

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Mon - 05/02/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Popcorn, Buffalo WG 2.0	Serving	17.91
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: COLD ENTREE	1 Each	0.0
WRAP 9", AM CH SW WG 2.0 ES	1 Each	34.08
COND_Mayo, Chipotle Base	1 TBSP	1.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, Tater TotsMC 1/2c	1/2 Cup	14.12
VEG: BROCCOLI, Fresh Ckd 1/2c	1/2 Cup	3.05
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		74.11
% of Calories		50.7%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 05/03/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: TORTILLA, Chip Rnds 2.0	2 Cups	28.69
COND_Sauce, Chz SS W (LOL) 1.0	3oz Spdl (1MMA)	4.5
HD: CHOICE OF PROTEIN	each	0.0
BEEF Gd, Taco Meat 1.0	#24 scp (1 MMA)	1.19
FILLING: BEANS, PntoCharro1MMA	#16 Scoop(1MMA)	12.46
HD: COLD ENTREE	1 Each	0.0
SDW BD, CHam Turkey AM WG2.0	Sandwich	27.23
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, Black Bn Corn	3/4 Cup	41.42
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Weighted Daily Average		79.39
% of Calories		51.8%
Nutrient Guideline		

Wed - 05/04/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
Tky Crmbl Gen Tso 2.0	#8 scoop	13.87
PASTA, LoMein Noodles 1.0	6 oz spdl	34.29
HD: COLD ENTREE	1 Each	0.0
SALAD, Egg Chef CH W 2.0	1 Each	4.6
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Grn TeriyakFrz1/2c	1/2 Cup	9.9
VEG: BEANS, EDAMAME COLD 1/2C	1/2 Cup	6.47
FRUIT: PEARS 135 ct	1 Each	22.54
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		83.87
% of Calories		55.4%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Thu - 05/05/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
FIL: BEANS, Black Kickin' 1/2c	1/2 Cup	35.89
QUINOA, Red & Rice 1BG	1/2 Cup	24.03
HD: ADDITIONAL OPTION(S)	1 each	0.0
CHEESE, CH Shreds 0.5	1oz Spoodle	0.5
COND_Sour Cream AP	1 TBSP	1.0
HD: SECOND ENTREE	1 Each	0.0
QUES 6" CH BB 2.0	1 Each	32.99
HD: COLD ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Crunch&Crv Org1	Pkg (1 oz)	19.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO Swt, Dcd Rstd 1/2c	1/2 Cup	21.88
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		78.70
% of Calories		52.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/06/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: COLD ENTREE	1 Each	0.0
SDW BD, ChixDcd Salad WG2.0	Sandwich	28.76
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Weighted Daily Average		71.70
% of Calories		55.4%
Nutrient Guideline		

Mon - 05/09/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.06
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM GarbnzoSalad 2.25/2	1 Each	50.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	15.48
VEG: Salad, GrnSlaw Citrus1/2c	1/2 Cup	5.58
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		77.65
% of Calories		52.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Tue - 05/10/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
HD: CHOICE OF PROTEIN	1 each	0.0
BEEF Gd, Taco Shrd. Chs 2MMA	1 Each	2.18
FILLING: Lentils 2 MMA	1/2 cup	24.51
COND_Sour Cream Cilantro 1oz	1 oz.	1.76
HD: COLD ENTREE	1 Each	0.0
SALAD, ChixDcd RomKaleCaes 2.0	1 Each	3.41
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Black Charro 1/2c	1/2 Cup	35.15
VEG: CORN, Confetti 1/2c	1/2 Cup	14.48
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		85.98
% of Calories		56.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 05/11/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum Asian ES	1 Each	7.46
RICE, Asn Veg Rice WG 1BG	1/2 cup	29.39
HD: COLD ENTREE	1 Each	0.0
SALAD, SpinRomEgg 2.0	1 Each	5.39
COND_Dressing, Italian Vinaigr	1 oz	0.83
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER Kimchi 1/2c	1/2 Cup	4.88
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Weighted Daily Average		70.34
% of Calories		54.9%
Nutrient Guideline		

Thu - 05/12/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: PASTA, PenneVegBlnd 2/2	2, 6oz spoodle	52.58
HD: SECOND ENTREE	1 Each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
HD: SALAD FEATURE	1 Each	0.0
SALAD, VegNachoPintoD 2.25/2BG	1 Each	54.01
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Frsh LmnPpr1/2c	1/2 Cup	5.52
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		70.37
% of Calories		48.0%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Fri - 05/13/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	Each	0.0
PIZZA AP NarFrchBrd Primavera	Pizza	32.23
HD: COLD ENTREE	1 Each	0.0
SUB AP, Tky AM WG 2.0 Fresh Wk	Sandwich	29.44
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: KALE, Frsh Creamy 1c	8oz spdl	6.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		74.78
% of Calories		49.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 05/16/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
HOT DOG, Plain WG 2.0	1 Each	28.43
HD: SECOND ENTREE	1 Each	0.0
SDW BD, Egg Salad WG 2.0	Sandwich	29.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, Tater TotsMC 1/2c	1/2 Cup	14.12
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		71.54
% of Calories		54.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

