

ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Mon - 01/03/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Tender, Frit G (3) WG 2.0	3 Each	16.19
HD: COLD ENTREE	1 Each	0.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, GFishPrtz .75oz	Package	16.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, Tater TotsMC 1/2c	1/2 Cup	14.12
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		65.74
% of Calories		50.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 01/04/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: TORTILLA, Chip Rnds 2.0	2 Cups	28.69
COND_Sauce, Chz SS W (LOL) 1.0	3oz Spdl (1MMA)	4.5
HD: CHOICE OF PROTEIN	each	*N/A*
CHIX Dcd Taco Meat 1.0	#24 scp (1 MMA)	1.0
FILLING: BEANS, PntoCharro1MMA	#16 Scoop(1MMA)	12.46
HD: COLD ENTREE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, Black Bn Corn	3/4 Cup	41.42
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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	Portion Size	Carb (g)
Weighted Daily Average		69.11
% of Calories		47.9%
Nutrient Guideline		

Wed - 01/05/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum ThaiSunbutter ES	1 Each	6.11
PASTA, LoMein Noodles 1.0	4 oz spd1	34.29
HD: SECOND ENTREE	1 Each	0.0
SDW BD, Egg Salad WG 2.0	Sandwich	29.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BLEND, 1/2c	1/2 Cup	12.66
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
FRUIT: APPLE, Drd Crsps IW	Bag (0.34 OZ)	10.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		69.23
% of Calories		54.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 01/06/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SOUP, VegLentil ChanaMasala2.0	6ozSpd(2.25MMA)	27.95
RICE, Plain WG 1BG	1/2 Cup	21.18
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: COLD ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Italian Swt 1/2c	1/2 Cup	16.59
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: APPLESAUCE, AP Strawber	1 Each	14.03
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		88.39
% of Calories		62.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 01/07/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: COLD ENTREE	1 Each	0.0
SUB AP, C.Ham AM WG 2.0	Sandwich	28.77
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAISINS, SS Wtrmln1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		68.07
% of Calories		53.4%
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 01/10/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BURG, Beef AP WG 2.0	Each	28.21
HD: SECOND ENTREE	1 Each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO Swt, FF Seas 1/2c	1/2 Cup	22.0
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		73.52
% of Calories		55.0%
Nutrient Guideline		

Tue - 01/11/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
BEEF Gd, Taco Shrd. Chs 2MMA	1 Each	2.18
FILLING: Lentils 2 MMA	1/2 cup	24.51
COND_Sour Cream Lime	1 TBSP	2.3
HD: COLD ENTREE	1 Each	0.0
SUB, CHam Turkey AM WG2.0	Sandwich	26.74
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, BlackBn Salsa 1/2c	1/2 Cup	32.85
VEG: CORN, Italian Swt 1/2c	1/2 Cup	16.59
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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	Portion Size	Carb (g)
Weighted Daily Average		86.59
% of Calories		57.8%
Nutrient Guideline		

Wed - 01/12/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum BBQ SC 2.0	1 each	7.26
BRD: BISC AP, 2.0oz WG	1 Each	27.48
HD: COLD ENTREE	1 Each	0.0
WRAP 9", AM CH SW WG2.0 SUMMER	1 Each	32.12
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	5.1
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		69.27
% of Calories		50.9%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 01/13/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	21.88
SOUP, Black Bean Chili SC 2.0	8oz spdl (2MMA)	42.01
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: SECOND ENTREE	1 Each	0.0
QUES 6" CH BB 2.0	1 Each	32.99
HD: COLD ENTREE	1 Each	0.0
BEAN DIP, PC 1.25	1 Each	12.0
BRD: CRACK SS, Crunch&Crv Org1	Pkg (1 oz)	19.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	21.88
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		74.21
% of Calories		52.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 01/14/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BN, FishPty(C) PlnWG/WG2.0	Sandwich	42.06
HD: SECOND ENTREE	1 Each	0.0
PIZZA AP, Crunchers 4ea	4 Each	41.0
SAUCE P, Marin/Spag 1/4c	1/4 Cup	6.0
HD: COLD ENTREE	1 Each	0.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, GFishPrtz .75oz	Package	16.0
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, Coleslaw Slaw 1/2c	1/2 Cup	5.0
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Sauce, Tartar 12g	1 Each	2.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		76.50
% of Calories		52.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 01/18/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
PIZZABOLI IW, Cheese 2/2	1 Each	34.0
HD: COLD ENTREE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: SALAD, Bean Three 3/4 c	3/4 cup	24.17
FRUIT: CRAISINS, SS Wtrmln1.16	Box (1.16oz)	27.67
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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	Portion Size	Carb (g)
Weighted Daily Average		73.32
% of Calories		54.3%
Nutrient Guideline		

