

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:32 PM

	Portion Size	Carb (g)
Mon - 06/13/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		71.07
% of Calories		72.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 06/14/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		54.77
% of Calories		75.5%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 06/15/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.96
% of Calories		63.4%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:32 PM

	Portion Size	Carb (g)
Thu - 06/16/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.77
% of Calories		69.2%
Nutrient Guideline		

Fri - 06/17/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, NutriGr Strwb1.5WGIW	1 Each	30.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.12
% of Calories		75.1%
Nutrient Guideline		

Mon - 06/20/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: FRUITS	1 EACH	0.0
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.24
% of Calories		69.4%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Tue - 06/21/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.97
% of Calories		75.8%
Nutrient Guideline		

Wed - 06/22/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.77
% of Calories		63.6%
Nutrient Guideline		

Thu - 06/23/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.97
% of Calories		65.7%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Fri - 06/24/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, Benefit Mini MplBrwn	1 Each	24.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.12
% of Calories		72.3%
Nutrient Guideline		

Mon - 06/27/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		71.07
% of Calories		72.0%
Nutrient Guideline		

Tue - 06/28/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		54.77
% of Calories		75.5%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Wed - 06/29/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.96
% of Calories		63.4%
Nutrient Guideline		

Thu - 06/30/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.77
% of Calories		69.2%
Nutrient Guideline		

Fri - 07/01/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, NutriGr Strwb1.5WGIW	1 Each	30.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.12
% of Calories		75.1%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Tue - 07/05/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.97
% of Calories		75.8%
Nutrient Guideline		

Wed - 07/06/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.77
% of Calories		63.6%
Nutrient Guideline		

Thu - 07/07/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.97
% of Calories		65.7%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Fri - 07/08/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, Benefit Mini MplBrwn	1 Each	24.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.12
% of Calories		72.3%
Nutrient Guideline		

Mon - 07/11/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		71.07
% of Calories		72.0%
Nutrient Guideline		

Tue - 07/12/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		54.77
% of Calories		75.5%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Wed - 07/13/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.96
% of Calories		63.4%
Nutrient Guideline		

Thu - 07/14/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.77
% of Calories		69.2%
Nutrient Guideline		

Fri - 07/15/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, NutriGr Strwb1.5WGIW	1 Each	30.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.12
% of Calories		75.1%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 9

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Mon - 07/18/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: FRUITS	1 EACH	0.0
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.24
% of Calories		69.4%
Nutrient Guideline		

Tue - 07/19/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.97
% of Calories		75.8%
Nutrient Guideline		

Wed - 07/20/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.77
% of Calories		63.6%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 10

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Thu - 07/21/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.97
% of Calories		65.7%
Nutrient Guideline		

Fri - 07/22/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, Benefit Mini MplBrwn	1 Each	24.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.12
% of Calories		72.3%
Nutrient Guideline		

Mon - 07/25/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		71.07
% of Calories		72.0%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 11

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Tue - 07/26/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		54.77
% of Calories		75.5%
Nutrient Guideline		

Wed - 07/27/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.96
% of Calories		63.4%
Nutrient Guideline		

Thu - 07/28/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.77
% of Calories		69.2%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 12

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Fri - 07/29/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, NutriGr Strwb1.5WGIW	1 Each	30.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.12
% of Calories		75.1%
Nutrient Guideline		

Mon - 08/01/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: FR TST AP, Berry WG IW	Pouch	37.0
HD: FRUITS	1 EACH	0.0
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.24
% of Calories		69.4%
Nutrient Guideline		

Tue - 08/02/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.97
% of Calories		75.8%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 13

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Wed - 08/03/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.77
% of Calories		63.6%
Nutrient Guideline		

Thu - 08/04/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.97
% of Calories		65.7%
Nutrient Guideline		

Fri - 08/05/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, Benefit Mini MplBrwn	1 Each	24.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.12
% of Calories		72.3%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 14

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Mon - 08/08/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
HD: FRUITS	1 EACH	0.0
FRUIT: CRAN, Dried SS 1.16	Box (1.16oz)	28.0
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		71.07
% of Calories		72.0%
Nutrient Guideline		

Tue - 08/09/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
HD: FRUITS	1 EACH	0.0
FRUIT: APPLESAUCE, Unswt AP1/2c	1/2 Cup	14.31
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		54.77
% of Calories		75.5%
Nutrient Guideline		

Wed - 08/10/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
HD: FRUITS	1 EACH	0.0
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		49.96
% of Calories		63.4%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 15

Jun 13, 2022 thru Aug 12, 2022

SUMMER BREAKFAST (Inside)

Generated on: 6/14/2022 6:31:33 PM

	Portion Size	Carb (g)
Thu - 08/11/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
CEREAL BWL, ASSORT WG	Bowl	22.67
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
HD: FRUITS	1 EACH	0.0
JUICE SS, Orange 100% 4oz Cart	1 Each	15.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.77
% of Calories		69.2%
Nutrient Guideline		

Fri - 08/12/2022		
SUMMER BREAKFAST (Insi	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: BAR, NutriGr Strwb1.5WGIW	1 Each	30.0
HD: FRUITS	1 EACH	0.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEARS 135 ct	1 Each	22.54
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.12
% of Calories		75.1%
Nutrient Guideline		

Weighted Average		56.94
		70.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	56.94	70.37%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.