

AFTERSCHOOL SNACK

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Banana Muffin	Fresh Broccoli w/ Ranch Dressing	Cheez-It Crackers	Blueberry Bagel w/ Grape Jelly	Graham Crackers
1% Milk	String Cheese	1% Milk	Apple	Cheddar Cheese Stick

Happy New Year and welcome back!

10	11	12	13	14
Carrot Bread	Goldfish Pretzels	Fresh Celery w/ Ranch Dressing	Cheez-It Crackers	Apple
Apple	1% Milk	Cheddar Cheese Stick	1% Milk	String Cheese

Enjoying an afternoon snack is a great way to end your school day.

All grain/bread items served are **Whole Grain Rich**.

Our **milk** options include 1% and fat-free.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings and menus are subject to change.

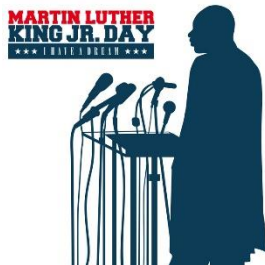
Questions? E-mail us at food@cps.edu!

Thank you for
dining with us!



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>17</p>  <p>MARTIN LUTHER KING JR. DAY</p> <p>Schools Closed</p>	<p>18</p> <p>Yogurt</p> <p>Apple</p>	<p>19</p> <p>Graham Crackers</p> <p>String Cheese</p>	<p>20</p> <p>Blueberry Bagel w/ Grape Jelly</p> <p>1% Milk</p>	<p>21</p> <p>Fresh Cucumber Slices w/ Ranch Dressing</p> <p>Cheddar Cheese Stick</p>

Don't leave school without your snack!

<p>24</p> <p>Cheez-It Crackers</p> <p>String Cheese</p>	<p>25</p> <p>Banana Muffin</p> <p>Apple</p>	<p>26</p> <p>Carrot Bread</p> <p>1% Milk</p>	<p>27</p> <p>Fresh Broccoli w/ Ranch Dressing</p> <p>Cheddar Cheese Stick</p>	<p>28</p> <p>School Improvement Day</p> <p>No Classes</p>
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