

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:46 AM

	Portion Size	Carb (g)
Mon - 05/02/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Popcorn, AP WG 1.5	Serving	12.98
COND_Sauce, Chz SS W (LOL) .5	2oz Spdl(.5MMA)	3.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
HD: SECOND ENTREE	1 Each	0.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	30.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, Tater TotsMC 1/2c	1/2 Cup	14.12
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		84.55
% of Calories		50.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:46 AM

	Portion Size	Carb (g)
Tue - 05/03/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
HD: STUDENT PICK ONE	1 each	0.0
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
BRD: TORTILLA, Chip Rnds 2.0	2 Cups	28.69
HD: STUDENT PICK TWO	1 each	0.0
BEEF Gd, Taco Meat 1.0	#24 scp (1 MMA)	1.19
FILLING: BEANS, PntoCharro1MMA	#16 Scoop(1MMA)	12.46
COND_Sauce, Chz SS W (LOL) 1.0	3oz Spdl (1MMA)	4.5
HD: COLD ENTREE	1 Each	0.0
SDW BD, Tky AM Spcy WG 2.0	Sandwich	26.81
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Black Zsty 1/2c	1/2 Cup	33.59
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		78.53
% of Calories		51.7%
Nutrient Guideline		

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9-12 Lunch

Generated on: 4/20/2022 10:30:46 AM

	Portion Size	Carb (g)
Wed - 05/04/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
Tky Crmbl Gen Tso 2.0	#8 scoop	13.87
PASTA, LoMein Noodles 2.0	2 6oz spdl	68.64
TOFU Asian 2.0	1 Each	17.85
PASTA, LoMein Noodles 2.0	2 6oz spdl	68.64
HD: COLD ENTREE	1 Each	0.0
SALAD ChixDcd Baja SC 2.25	1 Each	21.23
COND_Dressing, Ranch BBQ	1 TBSP	3.71
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
SALAD, Veg Baja W 2.0	1 Each	27.91
COND_Dressing, Ranch BBQ	1 TBSP	3.71
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Grn TeriyakFrz1/2c	1/2 Cup	9.9
VEG: BEANS, EDAMAME COLD 1/2C	1/2 Cup	6.47
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: PEARS 135 ct	1 Each	22.54
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		115.89
% of Calories		61.4%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:46 AM

	Portion Size	Carb (g)
Thu - 05/05/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
FIL: BEANS, Black Kickin' 1/2c	1/2 Cup	35.89
QUINOA, Red & Rice 2BG	1 Cup	48.06
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, CH Shreds 0.5	1oz Spoodle	0.5
COND_Sour Cream AP	1 TBSP	1.0
HD: SECOND ENTREE	1 Each	0.0
QUES 6" CH BB 2.0	1 Each	32.99
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	30.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BLEND, 1/2c	1/2 Cup	12.66
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		81.17
% of Calories		52.6%
Nutrient Guideline		

Fri - 05/06/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: COLD ENTREE	1 Each	0.0
SDW BD, ChixDcd Salad WG2.0	Sandwich	28.76
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	5.1
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Weighted Daily Average		73.31
% of Calories		55.2%
Nutrient Guideline		

Mon - 05/09/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.06
SDW BN, ChixPty HotN'Spcy	Sandwich	38.06
HD: COLD ENTREE	1 Each	0.0
SUB AP, AM GarbnzoSalad 2.25/2	1 Each	50.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	15.48
VEG: Salad, GrnSlaw Citrus1/2c	1/2 Cup	5.58
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		80.86
% of Calories		52.9%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Tue - 05/10/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
HD: STUDENT PICK ONE	1 each	0.0
BRD: TORTILLA, Chip Rnds 2.0	2 Cups	28.69
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
HD: STUDENT PICK ONE	1 each	0.0
BEEF Gd, Taco Shrd. Chs 2MMA	1 Each	2.18
FILLING: Lentils 2 MMA	1/2 cup	24.51
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, CH Shreds 0.5	1oz Spoodle	0.5
COND_Sour Cream Cilantro 1oz	1 oz.	1.76
HD: SALAD FEATURE	1 Each	0.0
SALAD, ChixDcd RomKaleCaes 2.0	1 Each	3.41
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Black Charro 1/2c	1/2 Cup	33.09
VEG: CORN, Confetti 1/2c	1/2 Cup	14.48
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		82.61
% of Calories		53.3%
Nutrient Guideline		

