

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 1

Generated on: 11/20/2021 1:56:46 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 11/29/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
BRD: WFL, Eggoji 2BG	2 Each	75	60.0
CHIX Sausage Patty 1ea 1.0	Patty	75	1.0
FILLING, SB MplSyrup 2.0	#12 Scoop	75	22.64
HD: COLD ENTREE	1 Each	0	0.0
EGG: Hard Boiled FC AP 1.5	1 Each	5	1.0
COND_SunButter 4TBSP	4 TBSP	5	13.95
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	5	30.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	5	1.93
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: POTATO, Fusion Rstd 1/2c	1/2 Cup	50	14.1
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	27	5.84
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	32	1.93
FRUIT: PEARS 135 ct	1 Each	50	22.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	50	11.73
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Ketchup 9g Heinz	1 Each	20	3.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			112.97
% of Calories			45.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 2

Generated on: 11/20/2021 1:56:46 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 11/30/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: STUDENT PICK ONE	1 each	0	0.0
BRD: TORTILLA, Chip Rnds 2.0	2 Cups	40	28.69
BRD: TORTILLA 6" Flour WG 2ea	2 Each	40	30.0
HD: STUDENT PICK TWO	1 each	0	0.0
COND_Sauce, Chz SS W (LOL) 1.0	3oz Spdl (1MMA)	80	4.5
BEEF Gd, Taco Meat 1.0	#24 scp (1 MMA)	40	1.19
FILLING: BEANS, PntoCharro1MMA	#16 Scoop(1MMA)	40	12.46
HD: COLD ENTREE	1 Each	0	0.0
SUB, CHam Turkey AM WG2.0	Sandwich	10	26.74
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: SALAD, Black Bn Corn	3/4 Cup	12	41.42
VEG: PEPPERS, Green Strips1/2c	1/2 Cup	38	3.04
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	37	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	16.52
FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	50	28.0
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
COND PC Mustard 6g	1 Each	10	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			85.58
% of Calories			52.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 3

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/01/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
RICE, Fried ChxDcd Egg 2/2	2 6 oz spoodles	50	59.17
RICE, Fried EggScrmb 2/2	2 6oz spoodles	20	59.19
HD: COLD ENTREE	1 Each	0	0.0
SALAD ChixDcd Baja SC 2.25	1 Each	5	20.73
BRD: ROLL DG, WG 2.5oz	1 Each	5	28.0
SALAD, Veg Baja W 2.0	1 Each	5	26.57
BRD: ROLL DG, WG 2.5oz	1 Each	5	28.0
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BEANS, Grn FMLGX Frz 1/2c	1/2 Cup	50	4.49
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	37	5.84
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	38	1.93
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	50	11.73
FRUIT: PEARS 135 ct	Each	50	22.54
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			91.20
% of Calories			60.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 4

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/02/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	40	21.88
SOUP, Black Bean Chili SC 2.0	8oz spdl (2MMA)	40	42.01
BRD: ROLL DG, WG 2.5oz	1 Each	40	28.0
HD: COLD ENTREE	1 Each	0	0.0
VEG: BEANS, Garbanzo Salad 3/4c	6 oz spdl	40	23.35
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	40	30.0
VEG: CUCUMBER, Fresh Slice 1/2c	1/2 Cup	40	2.61
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: VEGETABLES AND FRUITS	1 each	0	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	10	21.88
VEG: CUCUMBER, Fresh Slice 1/2c	1/2 Cup	37	2.61
VEG: PEPPERS, Green Strips 1/2c	1/2 Cup	38	3.04
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: APPLE, Slcd IW 2oz	1 Each	50	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	50	24.11
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
HD: ALTERNATE ENTREE	1 each	0	0.0
HUMMUS, Chickpea SB 2.25	1 Each	1	27.16
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	1	30.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1	1.93
Weighted Daily Average			101.92
% of Calories			65.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 12/03/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	Each	0	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	70	26.0
HD: COLD ENTREE	1 Each	0	0.0
WRAP 9", ChixDcd Caes W	1 Each	10	32.63
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD: VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BROCC, Saute CUC 1/2c	1/2 Cup	50	6.03
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	37	1.93
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	38	5.84
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	50	11.73
FRUIT: CRAISINS, SS Strawb 1.16	Box (1.16oz)	50	28.0
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 5

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			69.61
% of Calories			52.7%
Nutrient Guideline			

