

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 5, 2022

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

Page 1

Generated on: 12/20/2021 4:58:03 PM

	Portion Size	Carb (g)
Mon - 01/03/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	1 Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: FR TST AP, Cinn WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Drd Crsps IW	Bag (0.34 OZ)	10.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		55.05
% of Calories		57.7%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 01/04/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	25.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, Rice Chex WG	Bowl	24.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		60.23
% of Calories		67.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 5, 2022

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

Page 2

Generated on: 12/20/2021 4:58:03 PM

	Portion Size	Carb (g)
Wed - 01/05/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
CEREAL COLD, Oats Fruit Cup	1 Each	23.48
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, Cheerios WG	Bowl	20.0
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		48.24
% of Calories		59.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 01/06/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
MELT BISC, EggPtyAMWG1.25(2BG)	Sandwich	28.98
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	48.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		83.38
% of Calories		70.5%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 3

Jan 2, 2022 thru Feb 5, 2022

9-12 In-Cafe Breakfast

Generated on: 12/20/2021 4:58:03 PM

	Portion Size	Carb (g)
Fri - 01/07/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
SDW MELT Egg AM 2/2	1 Each	27.82
HD: SECOND ENTREE	1 Each	0.0
CEREAL HOT, Oatmeal (2BG) Blb	1 Cup	30.0
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD Sl, Date&Orng1.45oz	Slice (1.45oz)	22.54
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		52.52
% of Calories		54.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 01/10/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
MELT MUFF, CHam AM 0.5 WG	Sandwich	25.01
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, Chex Cinnamon WG	Bowl	23.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		62.73
% of Calories		65.6%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 5, 2022

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

Page 4

Generated on: 12/20/2021 4:58:03 PM

	Portion Size	Carb (g)
Tue - 01/11/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	48.0
HD: COLD ENTREE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		57.15
% of Calories		56.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 01/12/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
COND_Salsa, AP 1/4c	1/4 Cup	4.08
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Blbry (2BG)	Each	33.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	1 Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		70.81
% of Calories		72.5%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 5

Jan 2, 2022 thru Feb 5, 2022

9-12 In-Cafe Breakfast

Generated on: 12/20/2021 4:58:03 PM

	Portion Size	Carb (g)
Thu - 01/13/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Cass CH TtrTot 2.0	1/24 Cut	6.78
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: SECOND ENTREE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, Rice Krispies WG	Bowl	23.0
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: PEARS 135 ct	1 Each	22.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		65.17
% of Calories		63.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 01/14/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: BAGEL IW, Slcd Blubry 2.0	1 Each	25.0
COND PC Cream Cheese Light.75o	1 Each	2.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		36.74
% of Calories		56.8%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 6

Jan 2, 2022 thru Feb 5, 2022

9-12 In-Cafe Breakfast

Generated on: 12/20/2021 4:58:03 PM

	Portion Size	Carb (g)
Tue - 01/18/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	25.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		63.96
% of Calories		67.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 01/19/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	1 Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Maple (2BG)	Each	34.0
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		52.24
% of Calories		57.1%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 5, 2022

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

Page 7

Generated on: 12/20/2021 4:58:04 PM

	Portion Size	Carb (g)
Thu - 01/20/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	28.0
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD Sl, Date&Orng1.45oz	Slice (1.45oz)	22.54
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		66.96
% of Calories		69.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 01/21/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: SECOND ENTREE	1 Each	0.0
CEREAL HOT, Oatmeal (2BG) Cinn	1 Cup	28.95
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit FrTst WGIW	1 Each	47.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		46.42
% of Calories		65.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 8

Jan 2, 2022 thru Feb 5, 2022

9-12 In-Cafe Breakfast

Generated on: 12/20/2021 4:58:04 PM

	Portion Size	Carb (g)
Mon - 01/24/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
MELT MUFF, CHam AM 0.5 WG	Sandwich	25.01
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, HonyBunchesOatsVAN	Bowl	23.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		60.55
% of Calories		64.4%
Nutrient Guideline		

Tue - 01/25/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Blbry (2BG)	Each	33.0
HD: COLD ENTREE	1 Each	0.0
BRD: MUF AP, ApCin WG (1BG)	Muffin	27.85
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		54.16
% of Calories		54.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 9

Jan 2, 2022 thru Feb 5, 2022

9-12 In-Cafe Breakfast

Generated on: 12/20/2021 4:58:04 PM

	Portion Size	Carb (g)
Wed - 01/26/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: TORTILLA, Chip Rnds 1.0	1 Cup	16.45
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
COND_Salsa, AP 1/4c	1/4 Cup	4.08
HD: SECOND ENTREE	1 Each	0.0
CEREAL BWL, Rice Chex WG	Bowl	24.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	1 Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		65.45
% of Calories		70.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 01/27/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Cass CH TtrTot 2.0	1/24 Cut	6.78
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: SECOND ENTREE	1 Each	0.0
BRD: MUF DGH, Blueberry 2.1oz	1 Each	26.19
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, Cheerios WG	Bowl	20.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		61.18
% of Calories		57.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 5, 2022

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

Page 10

Generated on: 12/20/2021 4:58:04 PM

	Portion Size	Carb (g)
Mon - 01/31/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	1 Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: FR TST AP, Cinn WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit Mini MplBrwn	1 Each	24.0
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		55.40
% of Calories		56.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 02/01/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	25.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, Rice Chex WG	Bowl	24.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		60.23
% of Calories		67.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 5, 2022

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

Page 11

Generated on: 12/20/2021 4:58:04 PM

	Portion Size	Carb (g)
Wed - 02/02/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Strwbry (2BG)	Each	33.0
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
BRD: Granola IW, Strwb 1BG	Package	21.0
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		53.49
% of Calories		60.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 02/03/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: CHOICE OF PROTEIN	1 each	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	28.0
MELT BISC, EggPtyAMWG1.25(2BG)	Sandwich	28.98
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		82.21
% of Calories		71.9%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 12

Jan 2, 2022 thru Feb 5, 2022

9-12 In-Cafe Breakfast

Generated on: 12/20/2021 4:58:04 PM

	Portion Size	Carb (g)
Fri - 02/04/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: BITE 3 Cheese AP 1.75	1 Each	2.98
BRD: BREAD WG, Tst 1sl	Slice	12.86
HD: SECOND ENTREE	1 Each	0.0
CEREAL HOT, Oatmeal (2BG) Blb	1 Cup	30.0
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD Sl, Date&Orng1.45oz	Slice (1.45oz)	22.54
CHEESE, CH Stick 1ea 1.0	Stick	0.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		41.86
% of Calories		56.2%
Nutrient Guideline		

Weighted Average		58.96 63.0%
------------------	--	----------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	58.96	62.98%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.