

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

Generated on: 4/20/2022 10:28:48 AM

	Portion Size	Carb (g)
Mon - 05/02/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	1 Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: PANCAKES, AP WG MplBrst	Pouch	38.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	1 Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		62.52
% of Calories		62.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 05/03/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
SDW BISC, C Sausage Pty AM	Sandwich	28.98
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		62.08
% of Calories		64.3%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

Generated on: 4/20/2022 10:28:48 AM

	Portion Size	Carb (g)
Wed - 05/04/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Blbry (2BG)	1 Each	33.0
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD: FRUITS	1 EACH	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		59.59
% of Calories		63.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 05/05/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	28.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		84.49
% of Calories		74.7%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

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	Portion Size	Carb (g)
Fri - 05/06/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
SDW MELT Egg AM 2/2	1 Each	27.82
HD: SECOND ENTREE	1 Each	0.0
CEREAL HOT, Oatmeal (2BG) Cinn	1 Cup	28.95
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD Sl, Banana1.45oz	Slice (1.45oz)	19.56
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		46.55
% of Calories		52.6%
Nutrient Guideline		

Mon - 05/09/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
MELT MUFF, CHam AM 0.5 WG	Sandwich	25.01
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		66.28
% of Calories		68.3%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

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	Portion Size	Carb (g)
Tue - 05/10/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: PANCAKES, AP WG StrwIW	Pouch	40.0
HD: COLD ENTREE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: PEARS 135 ct	Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		53.97
% of Calories		57.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 05/11/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
COND_Salsa, AP 1/4c	1/4 Cup	4.08
HD: SECOND ENTREE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	48.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		60.44
% of Calories		70.1%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

Generated on: 4/20/2022 10:28:49 AM

	Portion Size	Carb (g)
Thu - 05/12/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Strata CH WG 2/1	1/24 Cut	17.07
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Veg 1oz	1 Each	2.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		82.60
% of Calories		67.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/13/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Maple (2BG)	1 Each	34.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		50.02
% of Calories		57.7%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

Generated on: 4/20/2022 10:28:49 AM

	Portion Size	Carb (g)
Mon - 05/16/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BAGEL, White WG 2oz	1 Each	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: PANCAKES, AP WG MplBrst	Pouch	38.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		60.30
% of Calories		64.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 05/17/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
SDW BISC, C Sausage Pty AM	Sandwich	28.98
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	1 Each	37.03
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		64.66
% of Calories		62.9%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

Generated on: 4/20/2022 10:28:49 AM

	Portion Size	Carb (g)
Wed - 05/18/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	1 Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: FR TST AP, Cinn WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		62.43
% of Calories		61.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 05/19/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	28.0
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD SI, Carrot 1.45oz	Slice (1.45oz)	20.84
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		62.57
% of Calories		67.7%
Nutrient Guideline		

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9-12 In-Cafe Breakfast

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	Portion Size	Carb (g)
Fri - 05/20/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: SECOND ENTREE	1 Each	0.0
CEREAL HOT, Oatmeal (2BG) Berr	1 Cup	33.05
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		63.60
% of Calories		72.8%
Nutrient Guideline		

Mon - 05/23/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 Scoop(1MMA)	0.74
HD: CHOICE OF BREAD	1 Each	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	14.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	21.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	10.69
HD: SECOND ENTREE	1 Each	0.0
MELT MUFF, CHam AM 0.5 WG	Sandwich	25.01
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		65.10
% of Calories		67.9%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

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	Portion Size	Carb (g)
<u>Tue - 05/24/2022</u>		
9-12 In-Cafe Breakfast	Total	
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BISC AP, 2.0oz WG	Each	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	24.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		49.87
% of Calories		54.3%
Nutrient Guideline		

<u>Wed - 05/25/2022</u>		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
HD: CHOICE OF BREAD	1 Each	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
BRD: TORTILLA, Chip Rnds 1.0	1 Cup	16.45
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CONDIMENT CHOICES	1 Each	0.0
COND_Salsa, AP 1/4c	1/4 Cup	4.08
HD: SECOND ENTREE	1 Each	0.0
BRD: WAFFLE, IW Maple (2BG)	1 Each	34.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	Each	37.03
HD: FRUITS	1 EACH	0.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		55.46
% of Calories		65.1%
Nutrient Guideline		

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Base Menu Spreadsheet

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9-12 In-Cafe Breakfast

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	Portion Size	Carb (g)
Thu - 05/26/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	0.72
HD: CHOICE OF BREAD	1 Each	0.0
BRD: BREAD WG, Tst 1sl	Slice	12.86
BRD: PANCAKES, AP WG 1BG	Pancake	14.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: ADDITIONAL OPTION(S)	1 each	0.0
VEG: POTATO, Tater TotsMC 1/4c	1/4 Cup	7.06
HD: SECOND ENTREE	1 Each	0.0
BRD: MUF DGH, Blueberry 2.1oz	1 Each	26.19
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		68.86
% of Calories		68.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/27/2022		
9-12 In-Cafe Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BISC AP, 2.0oz WG	1 Each	27.48
BRD: BAGEL, White WG 2oz	1 Each	29.0
HD: CHOICE OF PROTEIN	1 each	0.0
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	0.66
CHIX Sausage Patty 1ea 1.0	Patty	1.0
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
HD: SECOND ENTREE	1 Each	0.0
BRD: PANCAKES, AP WG StrwIW	Pouch	40.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	48.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		56.84
% of Calories		58.8%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 In-Cafe Breakfast

Generated on: 4/20/2022 10:28:49 AM

	Portion Size	Carb (g)
Weighted Average		61.91 64.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	61.91	64.34%						

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