












# K-12 Breakfast

## April 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Blueberry Mini Waffles</p>  <p>Apple Slices</p> <p>Milk Selection</p>	 <p>Corn Chex</p>  <p>Orange</p> <p>Milk Selection</p>	 <p>Banana Bread &amp; Hard-Boiled Egg</p>  <p>Pear</p> <p>Milk Selection</p>	 <p>Cinnamon French Toast</p>  <p>Strawberries</p> <p>Milk Selection</p>	 <p>Beef Sausage on Honey Corn Biscuit</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>

Eating breakfast boosts brain power!

 <p>Maple Pancakes</p>  <p>Apple Slices</p> <p>Milk Selection</p>	 <p>Hawaiian Roll w/ Egg &amp; Cheese</p>  <p>Orange</p> <p>Milk Selection</p>	 <p>Blueberry Muffin &amp; Hard-Boiled Egg</p>  <p>Pear</p> <p>Milk Selection</p>	 <p>Rice Krispies</p>  <p>Blueberries</p> <p>Milk Selection</p>	<p>School Improvement Day</p> <p>No School</p>
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Fresh fruit offered daily!

**Plant-Forward Monday:** Try our intentionally delicious meat-free options!

**Tortilla Tuesday** is where whole-wheat tortillas or whole-grain chips meet tasty flavor combinations sure to satisfy!

**Windy City Wednesday** is when you can savor recipes inspired by various neighborhoods throughout the City of Chicago and the world!

**Throwback Thursdays** are where your favorite flavors come to the café!

**Feel Good Fridays** finish strong with simple, tasty meals to end the school week.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings.

Questions? E-mail us at [food@cps.edu](mailto:food@cps.edu)!


All chicken served is **No Antibiotic Ever**.

Our menus are **pork-free**.

**Vegetarian** entrees are identified with (V).

**Local** produce grown within 350 miles of Chicago is identified with (L).

**Gluten-Free** products are identified with (GF).











Menus containing **fish** are identified with .

We only use heart-healthy **whole grains**.

Our **milk** options include 1%, low-fat, and fat-free.

# K-12 Breakfast

April 2021, In-Person

Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
				
Maple Mini Waffles	Cheerios	Carrot Bread & Hard-Boiled Egg	Triple Berry French Toast	Beef Sausage on Honey Corn Biscuit
				
Apple Slices	Orange	Kiwi	Strawberries	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Fresh fruit offered daily!

26	27	28	29	30
				
Honey Wheat Bagel w/ Cream Cheese	Maple Pancakes	Banana Muffin & Hard-Boiled Egg	Rice Chex	Breakfast Chicken Sandwich
				
Apple Slices	Orange	Kiwi	Blueberries	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

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