E-mail us at food@cps.edu!



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January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
 <p>MARTIN LUTHER KING JR. DAY *** JANUARY ***</p>	<p>Turkey-Pastrami & Swiss Sandwich</p> <p>Protein Crunch Kit w/ Chickpea Salad</p> <p>Bean Salsa</p> <p>Pear</p>	<p>Turkey, Chicken-Ham & Cheese Sandwich</p> <p>PBJ or SunButter & Jelly Sandwich (V)</p> <p>Fresh Broccoli</p> <p>Banana</p>	<p>Protein Crunch Kit w/ Yogurt</p> <p>Celery Sticks</p> <p>Orange</p>	<p>Chicken Caesar Wrap</p> <p>Triple Cheese Sandwich (V)</p> <p>Baby Carrots</p> <p>Diced Peaches</p>
Schools Closed				

Don't go home without an afterschool meal!

24	25	26	27	28
<p>Turkey & Swiss Sandwich</p> <p>PBJ or SunButter & Jelly Sandwich (V)</p> <p>Fresh Broccoli</p> <p>Diced Peaches</p>	<p>Chicken Salad Sandwich</p> <p>Veggie Cheese Sub (V)</p> <p>Celery Sticks</p> <p>Banana</p>	<p>Turkey & Cheese Kaboom Sandwich</p> <p>Egg, Cheese & Cracker Kit (V)</p> <p>Bean Salsa</p> <p>Orange</p>	<p>English Muffin Pizza Kit</p> <p>Baby Carrots</p> <p>Apple</p>	<p>School Improvement Day</p> <p>No Classes</p>

Afterschool meals are available to all students at no charge.

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