May 2, 2022 thru May 27, 2022

Base Menu Spreadsheet

K-8 Lunch

Portion Values - Detailed

Page 8

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Tue - 05/17/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
RICE, Chipotle WG 1BG	1/2 Cup	21.85
HD: CHOICE OF PROTEIN	1 each	0.0
FILLING: TKYCrmb Enchilada 2.0	#8 Scp	3.71
FILLING, Black Beans Fjta 2.0	#8 scp (2 MMA)	35.3
HD: ADDITIONAL OPTION(S)	1 each	0.0
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: COLD ENTREE	1 Each	0.0
SALAD, Egg Chef CH W 2.0	1 Each	4.6
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: PEPPER GRN & ON Rst 1/2c	1/2 Cup	8.4
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		71.23
% of Calories		57.3%
Nutrient Guideline		

Wed - 05/18/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BN, BfSlcd 2/2	Sandwich	30.33
COND_Greek DressingSC 1oz	1 oz spoodle	2.19
HD: COLD ENTREE	1 Each	0.0
WRAP 9", AM CH SW WG 2.0 ES	1 Each	34.08
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
VEG: SALAD, Bean Three 3/4 c	3/4 cup	24.17
FRUIT: PEARS 135 ct	1 Each	22.54
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 9

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Weighted Daily Average		85.99
% of Calories		52.7%
Nutrient Guideline		

Thu - 05/19/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: PASTA, ChiliMac Veg1/1	Serving	42.58
HD: SECOND ENTREE	1 Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: COLD ENTREE	1 Each	0.0
KIT: PintoDip CH TortChp 2/2	1 Each	49.15
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, Grn FMLGX Ssd 1/2c	1/2 Cup	5.23
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		69.76
% of Calories		56.3%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 10

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Fri - 05/20/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	Each	0.0
STICKS, BOSCO CheeseAP 2.0 2ea	2 Each	34.0
SAUCE P, Marin/Spag 1/4c	1/4 Cup	6.0
HD: COLD ENTREE	1 Each	0.0
SUB AP, Tky CH ChptlMayo 2.0	Sandwich	26.31
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, Side RomMix SC1c	1 CUP	2.85
VEG: POTATO Swt, FF Seas 1/2c	1/2 Cup	22.0
FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	28.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		82.07
% of Calories		55.4%
Nutrient Guideline		

Mon - 05/23/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
BURG, Beef AM AP WG 2.25	1 Each	28.71
BURG, Beef AP WG 2.0	1 Each	28.21
BURG, Black Bean AP WG 2.0	1 Each	41.06
HD: COLD ENTREE	1 Each	0.0
SDW BD, ChixDcd Salad WG2.0	Sandwich	28.76
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Seas FMLGX Frz 1/2c	1/2 Cup	15.83
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 11

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:35 AM

	Portion Size	Carb (g)
Weighted Daily Average		73.05
% of Calories		56.9%
Nutrient Guideline		

Tue - 05/24/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
QUES 6" BfGd SS WG 2.0	Each	32.17
QUES 6" Bean WG 2.0	1 Each	43.45
COND_Salsa, AP 1/8c	1/8 Cup	2.04
HD: COLD ENTREE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SALAD, BlackBn Salsa 1/2c	1/2 Cup	32.85
VEG: BROCCOLI, Frz Ckd 1/2c	1/2 Cup	5.12
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mustard 6g	1 Each	1.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		75.45
% of Calories		51.9%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 12

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:36 AM

	Portion Size	Carb (g)
Wed - 05/25/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum Smthrd ES	1 Each	3.34
BRD: BISC AP, 2.0oz WG	1 Each	27.48
HD: SECOND ENTREE	1 Each	0.0
SALAD, SpinRomGarbanzo 2.0	1 Each	19.56
COND_Dressing, Italian Vinaigr	1 oz	0.83
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	15.48
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: CRAISINS, SS RspLmn1.16	Box (1.16oz)	27.67
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		71.34
% of Calories		54.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 05/26/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
FILLING: Lentils 2 MMA	1/2 cup	24.51
BRD: TORTILLA, Chip Rnds 1.0	1 Cup	16.45
RICE, Chipotle WG 1BG	1/2 Cup	21.85
HD: SECOND ENTREE	1 Each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
HD: COLD ENTREE	1 Each	0.0
KIT: Ygt MZ Apple Slices CUC	1 Each	67.7
HD: DAILY SERVE	1 each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CORN, Elotes 1/2c	1/2 Cup	16.74
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 13

May 2, 2022 thru May 27, 2022

K-8 Lunch

Generated on: 4/20/2022 10:29:36 AM

	Portion Size	Carb (g)
Weighted Daily Average		81.66
% of Calories		59.3%
Nutrient Guideline		

Fri - 05/27/2022		
K-8 Lunch	Total	
HD: HOME FEATURE	1 Each	0.0
FISH, Sticks AP (C) WG2.0(4ea)	4 Each	18.0
BRD: TORTILLA 6" Flour WG 2ea	2 Each	30.0
COND Sour Cream Cajun 1oz	1 Each	1.91
HD: SECOND ENTREE	1 Each	0.0
PIZZA 4" Bulk Galaxy CHZ 2.0	Pizza	26.0
HD: DAILY SERVE	each	0.0
SDW BD, PBJ WG 2.0	Sandwich	65.46
HD: OR	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BEANS, EDAMAME COLD 1/2C	1/2 Cup	6.47
VEG: Salad, Slaw Citrus 1/2c	1/2 Cup	5.58
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Sauce, Tartar 12g	1 Each	2.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
Weighted Daily Average		69.87
% of Calories		51.4%
Nutrient Guideline		

Weighted Average		75.94
		53.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	75.94	53.77%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.