Mon - 12/06/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	70	42.06
HD: SECOND ENTREE	1 Each	0	0.0
MELT BD, AM BB 2.0	Sandwich	10	28.22
HD: DAILY SERVE	each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: Potato, Emoticon 4 pieces	1/2 Cup	50	17.81
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	38	1.93
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	37	5.84
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: PEARS 135 ct	1 Each	50	22.54
FRUIT: APPLE, Slcd IW 2oz	1 Each	50	7.0
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
COND PC Ketchup 9g Heinz	1 Each	50	3.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			82.67
% of Calories			53.0%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 6

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/07/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
HD: STUDENT PICK ONE	1 each	0	0.0
BRD: TORTILLA, Chip Rnds 2.0	2 Cups	35	28.69
BRD: TORTILLA 6" Flour WG 2ea	2 Each	70	30.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
CHIX Dcd Taco Meat Chipotle2.0	#12 scp(2MMA)	50	1.87
FILLING: Lentils Chipotle 2.0	1/2 cup	20	24.36
HD: COLD ENTREE	1 Each	0	0.0
SDW BD, Tky AM WG 2.0	Sandwich	10	27.22
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BEANS, Pinto Kickin' 1/2c	1/2 Cup	12	24.9
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	12	2.61
VEG: PEPPERS, Green Strips1/2c	1/2 Cup	38	3.04
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	50	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	50	24.11
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
COND PC Mustard 6g	1 Each	10	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			84.38
% of Calories			58.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 7

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/08/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
CHIX Drum Rotis SC 4.0	2 Each	60	1.97
QUINOA, Red & Rice 2BG	1 Cup	60	48.26
HD: COLD ENTREE	1 Each	0	0.0
SALAD, DcdChx Egg Chef CH 2.0	1 Each	10	3.94
BRD: ROLL DG, WG 2.5oz	1 Each	10	28.0
SALAD, Egg Chef CH W 2.0	1 Each	10	4.6
BRD: ROLL DG, WG 2.5oz	1 Each	10	28.0
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: CARROTS, Frz 1/2c	1/2 Cup	27	0.68
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	37	1.93
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	38	5.84
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: APPLE, Slcd IW 2oz	1 Each	50	7.0
FRUIT: PEARS 135 ct	1 Each	50	22.54
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Ketchup 9g Heinz	1 Each	20	3.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: CHOICE OF MILK	Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
HD: ALTERNATE ENTREE	1 each	0	0.0
HUMMUS, Chickpea SB 2.25	1 Each	1	27.16
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	1	30.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1	1.93
Weighted Daily Average			78.01
% of Calories			50.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 8

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/09/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
SDW BN, Lentil SloppyJoe 2.0	Sandwich	40	88.06
HD: COLD ENTREE	1 Each	0	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	40	14.0
COND_SunButter 4TBSP	4 TBSP	40	13.95
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	40	30.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	40	1.93
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	50	5.1
VEG: PEPPERS, Green Strips1/2c	1/2 Cup	17	3.04
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	18	2.61
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	50	28.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	50	24.11
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Ketchup 9g Heinz	1 Each	20	3.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			111.70
% of Calories			60.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 12/10/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
ENT: PASTA, PennePizza2.0Spg	2-6oz spoodles	35	66.5
ENT: PASTA, PennePizzaVeg.0Spg	2-6oz spoodles	35	67.88
HD: COLD ENTREE	1 Each	0	0.0
WRAP 9", CHam AM WG 2.0	1 Each	10	34.71
HD: DAILY SERVE	each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BEANS, Grn FMLGX Ssd 1/2c	1/2 Cup	27	5.23
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	37	1.93
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	38	5.84
VEG: SALAD, Side RomMix SC1c	CUP	50	2.85
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	16.52
FRUIT: STRAWBERRIES, Fz Crsp 1	1/2 Cup	50	39.8
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
COND PC Mustard 6g	1 Each	10	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 9

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			105.44
% of Calories			58.4%
Nutrient Guideline			

