

# ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 GNG Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/29/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: BAR, CinnTstCrPastry Wrm2	1 Each	60	40.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	40	48.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	90	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	22	28.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			74.47
% of Calories			72.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 11/30/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	60	25.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Rice Krispies WG	Bowl	40	23.0
CHEESE, MZ String LF 1ea 1.0	Stick	40	1.0
HD: FRUITS	1 EACH	0	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	90	15.0
FRUIT: PEARS 135 ct	1 Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			53.30
% of Calories			63.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/01/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
CEREAL HOT, Oatmeal (2BG) Cinn	Cup	60	28.95
HD: COLD ENTREE	1 Each	0	0.0
BRD: Bar, AppleCherry 2.0WG	1 Each	40	39.27
HD: FRUITS	1 EACH	0	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	90	20.57
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	22	16.52
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			65.47
% of Calories			75.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 12/02/2021</b>			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
QUES 6" EggPty AM Salsa	1 Each	60	18.5
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Cheerios WG	Bowl	40	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	40	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	90	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	22	11.73
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			57.52
% of Calories			62.3%
Nutrient Guideline			

<b>Fri - 12/03/2021</b>			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: FR TST AP, Berry WG IW	Pouch	60	37.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BREAD Sl, Carrot 1.45oz	Slice (1.45oz)	40	20.84
COND_SunButter 2TBSP	2 TBSP	40	6.98
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	90	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	22	24.11
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			55.17
% of Calories			57.4%
Nutrient Guideline			

<b>Mon - 12/06/2021</b>			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
MELT MUFF, EggPty AM 1.25 WG	Sandwich	60	25.5
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, HoneyBunchesOatsWG	Bowl	40	20.25
CHEESE, MZ String LF 1ea 1.0	Stick	40	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	90	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	22	11.73
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			61.82
% of Calories			64.7%
Nutrient Guideline			

Tue - 12/07/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: BAR, CinnTstCrPastry Wrm2	1 Each	60	40.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: MUF AP, ApCin WG (1BG)	Muffin	40	27.85
COND_SunButter 2TBSP	2 TBSP	40	6.98
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	90	7.0
FRUIT: PEARS 135 ct	1 Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			59.43
% of Calories			57.4%
Nutrient Guideline			

Wed - 12/08/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
MELT BISCUIT, AM CHam	Sandwich	60	28.99
HD: COLD ENTREE	1 Each	0	0.0
BRD: Bar, OrangeVanillaOat2.25	1 Each	40	37.0
HD: FRUITS	1 EACH	0	0.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	90	15.28
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	22	24.11
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			61.49
% of Calories			57.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/09/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: BAR, Ntr Vly OatApCinn IW	1 Each	60	38.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Chex Cinnamon WG	Bowl	40	23.0
CHEESE, MZ String LF 1ea 1.0	Stick	40	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	90	8.5
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	22	11.73
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			52.87
% of Calories			61.2%
Nutrient Guideline			

Fri - 12/10/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW MELT Egg AM 2/2	Each	60	27.82
HD: COLD ENTREE	1 Each	0	0.0
BRD: BAR, Benefit FrTst WGIW	1 Each	40	47.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLESAUCE, AP UnswtCin	1 Each	90	14.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	22	24.11
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			63.64
% of Calories			59.7%
Nutrient Guideline			

Mon - 12/13/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: BAGEL IW, Slcd Blubry 2.0	Each	60	25.0
COND PC Cream Cheese Light.75o	1 Each	60	2.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Rice Krispies WG	Bowl	40	23.0
EGG: Hard Boiled FC AP 1.5	1 Each	40	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	90	28.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	22	16.52
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			64.87
% of Calories			74.0%
Nutrient Guideline			

Tue - 12/14/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	60	25.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	40	48.0
HD: FRUITS	1 EACH	0	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	90	15.0
FRUIT: PEARS 135 ct	1 Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			62.90
% of Calories			64.9%
Nutrient Guideline			

Wed - 12/15/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: MUF DGH, Blueberry 2.1oz	1 Each	60	26.19
CHEESE, MZ String LF 1ea 1.0	Stick	60	1.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: Bar, AppleCherry 2.0WG	1 Each	40	39.27
HD: FRUITS	1 EACH	0	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	90	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	22	16.52
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			56.45
% of Calories			60.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/16/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
MELT BISC, EggPtyAMWG1.25(2BG)	Sandwich	60	28.98
HD: COLD ENTREE	1 Each	0	0.0
BRD: BREAD Sl, Carrot 1.45oz	Slice (1.45oz)	40	20.84
CHEESE, MZ String LF 1ea 1.0	Stick	40	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLESAUCE, AP UnswtCin	1 Each	90	14.0
FRUIT: PEARS 135 ct	1 Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			53.92
% of Calories			53.4%
Nutrient Guideline			

Fri - 12/17/2021			
9-12 GNG Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: BAR, Ntr Vly OatApCinn IW	1 Each	60	38.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Chex Corn 1.0	Bowlpack	40	24.0
EGG: Hard Boiled FC AP 1.5	1 Each	40	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	90	11.73
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	22	28.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			59.75
% of Calories			64.0%
Nutrient Guideline			

Weighted Average			60.21
			63.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	60.21	63.03%						

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