Wed - 01/19/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX MtblINAE GreekSauce 2.0	6 oz spdl (5ea)	18.17
QUINOA, Red & Rice 1BG	1/2 Cup	24.13
HD: SECOND ENTREE	1 Each	0.0
SALAD, Egg Chef CH W 2.0	1 Each	4.6
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Salad1/2c	1/2 Cup	3.45
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: APPLESAUCE, AP Strawber	1 Each	14.03
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		67.54
% of Calories		49.9%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 01/20/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA, Mac&Chz Buff Gldf1/1	6oz spdl	24.38
HD: COLD ENTREE	1 Each	0.0
VEG: BEANS, GarbanzoSalad 3/4c	6 oz spdl	23.35
BRD: CRACK SS, Crunch&Crv Org1	Pkg (1 oz)	19.0
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	5.1
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		63.23
% of Calories		53.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 01/21/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
RICE, Chipotle WG 1BG	1/2 Cup	21.85
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: CHOICE OF PROTEIN	1 each	*N/A*
FILLING: ChixDcd Enchilada 2.0	#20 Scp	4.49
FILLING, PintoBean Enchlda 2.0	1/2 Cup	29.69
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", CHam Turkey AM 2/2.25	Wrap	32.01
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Seas FMLGX Frz 1/2c	1/2 Cup	15.83
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		77.22
% of Calories		56.1%
Nutrient Guideline		

Mon - 01/24/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.06
HD: SECOND ENTREE	1 Each	0.0
BURG, Black Bean AP WG 2.0	1 Each	41.06
HD: COLD ENTREE	1 Each	0.0
SDW BD, CHIX Dcd Buff Salad2/2	Sandwich	28.65
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO Swt, FF Seas 1/2c	1/2 Cup	22.0
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		79.37
% of Calories		54.2%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Tue - 01/25/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
QUES 6" BfGd SS WG 2.0	1 Each	32.17
QUES 6" Bean WG 2.0	1 Each	43.45
COND Salsa & Sour Cream1oz	1 oz	2.0
HD: COLD ENTREE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, BlackBn Salsa 1/2c	1/2 Cup	32.85
VEG: CORN, Italian Swt 1/2c	1/2 Cup	16.59
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		83.51
% of Calories		55.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 01/26/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum Lmn Ppr ES	1 Each	0.43
QUINOA, Red & Rice 1BG	1/2 Cup	24.13
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BLEND, 1/2c	1/2 Cup	12.66
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: APPLESAUCE, AP Strawber	1 Each	14.03
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		67.12
% of Calories		53.3%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Thu - 01/27/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SOUP, Minestrone 1/1	8 oz.Serving	37.87
MELT BD, AM WG 1.0 Half	Half Sandwich	14.11
HD: SECOND ENTREE	1 Each	0.0
BURG, Lentil 2/2	1 Each	57.02
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, CH Stick 1ea 1.0	Stick	0.0
BRD: CRACK SS, Crunch&Crv Org1	Pkg (1 oz)	19.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		84.51
% of Calories		61.8%
Nutrient Guideline		

Mon - 01/31/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BURG, Beef AP WG 2.0	1 Each	28.21
HD: SECOND ENTREE	1 Each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO Swt, FF Seas 1/2c	1/2 Cup	22.0
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

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ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		76.57
% of Calories		54.9%
Nutrient Guideline		

Tue - 02/01/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
HD: CHOICE OF PROTEIN	each	*N/A*
CHIX Dcd Taco Meat 2.0	#12 scp (2 MMA)	2.0
FILLING: Lentils 2 MMA	1/2 cup	24.51
COND_Sour Cream Lime	1 TBSP	2.3
HD: COLD ENTREE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, BlackBn Salsa 1/2c	1/2 Cup	32.85
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		79.28
% of Calories		57.2%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Wed - 02/02/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BEEF Dipper NOI, Polynesian2.0	4 Each	20.74
PASTA, Soba Polynesian 1.0	6oz spoodles	31.89
HD: COLD ENTREE	1 Each	0.0
SALAD, Egg Chef CH W 2.0	1 Each	4.6
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, HawaiianSlaw 1/2c	1/2 Cup	9.25
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: CRAISINS, SS Wtrmln1.16	Box (1.16oz)	27.67
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		79.47
% of Calories		54.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 02/03/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SOUP, VegLentil ChanaMasala2.0	6ozSpd(2.25MMA)	27.95
RICE, Plain WG 1BG	1/2 Cup	21.18
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, CH Stick 1ea 1.0	Stick	0.0
BRD: CRACK SS, Crunch&Crv Org1	Pkg (1 oz)	19.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Italian Swt 1/2c	1/2 Cup	16.59
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: APPLESAUCE, AP Strawberry	1 Each	14.03
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		85.41
% of Calories		68.8%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Jan 2, 2022 thru Feb 4, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Fri - 02/04/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	Each	0.0
PIZZA AP Bulk Nardones CHZ 2.0	Pizza	28.0
HD: COLD ENTREE	1 Each	0.0
SUB AP, C.Ham AM WG 2.0	Sandwich	28.77
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frzn Ssnd1/2c	1/2 Cup	5.1
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		59.07
% of Calories		45.5%
Nutrient Guideline		

Weighted Average		74.62
		54.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	74.62	54.62%						

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