Mon - 12/13/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
CHIX Tender, Frit G (3) WG 2.0	3 Each	70	16.19
BRD: BISC AP, 2.0oz WG	1 Each	70	27.48
COND_Gravy, Brown LS SS 1/8c	1/8 Cup	70	2.37
HD: COLD ENTREE	1 Each	0	0.0
EGG: Hard Boiled FC AP 1.5	1 Each	5	1.0
COND_SunButter 4TBSP	4 TBSP	5	13.95
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	5	30.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	5	1.93
HD: DAILY SERVE	each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	50	5.1
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	45	5.84
FRUIT: PEARS 135 ct	1 Each	50	22.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	50	11.73
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
COND PC Ketchup 9g Heinz	1 Each	50	3.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			79.29
% of Calories			48.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 10

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/14/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	60	21.88
RICE, Chipotle WG 1BG	1/2 Cup	60	21.85
BRD: ROLL DG, WG 2.5oz	1 Each	60	28.0
HD: CHOICE OF PROTEIN	1 each	0	*N/A*
BEEF Gd, Taco Meat 2.0	#12 scp (2 MMA)	30	2.24
FILLING, Black Beans Fjta 2.0	#8 scp (2 MMA)	30	35.3
HD: COLD ENTREE	1 Each	0	0.0
SUB, CHam Turkey AM WG2.0	Sandwich	20	26.74
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	0	21.88
VEG: SALAD, Bean Three 3/4 c	3/4 cup	12	24.17
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	16.52
FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	50	28.0
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Mustard 6g	1 Each	10	1.0
HD: CHOICE OF MILK	Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			105.63
% of Calories			63.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/15/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
CHIX Drum Nashville HS	2 Each	60	8.79
BRD: ROLL DG, WG 2.5oz	1 Each	60	28.0
HD: COLD ENTREE	1 Each	0	0.0
HUMMUS, AP ZZ Taco 1.5	1 Each	10	18.0
CHEESE, CH Cubes RF (bulk) 1.0	12 pieces	10	0.0
BRD: CRACK SS, Crunch&Crv Org2	Pkg (2 BG)	10	30.0
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: CARROTS, Frz Maple 1/2c	1/2 Cup	27	5.01
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	50	15.48
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	50	8.5
FRUIT: PEARS 135 ct	1 Each	50	22.54
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Ketchup 9g Heinz	1 Each	60	3.0
HD: CHOICE OF MILK	Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			74.00
% of Calories			49.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 11

Generated on: 11/20/2021 1:56:47 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/16/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
ENT: PASTA, Soba Blk Beans 2/2	2 6oz spdl	40	100.06
HD: COLD ENTREE	1 Each	0	0.0
SDW BD, Egg Salad WG 2.0	Sandwich	40	29.08
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BEANS, GrnSeasFMLGFrz1/2c	1/2 Cup	50	5.09
VEG: CARROTS, Frz 1/2c	1/2 Cup	50	7.55
FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	50	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	50	11.73
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Mustard 6g	1 Each	10	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			98.65
% of Calories			63.5%
Nutrient Guideline			

Fri - 12/17/2021			
9-12 Lunch	Total	100	
HD: HOME FEATURE	1 Each	0	0.0
PIZZA AP, Crunchers 4ea	4 Each	60	41.0
SAUCE P, Marin/Spag 1/4c	1/4 Cup	60	6.0
HD: SECOND ENTREE	1 Each	0	0.0
SUB AP, Tky CH ChptlMayo 2.0	Sandwich	20	26.31
HD: DAILY SERVE	1 each	0	0.0
SDW BD, PBJ WG 2.0	Sandwich	16	65.46
HD:VEGETABLES AND FRUITS	1 each	0	0.0
VEG: BROCCOLI, Frsh LmnPpr1/2c	1/2 Cup	27	5.52
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	50	1.93
FRUIT: APPLESAUCE, AP Unswt	1 Each	50	14.03
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	50	8.5
HD: CONDIMENT CHOICES	1 Each	0	0.0
COND PC Drsg Ranch 12g	1 Each	20	1.0
HD: CHOICE OF MILK	1 Each	0	0.0
MILK SS, 1% White 8oz	Carton	16	12.0
MILK SS, Skim 8oz	Carton	16	12.0
MILK SS, Skim Chocolate	Carton	32	20.0
Weighted Daily Average			68.10
% of Calories			47.9%
Nutrient Guideline			

Weighted Average			89.94
			55.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Nov 29, 2021 thru Dec 31, 2021

Base Menu Spreadsheet

9-12 Lunch

Portion Values - Detailed

Page 12

Generated on: 11/20/2021 1:56:47 PM

Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	89.94	55.17%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.