

# AFTERSCHOOL HOT SUPPER


## May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Cheese Pizza Crunchers (V) w/ Marinara	Chicken Tenders w/ Tzatziki Sauce	Southwest Cheesy Pull-A-Parts (V) w/ Salsa	Mac & Cheese (V)	<b>School Lunch Hero Day</b> Thank your NSS Dining Staff!
Cucumber Slices	Fresh Broccoli	Baby Carrots	Green Beans	Hamburger
Strawberry Applesauce	Orange	Apple	Diced Peaches	Hard-Boiled Egg (V) String Cheese w/ Graham Crackers Crinkle-Cut Fries Banana

### Don't go home without a hot meal!

<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Hot Dog	Spicy Turkey & Cheese Melt	Chicken Patty Sandwich	Bean Quesadilla (V)	Cheddar Burger
Celery Sticks	Veggie Cheese Sub (V)	Cheese Sub (V)	Black Bean Salsa	Egg Salad Sandwich (V)
Banana	Baby Carrots	Seasoned Broccoli	Diced Peaches	Tater Tots
	Applesauce	Pear		Orange

### CPS meals are free to all students, daily.

All chicken served is **No Antibiotic Ever**.  
 Our menus are **pork-free**.  
**Plant-forward or meatless** entrees are identified by (V).  
 Menus containing **fish** are identified with   
 All grain/bread items served are **Whole Grain Rich**.  
 Our **milk** options include 1% and fat-free.  
*Thank you for dining with us!*

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?  
 E-mail us at [food@cps.edu](mailto:food@cps.edu)!



NUTRITION  
SUPPORT  
SERVICES



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## May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Southwest Cheesy Pull-A-Parts (V) w/ Salsa	Hamburger	Personal Cheese Pizza (V)	Spicy Black Bean Burger (V)	Chicken Tenders w/ Tzatziki Sauce
Baby Carrots	Hard-Boiled Egg (V) String Cheese w/ Graham Crackers	Fresh Broccoli	Tater Tots	Celery Sticks
Strawberry Applesauce	Cucumber Slices	Banana	Apple	Orange
	Diced Peaches			

### Dinner is on us.

<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Personal Cheese Pizza (V)	Chicken Nuggets	Cheddar Burger	Buffalo Grilled Cheese (V)	Hot Dog
Baby Carrots	Cheese Sub (V)	Veggie Cheese Sub (V)	Cucumber Slices	Hard-Boiled Egg (V) String Cheese & Graham Crackers
Banana	Tater Tots	Seasoned Broccoli	Strawberry Applesauce	Black Bean Salsa
	Pear	Diced Peaches		Orange

### We appreciate you.

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