

# AFTERSCHOOL COLD SUPPER


## May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Chicken-Ham, Turkey & Cheese Sandwich  Veggie Cheese Sub (V)  Cucumber Slices  Strawberry Applesauce	Turkey & Cheddar Sub w/ Chipotle Mayo  Fresh Broccoli  Orange	Turkey & Cheese Cracker Kit  Baby Carrots  Apple	Three Cheese Sub (V)  Black Bean Salsa  Diced Peaches	<b>School Lunch Hero Day</b> Thank your NSS Dining Staff!  Turkey Combo & Swiss Sandwich  Hard-Boiled Egg (V) String Cheese & Graham Crackers  Celery Sticks  Banana

**Don't go home without an afterschool meal!**

<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chicken-Ham & Cheese Sandwich  Celery Sticks  Banana	Pastrami & Swiss Sandwich  Veggie Cheese Sub (V)  Baby Carrots  Applesauce	Chicken-Ham, Turkey & Cheese Sandwich  Cheese Sub (V)  Fresh Broccoli  Pear	English Muffin Pizza Kit (V)  Black Bean Salsa  Diced Peaches	Turkey & Cheese Sub w/ Lettuce & Tomato  Egg Salad Sandwich (V)  Cucumber Slices  Orange

**Afterschool meals are available to all students at no charge.**

All chicken served is **No Antibiotic Ever**.  
 Our menus are **pork-free**.  
**Plant-forward or meatless** entrees are identified by (V).  
**Hot supper** items are identified by (H).  
**Cold supper** items are identified by (C)  
 Menus containing **fish** are identified with   
 All grain/bread items served are **Whole Grain Rich**.  
 Our **milk** options include 1% and fat-free.  
*Thank you for dining with us!*

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?  
 E-mail us at [food@cps.edu](mailto:food@cps.edu)!



NUTRITION  
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SERVICES



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Turkey & Swiss Sandwich	Chicken-Ham & Cheese Sandwich	Turkey & Cheddar Sub w/ Chipotle Mayo	Veggie Cheese Sub (V)	BBQ Chicken Salad & Cracker Kit
Three Cheese Sub (V)	Cheese Sub (V)	Hard-Boiled Egg (V) String Cheese & Graham Crackers	Black Bean Salsa	Celery Sticks
Baby Carrots	Cucumber Slices	Fresh Broccoli	Apple	Orange
Strawberry Applesauce	Diced Peaches	Banana		

The meals don't end just because your school day does.

<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Turkey & Cheese Cracker Kit	Chicken-Ham & Cheese Sandwich	Chicken-Ham, Turkey & Cheese Sandwich	Vegetarian Nacho Salad w/ Sliced Jalapenos	Pastrami & Swiss Sandwich
Baby Carrots	Cheese Sub (V)	Veggie Cheese Sub (V)	Cucumber Slices	Hard-Boiled Egg (V) String Cheese & Graham Crackers
Banana	Celery Sticks	Fresh Broccoli	Strawberry Applesauce	Black Bean Salsa
	Pear	Diced Peaches		Orange

Grab and afterschool meal and go!

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