


# AFTERSCHOOL COLD SUPPER


## September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>
Chicken-Ham & Cheese Sandwich Veggie Cheese Sub (V) Fresh Broccoli Diced Peaches	Chicken Salad Sandwich PBJ or SunButter & Jelly Sandwich (V) Tater Tots Pear	Turkey-Ham & Cheese Sandwich Cucumber & Cheese Sub (V) Celery Sticks Blueberries	Egg Salad Sandwich (V) Fresh Broccoli Pear	Turkey & Cheese Sub Egg, Cheese & Cracker Kit (V) Baby Carrots Apple

### Welcome back to school dining!

<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
  NO SCHOOL	Turkey & Cheese Sub Cucumber & Cheese Sub (V) Celery Sticks Blueberries	Chicken-Ham & Cheese Sandwich Veggie Cheese Sub (V) Bean Salsa Orange	PBJ or SunButter & Jelly Sandwich (V) Fresh Broccoli Diced Peaches	Turkey-Ham & Cheese Sandwich Egg, Cheese & Cracker Kit (V) Baby Carrots Pear

### Have dinner on us.

All chicken served is **No Antibiotic Ever**.  
 Our menus are **pork-free**.  
**Plant-forward or meatless** entrees are identified by (V).  
**Hot supper** items are identified by (H).  
**Cold supper** items are identified by (C)  
 Menus containing **fish** are identified with   
 We only use heart-healthy **whole grains**.  
 Our **milk** options include 1% and fat-free.  
*Thank you for dining with us!*

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?  
 E-mail us at [food@cps.edu](mailto:food@cps.edu)!



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<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Turkey-Ham & Cheese Sandwich	Chicken Caesar Wrap	Turkey & Cheese Sub	Egg Salad Sandwich	Chicken-Ham & Cheese Sandwich
Cucumber & Cheese Sub (V)	Egg, Cheese & Graham Cracker Kit (V)	PBJ or SunButter & Jelly Sandwich (V)	Cucumber Slices	Veggie Cheese Sub (V)
Bean Salsa	Cucumber Slices	Celery Sticks	Apple	Green Beans
Banana	Orange	Banana		Strawberries

**Afterschool meals are available to all students at no charge.**

<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Chicken Salad Sandwich	Turkey-Ham & Cheese Sandwich	Chicken-Ham & Cheese Sandwich	Grilled Cheese Sandwich	Turkey & Cheese Sub
Egg Salad Sandwich (V)	Egg, Cheese & Graham Cracker Kit (V)	Veggie Cheese Sub (V)	Cucumber Slices	PBJ or SunButter & Jelly Sandwich (V)
Bean Salsa	Baby Carrots	Celery Sticks	Pear	Celery Sticks
Banana	Blueberries	Apple		Orange

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Hot Dog	Chicken Nuggets	Turkey-Pepperoni Pizza	Cheese Quesadilla	Mac & Cheese
Egg Salad Sandwich (V)	PBJ or SunButter & Jelly Sandwich (V)	Cucumber & Cheese Sub (V)	Bean Salad	Fresh Broccoli
Fresh Broccoli	Tater Tots	Cucumber Slices	Banana	Pear
Banana	Pear	Orange		

The school day may end, but your meals don't have to!

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