

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 30, 2021 thru Oct 1, 2021

K-8 Lunch

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|--------------------------------|---------------|----------|
| Mon - 08/30/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| SDW BN, ChixPty Pln WG/WG 2.0 | Sandwich | 42.06 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| MELT BD, AM BB 2.0 | Sandwich | 28.22 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: POTATO, FF Crnkle Ct 1/2c | 1/2 Cup | 15.48 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 73.91 |
| % of Calories | | 50.2% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 08/31/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| QUES 6" ChixDcd WG 2.0 | 1 Each | 32.0 |
| QUES 6" Bean WG 2.0 | 1 Each | 43.45 |
| HD: ADDITIONAL OPTION(S) | 1 each | 0.0 |
| COND_Salsa, AP 1/8c | 1/8 Cup | 2.04 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, CHam Turkey AM WG2.0 | Sandwich | 27.23 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| VEG: CELERY, Sticks AP 1/2c | 1/2 Cup | 1.93 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 2

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 73.89 |
| % of Calories | | 54.8% |
| Nutrient Guideline | | |

| Wed - 09/01/2021 | | |
|--------------------------------|---------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| CHIX Drum Jerk Chic Drum ES | 1 Each | 0.06 |
| BRD: BRDSTK DG, RipStk1ea(1BG) | Breadstick | 14.0 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| SUB AP, AM CH SW WG 2.0 NoVeg | 1 Each | 27.24 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BEANS, Grn FMLGX Frz 1/2c | 1/2 Cup | 4.49 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 48.10 |
| % of Calories | | 47.9% |
| Nutrient Guideline | | |

| Thu - 09/02/2021 | | |
|--------------------------------|-------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| PIZZA 4" Bulk Galaxy CHZ 2.0 | Pizza | 26.0 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| HUMMUS, AP ZZ Taco 1.5 | 1 Each | 18.0 |
| BRD: CRACK SS, Crunch&Crv Org1 | Pkg (1 oz) | 19.0 |
| VEG: CELERY, Sticks AP 1/2c | 1/2 Cup | 1.93 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| VEG: CELERY, Sticks AP 1/2c | 1/2 Cup | 1.93 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: BLUEBERRIES, Fz 1/2c | 1/2 Cup | 8.5 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 3

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 57.54 |
| % of Calories | | 50.5% |
| Nutrient Guideline | | |

| Fri - 09/03/2021 | | |
|--------------------------------|--------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| HOT DOG, Plain WG 2.0 | 1 Each | 28.43 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| SDW BD, Egg Salad WG 2.0 | Sandwich | 29.77 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BEANS, Pinto Campfire1/2c | 1/2 Cup | 34.23 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 85.89 |
| % of Calories | | 58.7% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Aug 30, 2021 thru Oct 1, 2021

K-8 Lunch

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 09/07/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| VEG: POTATO, Mashed AP 1/2c | TBD | 22.18 |
| COND_Gravy, Brown LS SS 1/8c | 1/8 Cup | 2.37 |
| CHIX Nugget, WG (5) 2.0 | 5 Each | 15.94 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| EGG: Hard Boiled FC AP 1.5 | 1 Each | 1.0 |
| CHEESE, MZ String LF 1ea 1.0 | Stick | 1.0 |
| BRD: CRACK SS, GFishPrtz .75oz | Package | 16.0 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: POTATO, Mashed AP 1/2c | #8 Scp | 22.18 |
| COND_Gravy, Brown LS SS 1/8c | 1/8 Cup | 2.37 |
| VEG: CORN, Italian Swt 1/2c | 1/2 Cup | 16.59 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 75.00 |
| % of Calories | | 54.2% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Aug 30, 2021 thru Oct 1, 2021

K-8 Lunch

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|--------------------------------|-----------------|----------|
| Wed - 09/08/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| BRD: TORTILLA, Chip Rnds 2.0 | 2 Cups | 28.69 |
| COND_Sauce, Chz SS W (LOL) 1.0 | 3oz Spdl (1MMA) | 4.5 |
| HD: CHOICE OF PROTEIN | each | *N/A* |
| BEEF GdNOI, BBQ 1.0 | #24 Scp (1 MMA) | 5.08 |
| FILLING: BEANS, Black BBQ 1.0 | 2 oz spoodle | 21.09 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, C.Ham AM WG 2.0 | Sandwich | 29.26 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: SALAD, Black Bn Corn | 3/4 Cup | 41.42 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 77.65 |
| % of Calories | | 50.5% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Thu - 09/09/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| RICE, Fried EggScrmb 1.5/1.25 | 8oz spoodle | 38.3 |
| BRD: BRDSTK DG, RipStk1ea(1BG) | Breadstick | 14.0 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SUB AP, AM CH SW WG 2.0 NoVeg | 1 Each | 27.24 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: CELERY, Sticks AP 1/2c | 1/2 Cup | 1.93 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: RAISINS, SS 1.5oz | Box (1.5oz) | 33.67 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 6