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Wed - 05/11/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum Asian HS	2 Each	14.91
RICE, Asn Veg Rice WG 2BG	CUP	58.66
HD: SALAD FEATURE	1 Each	0.0
SALAD, SpinRomEgg 2.0	1 Each	5.39
COND_Dressing, Italian Vinaigr	1 oz	0.83
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BLEND, 1/2c	1/2 Cup	12.66
VEG: CUCUMBER Kimchi 1/2c	1/2 Cup	4.88
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		97.26
% of Calories		52.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 05/12/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: PASTA, PenneVegBlnd 2/2	2, 6oz spoodle	52.58
HD: SECOND ENTREE	1 Each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
HD: SALAD FEATURE	1 Each	0.0
SALAD, Veg Nacho 2.0/2BG	1 Each	57.79
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frsh LmnPpr1/2c	1/2 Cup	5.52
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		69.69
% of Calories		48.2%
Nutrient Guideline		

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9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Fri - 05/13/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	Each	0.0
PIZZA AP NarFrchBrd Primavera	Pizza	32.23
HD: COLD ENTREE	1 Each	0.0
SUB AP, Tky AM WG 2.0 Fresh Wk	Sandwich	29.44
COND_Mayo, Garlic Light	1 TBSP	1.32
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	5.1
VEG: KALE, Frsh Creamy 1c	8oz spdl	6.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		79.85
% of Calories		50.9%
Nutrient Guideline		

Mon - 05/16/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: WAFFLE, AP WG (2BG)	2 Waffle	28.0
COND_Syrup, Pancake 1oz	1 fl oz	26.46
HD: STUDENT PICK ONE	1 each	0.0
CHIX Tender, Frit G (3) WG 2.0	3 Each	16.19
EGG: Scrambled SS 2.0	#12 scp (2 MMA)	1.28
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", AM CH SW WG2.0 SUMMER	1 Each	32.12
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	15.48
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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9-12 Lunch

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	Portion Size	Carb (g)
Weighted Daily Average		98.70
% of Calories		56.8%
Nutrient Guideline		

