

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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Nov 29, 2021 thru Dec 31, 2021

9-12 In-Cafe Breakfast

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/29/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	60	28.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	40	48.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	90	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	22	28.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			67.27
% of Calories			71.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 11/30/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BAGEL, White WG 2oz	1 Each	30	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	30	24.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Patty Round AP 1.0	Patty	30	1.0
CHIX Sausage Patty 1ea 1.0	Patty	30	1.0
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	60	0.5
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAR, CinnTstCrPastry Wrm2	1 Each	20	40.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Rice Krispies WG	Bowl	20	23.0
CHEESE, MZ String LF 1ea 1.0	Stick	20	1.0
HD: FRUITS	1 EACH	0	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	90	15.0
FRUIT: PEARS 135 ct	Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			58.30
% of Calories			61.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Carb (g)
Wed - 12/01/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
EGG: Omelet CH AP 2.0	1 Each	60	1.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BREAD WG, Tst 1sl	Slice	30	12.86
BRD: WAFFLE, AP WG (1BG)	Waffle	30	14.0
COND_Syrup, Pancake 1oz	1 fl oz	30	26.46
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	60	10.69
HD: SECOND ENTREE	1 Each	0	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	20	25.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: Bar, AppleCherry 2.0WG	1 Each	20	39.27
HD: FRUITS	1 EACH	0	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	90	20.57
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	22	16.52
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			68.25
% of Calories			63.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/02/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW MELT Egg AM 2/2	Each	60	27.82
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAR, Ntr Vly OatApCinn IW	1 Each	20	38.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Cheerios WG	Bowl	20	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	20	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	90	28.0
FRUIT: PEARS 135 ct	1 Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			68.89
% of Calories			61.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/03/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BISC AP, 2.0oz WG	Each	30	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	30	24.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Patty Round AP 1.0	Patty	30	1.0
CHIX Sausage Patty 1ea 1.0	Patty	30	1.0
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	60	0.5
HD: SECOND ENTREE	1 Each	0	0.0
CEREAL HOT, Oatmeal (2BG) Cinn	Cup	20	28.95
HD: COLD ENTREE	1 Each	0	0.0
BRD: BREAD Sl, Carrot 1.45oz	Slice (1.45oz)	20	20.84
COND_SunButter 2TBSP	2 TBSP	20	6.98
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	90	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	22	24.11
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			49.54
% of Calories			50.5%
Nutrient Guideline			