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 89.23 |
| % of Calories | | 62.9% |
| Nutrient Guideline | | |

| Fri - 09/10/2021 | | |
|--------------------------------|--------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | Each | 0.0 |
| PIZZA 4" Bulk Galaxy CHZ 2.0 | Pizza | 26.0 |
| PIZZA AP Bf Chz Fiestada 2.0WG | Pizza | 39.0 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, ChixDcd Salad WG2.0 | Sandwich | 28.76 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| VEG: CUCUMBER, Fresh Slice1/2c | 1/2 Cup | 2.61 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 68.11 |
| % of Calories | | 53.5% |
| Nutrient Guideline | | |

| Mon - 09/13/2021 | | |
|--------------------------------|---------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| MELT BD, AM BB 2.0 | Sandwich | 28.22 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| SDW BD, Tky AM WG 2.0 | Sandwich | 27.22 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| VEG: CUCUMBER, Fresh Slice1/2c | 1/2 Cup | 2.61 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 7

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 57.27 |
| % of Calories | | 44.1% |
| Nutrient Guideline | | |

| Tue - 09/14/2021 | | |
|--------------------------------|-----------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| PASTA, Spaghetti WG 1c | CUP | 39.49 |
| HD: CHOICE OF PROTEIN | 1 each | *N/A* |
| SAUCE P, Spag Beef 1c 2.0 | 8 oz spoodle | 13.08 |
| SAUCE P, Spag GarBean 1c 2.0 | 8 oz spoodle | 33.2 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SUB AP, C.Ham TkySal TkyPas CH | Sandwich | 30.08 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| VEG: SALAD, Side RomMix SC1c | CUP | 2.85 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: BANANA (100-120ct) Whl | Each(100-120ct) | 24.11 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 89.65 |
| % of Calories | | 63.0% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

Aug 30, 2021 thru Oct 1, 2021

K-8 Lunch

Generated on: 8/30/2021 10:03:02 AM

| | Portion Size | Carb (g) |
|--------------------------------|---------------|----------|
| Wed - 09/15/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| CHIX Drum Rotis SC 2.0 | 1 Each | 0.99 |
| QUINOA, Red & Rice 1BG | 1/2 Cup | 24.13 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| FISH, Sticks AP (C) WG2.0(4ea) | 4 Each | 18.0 |
| QUINOA, Red & Rice 1BG | 1/2 Cup | 24.13 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SUB AP, AM Veg WG 2.0 | Sandwich | 30.17 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: CARROTS, FMLGX Frz 1/2c | 1/2 Cup | 8.22 |
| VEG: CUCUMBER, Fresh Slice1/2c | 1/2 Cup | 2.61 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| COND PC Sauce, Tartar 12g | 1 Each | 2.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 59.48 |
| % of Calories | | 51.3% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 9

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|--------------------------------|-----------------|----------|
| Thu - 09/16/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| ENT: PASTA, Soba Blk Beans 1/1 | 6oz spdl | 49.92 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| QUES 6" CH BB 2.0 | 1 Each | 32.99 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| HUMMUS, AP ZZ Taco 1.5 | Each | 18.0 |
| BRD: CRACK SS, Crunch&Crv Org1 | Pkg (1 oz) | 19.0 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BEANS, Grn FMLGX Ssd 1/2c | 1/2 Cup | 5.23 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| FRUIT: BANANA (100-120ct) Whl | Each(100-120ct) | 24.11 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 84.25 |
| % of Calories | | 58.4% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|---------------|----------|
| Fri - 09/17/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| BRD: TORTILLA 6" Flour WG 2ea | 2 Each | 30.0 |
| HD: CHOICE OF PROTEIN | 1 each | *N/A* |
| CHIX Dcd Taco Meat Chipotle2.0 | #12 scp(2MMA) | 1.87 |
| FILLING: Lentils Chipotle 2.0 | 1/2 cup | 24.36 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| WRAP 9", CHam AM WG 2.0 | 1 Each | 32.52 |
| HD: DAILY SERVE | each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: SALAD, BlackBn Salsa 1/2c | 1/2 Cup | 32.85 |
| VEG: CORN, Cld Chili FMLGX1/2c | 1/2 Cup | 16.74 |
| FRUIT: APPLE, Slcd IW 2oz | 1 Each | 7.0 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 10