Tue - 05/17/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
RICE, Chipotle WG 2BG	1 Cup	43.71
HD: CHOICE OF PROTEIN	1 each	0.0
FILLING: TKYCrmb Enchilada 2.0	#8 Scp	3.71
FILLING: BEANS,BlckCharro 2MMA	#8 Scoop (2MMA)	33.23
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, CH Shreds 0.5	1oz Spoodle	0.5
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: COLD ENTREE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Seas FMLGX Frz 1/2c	1/2 Cup	15.83
VEG: SALAD, Black Bn Corn 1/2c	1/2 Cup	55.22
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		106.87
% of Calories		60.6%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Wed - 05/18/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
TOPPING, BfSlcd 2.0	4 oz spoodle	4.26
COND_Greek DressingSC 1oz	1 oz spoodle	2.19
HD: STUDENT PICK ONE	1 each	0.0
BRD: ROLL AP, Sub MiniWG alpha	1 Each	25.24
BRD: FLATBREAD 4oz (2BG)	Package(4oz)	50.62
HD: COLD ENTREE	1 Each	0.0
SALAD ChixDcd Baja SC 2.25	1 Each	21.23
COND_Dressing, Ranch BBQ	1 TBSP	3.71
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
SALAD, Veg Baja W 2.0	1 Each	27.91
COND_Dressing, Ranch BBQ	1 TBSP	3.71
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BLEND, 1/2c	1/2 Cup	12.66
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: PEARS 135 ct	1 Each	22.54
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		91.93
% of Calories		56.7%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Thu - 05/19/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: PASTA, ChiliMac Veg2/2	Serving	85.33
HD: SECOND ENTREE	1 Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: COLD ENTREE	1 Each	0.0
KIT: PintoDip CH TortChp 2/2	1 Each	49.15
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Grn FMLGX Ssd 1/2c	1/2 Cup	5.23
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		80.73
% of Calories		57.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/20/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
STICKS, BOSCO CheeseAP 2.0 2ea	2 Each	34.0
SAUCE P, Marin/Spag 1/4c	1/4 Cup	6.0
HD: SECOND ENTREE	1 Each	0.0
SUB AP, Tky CH ChptlMayo 2.0	Sandwich	26.31
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fzn Ckd LP 1/2c	1/2 Cup	5.17
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		75.02
% of Calories		55.6%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Mon - 05/23/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
HD: STUDENT PICK ONE	1 each	0.0
BURG, Beef AP WG 2.0	1 Each	28.21
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.06
SDW BN, ChixPty HotN'Spcy	Sandwich	38.06
BURG, Black Bean AP WG 2.0	1 Each	41.06
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, AM (184ct) Slices 0.25	Slice	0.5
CHEESE, CH Slices 0.5	Slice	0.0
CHEESE, SW Slices 0.5	Slice	0.5
VEG: PEPPER GRN & ON Saute1/8c	1/8 Cup	2.04
HD: SECOND ENTREE	1 Each	0.0
SDW BD, Egg Salad WG 2.0	Sandwich	29.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, Tater TotsMC 1/2c	1/2 Cup	14.12
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		75.39
% of Calories		52.6%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Tue - 05/24/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: TORTILLA Flour 9" UG	1 Each	29.0
HD: STUDENT PICK ONE	1 each	0.0
TKY CrmbI Taco Meat 2.0	#8 scp (2 MMA)	1.23
FILLING: Lentils 2 MMA	1/2 cup	24.51
HD: ADDITIONAL OPTION(S)	1 each	0.0
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: COLD ENTREE	1 Each	0.0
SUB AP, Tky AM WG 2.0	Sandwich	26.74
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: PEPPER GRN & ON Rst 1/2c	1/2 Cup	8.4
VEG: SALAD, Black Bn Corn 1/2c	1/2 Cup	55.22
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		84.59
% of Calories		57.7%
Nutrient Guideline		

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Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Wed - 05/25/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum Smthrd HS	2 Each	6.68
BRD: BISC AP, 2.0oz WG	1 Each	27.48
HD: SECOND ENTREE	1 Each	0.0
SALAD, SpinRom Chix 2.0	1 Each	4.98
COND_Dressing, Italian Vinaigr	1 OZ	0.83
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
SALAD, SpinRomEgg 2.0	1 Each	5.39
COND_Dressing, Italian Vinaigr	1 OZ	0.83
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	15.48
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		80.04
% of Calories		48.5%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Thu - 05/26/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
FILLING: Lentils 2 MMA	1/2 cup	24.51
BRD: TORTILLA, Chip Rnds 1.0	1 Cup	16.45
RICE, Chipotle WG 1BG	1/2 Cup	21.85
HD: SECOND ENTREE	1 Each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
HD: COLD ENTREE	1 Each	0.0
KIT: Ygt MZ Apple Slices CUC	1 Each	67.7
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Elotes 1/2c	1/2 Cup	16.74
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		78.01
% of Calories		59.0%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 2, 2022 thru May 27, 2022

9-12 Lunch

Generated on: 4/20/2022 10:30:47 AM

	Portion Size	Carb (g)
Fri - 05/27/2022		
9-12 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
FISH, Sticks AP (C) WG2.0(4ea)	4 Each	18.0
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
COND Sour Cream Cajun 1oz	1 Each	1.91
HD: SECOND ENTREE	1 Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: COLD ENTREE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	5.1
VEG: BEANS, EDAMAME COLD 1/2C	1/2 Cup	6.47
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Sauce, Tartar 12g	1 Each	2.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		78.70
% of Calories		53.4%
Nutrient Guideline		

Weighted Average		84.68
		54.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	84.68	54.47%						

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