Mon - 12/06/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
EGG: Omelet CH AP 2.0	1 Each	60	1.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	30	14.0
BRD: FR TST STK, AP WG (1BG)	2 Sticks	30	21.0
COND_Syrup, Pancake 1oz	1 fl oz	60	26.46
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	60	10.69
HD: SECOND ENTREE	1 Each	0	0.0
MELT MUFF, CHam AM 0.5 WG	Sandwich	20	25.01
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, HoneyBunchesOatsWG	Bowl	20	20.25
CHEESE, MZ String LF 1ea 1.0	Stick	20	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	90	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	22	11.73
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			80.66
% of Calories			65.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/07/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BISC AP, 2.0oz WG	Each	30	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	30	24.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Patty Round AP 1.0	Patty	30	1.0
CHIX Sausage Patty 1ea 1.0	Patty	30	1.0
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	60	0.5
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAR, CinnTstCrPastry Wrm2	1 Each	20	40.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: MUF AP, ApCin WG (1BG)	Muffin	20	27.85
COND_SunButter 2TBSP	2 TBSP	20	6.98
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	90	7.0
FRUIT: PEARS 135 ct	Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			52.81
% of Calories			51.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/08/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	30	15.0
BRD: BAGEL, White WG 2oz	1 Each	30	29.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	30	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	30	0.72
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND_Salsa, AP 1/4c	1/4 Cup	60	4.08
HD: SECOND ENTREE	1 Each	0	0.0
BRD: FR TST AP, Cinn WG IW	Pouch	20	37.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: Bar, OrangeVanillaOat2.25	1 Each	20	37.0
HD: FRUITS	1 EACH	0	0.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	90	15.28
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	22	11.73
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			57.44
% of Calories			68.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/09/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
EGG: Omelet CH AP 2.0	1 Each	60	1.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BREAD WG, Tst 1sl	Slice	30	12.86
BRD: PANCAKES, AP WG 1BG	Pancake	30	14.0
COND_Syrup, Pancake 1oz	1 fl oz	30	26.46
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
VEG: Potato, Emoticon 2 pieces	1/4 Cup	60	8.91
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAGEL IW, Slcd Blubry 2.0	1 Each	20	25.0
COND PC Cream Cheese Light.75o	1 Each	20	2.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Chex Cinnamon WG	Bowl	20	23.0
CHEESE, MZ String LF 1ea 1.0	Stick	20	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	90	8.5
FRUIT: PEARS 135 ct	Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			54.99
% of Calories			58.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 12/10/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BAGEL, White WG 2oz	1 Each	30	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	30	24.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Patty Round AP 1.0	Patty	30	1.0
CHIX Sausage Patty 1ea 1.0	Patty	30	1.0
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	60	0.5
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAR, Ntr Vly OatApCinn IW	1 Each	20	38.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BAR, Benefit FrTst WGIW	1 Each	20	47.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLESAUCE, AP Unswt	1 Each	90	14.03
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	22	24.11
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			61.97
% of Calories			61.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 12/13/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: WAFFLE, AP WG (1BG)	Waffle	30	14.0
BRD: PANCAKES, AP WG 1BG	Pancake	30	14.0
COND_Syrup, Pancake 1oz	1 fl oz	30	26.46
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	30	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	30	0.72
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
VEG: POTATO, Seasond Rstd 1/4c	1/4 Cup	60	10.69
HD: SECOND ENTREE	1 Each	0	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	20	28.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Rice Krispies WG	Bowl	20	23.0
EGG: Hard Boiled FC AP 1.5	1 Each	20	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	90	28.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	22	16.52
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			72.64
% of Calories			73.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/14/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BISC AP, 2.0oz WG	Each	30	27.48
BRD: MUF AP, Eng 2oz WG	Muffin	30	24.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Patty Round AP 1.0	Patty	30	1.0
CHIX Sausage Patty 1ea 1.0	Patty	30	1.0
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	60	0.5
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAR, CinnTstCrPastry Wrm2	1 Each	20	40.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	20	48.0
HD: FRUITS	1 EACH	0	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	90	15.0
FRUIT: PEARS 135 ct	Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			62.64
% of Calories			59.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 12/15/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
EGG: Omelet CH AP 2.0	1 Each	60	1.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BREAD WG, Tst 1sl	Slice	30	12.86
BRD: FR TST STK, AP WG (1BG)	2 Sticks	30	21.0
COND_Syrup, Pancake 1oz	1 fl oz	30	26.46
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
VEG: Potato, Emoticon 2 pieces	1/4 Cup	60	8.91
HD: SECOND ENTREE	1 Each	0	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	20	25.0
HD: COLD ENTREE	1 Each	0	0.0
CEREAL BWL, Chex Corn 1.0	Bowlpack	20	24.0
CHEESE, MZ String LF 1ea 1.0	Stick	20	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	90	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	22	16.52
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			58.47
% of Calories			57.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/16/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: TORTILLA 6" Flour WG 1ea	1 Each	30	15.0
BRD: BREAD WG, Tst 1sl	Slice	30	12.86
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Scrambled SS 1.0	#24 scp (1 MMA)	30	0.66
EGG: Scrambled CH SS 1.0	#30 scp (1 MMA)	30	0.72
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND_Salsa, AP 1/8c	1/8 Cup	30	2.04
HD: SECOND ENTREE	1 Each	0	0.0
BRD: BAR, Ntr Vly OatApCinn IW	1 Each	20	38.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: BREAD SI, Carrot 1.45oz	Slice (1.45oz)	20	20.84
CHEESE, MZ String LF 1ea 1.0	Stick	20	1.0
HD: FRUITS	1 EACH	0	0.0
FRUIT: APPLESAUCE, AP Unswt	1 Each	90	14.03
FRUIT: PEARS 135 ct	1 Each	22	22.54
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			49.18
% of Calories			64.4%
Nutrient Guideline			

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Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 In-Cafe Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/17/2021			
9-12 In-Cafe Breakfast	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: CHOICE OF BREAD	1 Each	0	0.0
BRD: BAGEL, White WG 2oz	1 Each	30	29.0
BRD: MUF AP, Eng 2oz WG	Muffin	30	24.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
EGG: Patty Round AP 1.0	Patty	30	1.0
CHIX Sausage Patty 1ea 1.0	Patty	30	1.0
HD: ADDITIONAL OPTION(S)	1 each	0	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	60	0.5
HD: SECOND ENTREE	1 Each	0	0.0
CEREAL HOT, Oatmeal (2BG) Strw	Cup	20	49.0
HD: COLD ENTREE	1 Each	0	0.0
BRD: Bar, AppleCherry 2.0WG	1 Each	20	39.27
HD: FRUITS	1 EACH	0	0.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	90	11.73
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	22	28.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			61.41
% of Calories			63.9%
Nutrient Guideline			

Weighted Average			61.63 62.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	61.63	61.96%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.