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 70.48 |
| % of Calories | | 54.7% |
| Nutrient Guideline | | |

| Mon - 09/20/2021 | | |
|--------------------------------|---------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| CHIX Tender, Frit G (3) WG 2.0 | 3 Each | 16.19 |
| COND_Greek DressingSC 1oz | 1 oz spoodle | 2.19 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SALAD, Veg Baja W 2.0 | 1 Each | 26.57 |
| BRD: BRDSTK DG, RipStk1ea(1BG) | Breadstick | 14.0 |
| HD: DAILY SERVE | each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: SALAD, Cucumber Tom 1/2c | 1/2 Cup | 4.93 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 53.92 |
| % of Calories | | 42.7% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 11

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|--------------------------------|-----------------|----------|
| Tue - 09/21/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| BURG, Beef AP Swiss WG 2.0 | 1 Each | 28.71 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, Egg Salad WG 2.0 | Sandwich | 29.77 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: POTATO, Tater TotsMC 1/2c | 1/2 Cup | 14.12 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: BANANA (100-120ct) Whl | Each(100-120ct) | 24.11 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 74.62 |
| % of Calories | | 54.5% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|----------------|----------|
| Wed - 09/22/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| VEG: SQUASH, Btrnt FMLGX 1/2c | 1/2 Cup | 12.85 |
| RICE, Chipotle WG 1BG | 1/2 Cup | 21.85 |
| BRD: BRDSTK DG, RipStk1ea(1BG) | Breadstick | 14.0 |
| HD: CHOICE OF PROTEIN | 1 each | *N/A* |
| BEEF Gd, Taco Shrd. Chs 2MMA | 1 Each | 2.18 |
| FILLING, Black Beans Fjta 2.0 | #8 scp (2 MMA) | 35.79 |
| COND_Salsa, AP 1/8c | 1/8 Cup | 2.04 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, Tky AM WG 2.0 | Sandwich | 27.22 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: SQUASH, Btrnt FMLGX 1/2c | 1/2 Cup | 12.85 |
| VEG: CELERY, Sticks AP 1/2c | 1/2 Cup | 1.93 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 12

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 86.95 |
| % of Calories | | 58.5% |
| Nutrient Guideline | | |

| Thu - 09/23/2021 | | |
|--------------------------------|-----------------|--------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| SDW BN, Lentil SloppyJoe 2.0 | Sandwich | 88.4 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| VEG: BEANS, GarbanzoSalad 3/4c | 6 oz spdl | 23.24 |
| BRD: CRACK SS, Crunch&Crv Org1 | Pkg (1 oz) | 19.0 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| VEG: SALAD, Bean Three 3/4 c | 3/4 cup | 24.19 |
| FRUIT: BANANA (100-120ct) Whl | Each(100-120ct) | 24.11 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 107.31 |
| % of Calories | | 73.7% |
| Nutrient Guideline | | |

| Fri - 09/24/2021 | | |
|--------------------------------|---------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| PIZZA AP, Crunchers 4ea | 4 Each | 41.0 |
| SAUCE P, Marin/Spag 1/4c | 1/4 Cup | 6.0 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| WRAP 9", ChixDcd Caes W | 1 Each | 32.63 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: SALAD, Side RomMix SC1c | CUP | 2.85 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| FRUIT: APPLE, Slcd IW 2oz | 1 Each | 7.0 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 13

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 65.31 |
| % of Calories | | 47.2% |
| Nutrient Guideline | | |

| Mon - 09/27/2021 | | |
|--------------------------------|---------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| HOT DOG, Plain WG 2.0 | 1 Each | 28.43 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, Egg Salad WG 2.0 | Sandwich | 29.77 |
| HD: DAILY SERVE | each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: BEANS, Pinto Campfire1/2c | 1/2 Cup | 34.23 |
| VEG: CELERY, Sticks AP 1/2c | 1/2 Cup | 1.93 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Ketchup 9g Heinz | 1 Each | 3.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 60.72 |
| % of Calories | | 51.2% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 14

