

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Mon - 05/02/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: PANCAKES, AP WG MplBrst	Pouch	38.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	1 Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.32
% of Calories		73.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 05/03/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	25.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		50.61
% of Calories		61.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 05/04/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: FR TST AP, Cinn WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD: FRUITS	1 EACH	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		62.97
% of Calories		74.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Thu - 05/05/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
MELT BISC, EggPtyAMWG1.25(2BG)	Sandwich	28.98
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		74.39
% of Calories		61.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/06/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: WAFFLE, IW Bibry (2BG)	1 Each	33.0
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD SI, Banana1.45oz	Slice (1.45oz)	19.56
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		44.58
% of Calories		54.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 05/09/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
MELT MUFF, EggPty AM 1.25 WG	Sandwich	25.5
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		53.48
% of Calories		61.4%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Tue - 05/10/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: PANCAKES, AP WG StrwlW	Pouch	40.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	48.0
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		63.49
% of Calories		70.7%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 05/11/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
MELT BD, C.Ham AM WG 1.0 Half	Half Sandwich	14.37
HD: COLD ENTREE	1 Each	0.0
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		42.78
% of Calories		51.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 05/12/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
EGG: Strata CH WG 2/1	1/24 Cut	17.07
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		55.17
% of Calories		61.4%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Fri - 05/13/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		55.95
% of Calories		67.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 05/16/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Veg 1oz	1 Each	2.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		59.18
% of Calories		67.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 05/17/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
SDW MUFF, CSaus 1.0 WG	Sandwich	25.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	1 Each	37.03
HD: FRUITS	1 EACH	0.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		56.21
% of Calories		61.5%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Wed - 05/18/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: PANCAKES, AP WG MplBrst	Pouch	38.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		63.76
% of Calories		73.7%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 05/19/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: BOWL, EggScmblD Chips 1/1	Serving	20.91
HD: COLD ENTREE	1 Each	0.0
BRD: BREAD Sl, Carrot 1.45oz	Slice (1.45oz)	20.84
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.99
% of Calories		56.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/20/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF DGH, Blueberry 2.1oz	1 Each	26.19
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit AplCinn WGIW	1 Each	47.91
HD: FRUITS	1 EACH	0.0
FRUIT: PEARS 135 ct	1 Each	22.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.03
% of Calories		62.8%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Mon - 05/23/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
SDW MUFF, VegPatty WG/WG 2.0	Sandwich	28.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		53.77
% of Calories		68.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 05/24/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: WAFFLE, IW Maple (2BG)	1 Each	34.0
HD: COLD ENTREE	1 Each	0.0
BRD: Bar, HoneyOats 2.0WG	Each	37.03
HD: FRUITS	1 EACH	0.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		53.12
% of Calories		62.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 05/25/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
MELT BD, C.Ham AM WG 1.0 Half	Half Sandwich	14.37
HD: COLD ENTREE	1 Each	0.0
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		46.54
% of Calories		53.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

May 2, 2022 thru May 27, 2022

K-8 GNG Breakfast

Generated on: 4/20/2022 10:24:52 AM

	Portion Size	Carb (g)
Thu - 05/26/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: COLD ENTREE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		67.13
% of Calories		72.9%
Nutrient Guideline		

Fri - 05/27/2022		
K-8 GNG Breakfast	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL HOT, Oatmeal (2BG) Blb	1 Cup	30.0
HD: COLD ENTREE	1 Each	0.0
BRD: BAR, Benefit OatRsn WGIW	1 Each	48.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		56.14
% of Calories		68.6%
Nutrient Guideline		

Weighted Average		57.08
		64.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	57.08	64.16%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.