Aug 30, 2021 thru Oct 1, 2021

K-8 Lunch

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|-------------------------------|-----------------|----------|
| Tue - 09/28/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| QUES 6" ChixDcd WG 2.0 | 1 Each | 32.0 |
| QUES 6" Bean WG 2.0 | 1 Each | 43.45 |
| HD: ADDITIONAL OPTION(S) | 1 each | 0.0 |
| COND_Salsa, AP 1/8c | 1/8 Cup | 2.04 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| SDW BD, CHam Turkey AM WG2.0 | Sandwich | 27.23 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: CORN, Confetti 1/2c | 1/2 Cup | 14.27 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| FRUIT: APPLE, 138ct Whole 1c | Each(138ct) | 16.52 |
| FRUIT: BANANA (100-120ct) Whl | Each(100-120ct) | 24.11 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 78.69 |
| % of Calories | | 55.1% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|---------------|----------|
| Wed - 09/29/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| CHIX Drum Jerk Chic Drum ES | 1 Each | 0.06 |
| BRD: BRDSTK DG, RipStk1ea(1BG) | Breadstick | 14.0 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| SUB AP, AM Veg WG 2.0 | Sandwich | 30.17 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: SALAD, Side RomMix SC1c | CUP | 2.85 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| FRUIT: PLUMS, Fresh Whole 1/2c | Each(45-50ct) | 7.39 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Mustard 6g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 15

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average | | 55.91 |
| % of Calories | | 51.0% |
| Nutrient Guideline | | |

| Thu - 09/30/2021 | | |
|--------------------------------|-----------------|-------|
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| SOUP, Veg Bean Chili SC 2.0 | 8oz spdl (2MMA) | 31.36 |
| VEG: POTATO, Mashed AP 1/2c | TBD | 22.18 |
| BRD: BRDSTK DG, RipStk1ea(1BG) | Breadstick | 14.0 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| MELT BD, AM BB 2.0 | Sandwich | 28.22 |
| HD: COLD ENTREE | 1 Each | 0.0 |
| YOGURT SS, Dannon Strwb/Van4oz | 1 Each | 14.0 |
| SNACK: GOBONZO IW LtSlt .75oz | Package | 12.0 |
| BRD: CRACK SS, Graham 3pk | Serving | 16.0 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: POTATO, Mashed AP 1/2c | TBD | 22.18 |
| VEG: BROCCOLI, Fresh 1/2c | 1/2 Cup | 2.12 |
| FRUIT: APPLE, Slcd IW 2oz | 1 Each | 7.0 |
| FRUIT: BLUEBERRIES, Fz 1/2c | 1/2 Cup | 8.5 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 72.05 |
| % of Calories | | 53.0% |
| Nutrient Guideline | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Aug 30, 2021 thru Oct 1, 2021

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 16

Generated on: 8/30/2021 10:03:03 AM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Fri - 10/01/2021 | | |
| K-8 Lunch | Total | |
| HD: HOME FEATURE | 1 Each | 0.0 |
| FISH, Sticks AP (C) WG2.0(4ea) | 4 Each | 18.0 |
| QUINOA, Red & Rice 1BG | 1/2 Cup | 24.13 |
| HD: SECOND ENTREE | 1 Each | 0.0 |
| PIZZA 4" Bulk Galaxy CHZ 2.0 | Pizza | 26.0 |
| HD: DAILY SERVE | 1 each | 0.0 |
| SDW BD, PBJ WG 2.0 | Sandwich | 65.46 |
| HD: OR | 1 Each | 0.0 |
| SDW BD, SBJ WG 2.0 | Sandwich | 65.46 |
| HD:VEGETABLES AND FRUITS | 1 each | 0.0 |
| VEG: CARROTS, Fresh Baby 1/2c | 1/2 Cup | 5.84 |
| VEG: CUCUMBER, Fresh Slice1/2c | 1/2 Cup | 2.61 |
| FRUIT: ORANGE 138ct Whole 1/2c | Each(138ct) | 11.73 |
| FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 28.0 |
| HD: CONDIMENT CHOICES | 1 Each | 0.0 |
| COND PC Drsg Ranch 12g | 1 Each | 1.0 |
| COND PC Sauce, Tartar 12g | 1 Each | 2.0 |
| HD: CHOICE OF MILK | 1 Each | 0.0 |
| MILK SS, 1% White 8oz | Carton | 12.0 |
| MILK SS, Skim 8oz | Carton | 12.0 |
| MILK SS, Skim Chocolate | Carton | 20.0 |
| Weighted Daily Average | | 69.43 |
| % of Calories | | 54.2% |
| Nutrient Guideline | | |

| | | |
|------------------|--|-------|
| Weighted Average | | 72.31 |
| | | 54.3% |

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 72.31 | 54.30% | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.