

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Mon - 06/13/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		72.38
% of Calories		42.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 06/14/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
KIT: Fltbrd CH MZShrd Salam Mr	1 Each	17.66
HD: SECOND ENTREE	1 Each	0.0
KIT: Fltbrd CH MZ Shreds Mar	1 Each	17.16
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		47.05
% of Calories		40.5%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Wed - 06/15/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", Tky AM WG 2.0	1 Each	30.5
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", AM GarbnzoSalad2.25/2	1 Each	53.63
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		84.22
% of Calories		49.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 06/16/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		58.59
% of Calories		57.2%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Fri - 06/17/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham TkySal TkyPas CH	Sandwich	27.08
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		51.84
% of Calories		39.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 06/20/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		71.06
% of Calories		42.1%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Tue - 06/21/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA Salad, FRZ Veg 2/1	Serving	46.57
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		76.14
% of Calories		43.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 06/22/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham AM WG 2.0	Sandwich	28.77
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		73.81
% of Calories		46.8%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Thu - 06/23/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", SunButterHum Veg	1 Each	54.51
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		73.11
% of Calories		47.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 06/24/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Pastrami SW WG 2.0	Sandwich	27.72
HD: SECOND ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		53.58
% of Calories		43.1%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Mon - 06/27/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		72.38
% of Calories		42.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 06/28/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
KIT: Fltbrd CH MZShrd Salam Mr	1 Each	17.66
HD: SECOND ENTREE	1 Each	0.0
KIT: Fltbrd CH MZ Shreds Mar	1 Each	17.16
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		47.05
% of Calories		40.5%
Nutrient Guideline		

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Portion Values - Detailed

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Wed - 06/29/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", Tky AM WG 2.0	1 Each	30.5
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", AM GarbnzoSalad2.25/2	1 Each	53.63
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		84.22
% of Calories		49.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 06/30/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		58.59
% of Calories		57.2%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Fri - 07/01/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham TkySal TkyPas CH	Sandwich	27.08
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		51.84
% of Calories		39.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 07/05/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA Salad, FRZ Veg 2/1	Serving	46.57
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		76.14
% of Calories		43.8%
Nutrient Guideline		

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SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Wed - 07/06/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham AM WG 2.0	Sandwich	28.77
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		73.81
% of Calories		46.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 07/07/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", SunButterHum Veg	1 Each	54.51
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		73.11
% of Calories		47.2%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Fri - 07/08/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Pastrami SW WG 2.0	Sandwich	27.72
HD: SECOND ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		53.58
% of Calories		43.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 07/11/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		72.38
% of Calories		42.3%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

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SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Tue - 07/12/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
KIT: Fltbrd CH MZShrd Salam Mr	1 Each	17.66
HD: SECOND ENTREE	1 Each	0.0
KIT: Fltbrd CH MZ Shreds Mar	1 Each	17.16
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		47.05
% of Calories		40.5%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 07/13/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", Tky AM WG 2.0	1 Each	30.5
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", AM GarbnzoSalad2.25/2	1 Each	53.63
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		84.22
% of Calories		49.9%
Nutrient Guideline		

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Base Menu Spreadsheet

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Thu - 07/14/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsrg Ranch 12g	1 Each	1.0
Weighted Daily Average		58.59
% of Calories		57.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 07/15/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham TkySal TkyPas CH	Sandwich	27.08
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsrg Ranch 12g	1 Each	1.0
Weighted Daily Average		51.84
% of Calories		39.1%
Nutrient Guideline		

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:05 PM

	Portion Size	Carb (g)
Mon - 07/18/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		71.06
% of Calories		42.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 07/19/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA Salad, FRZ Veg 2/1	Serving	46.57
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		76.14
% of Calories		43.8%
Nutrient Guideline		

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SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:06 PM

	Portion Size	Carb (g)
Wed - 07/20/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham AM WG 2.0	Sandwich	28.77
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		73.81
% of Calories		46.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 07/21/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", SunButterHum Veg	1 Each	54.51
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		73.11
% of Calories		47.2%
Nutrient Guideline		

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SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Fri - 07/22/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Pastrami SW WG 2.0	Sandwich	27.72
HD: SECOND ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		53.58
% of Calories		43.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 07/25/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		72.38
% of Calories		42.3%
Nutrient Guideline		

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Base Menu Spreadsheet

Portion Values - Detailed

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SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:06 PM

	Portion Size	Carb (g)
Tue - 07/26/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
KIT: Fltbrd CH MZShrd Salam Mr	1 Each	17.66
HD: SECOND ENTREE	1 Each	0.0
KIT: Fltbrd CH MZ Shreds Mar	1 Each	17.16
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		47.05
% of Calories		40.5%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 07/27/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", Tky AM WG 2.0	1 Each	30.5
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", AM GarbnzoSalad2.25/2	1 Each	53.63
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		84.22
% of Calories		49.9%
Nutrient Guideline		

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Base Menu Spreadsheet

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:06 PM

	Portion Size	Carb (g)
Thu - 07/28/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsrg Ranch 12g	1 Each	1.0
Weighted Daily Average		58.59
% of Calories		57.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 07/29/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham TkySal TkyPas CH	Sandwich	27.08
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsrg Ranch 12g	1 Each	1.0
Weighted Daily Average		51.84
% of Calories		39.1%
Nutrient Guideline		

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Base Menu Spreadsheet

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:06 PM

	Portion Size	Carb (g)
Mon - 08/01/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Tky AM WG 2.0	Sandwich	27.22
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		71.06
% of Calories		42.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 08/02/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA Salad, FRZ Veg 2/1	Serving	46.57
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		76.14
% of Calories		43.8%
Nutrient Guideline		

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SUMMER LUNCH (inside)

Generated on: 6/14/2022 6:31:06 PM

	Portion Size	Carb (g)
Wed - 08/03/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham AM WG 2.0	Sandwich	28.77
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		73.81
% of Calories		46.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 08/04/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", SunButterHum Veg	1 Each	54.51
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		73.11
% of Calories		47.2%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Fri - 08/05/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, Pastrami SW WG 2.0	Sandwich	27.72
HD: SECOND ENTREE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		53.58
% of Calories		43.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 08/08/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BD, C.Ham AM WG 2.0	Sandwich	29.26
HD: SECOND ENTREE	1 Each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: APPLE, 138ct 1/8wg 1/2c	4 Wedges	8.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		72.38
% of Calories		42.3%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Tue - 08/09/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
KIT: Fltbrd CH MZShrd Salam Mr	1 Each	17.66
HD: SECOND ENTREE	1 Each	0.0
KIT: Fltbrd CH MZ Shreds Mar	1 Each	17.16
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		47.05
% of Calories		40.5%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 08/10/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
WRAP 9", Tky AM WG 2.0	1 Each	30.5
HD: SECOND ENTREE	1 Each	0.0
WRAP 9", AM GarbnzoSalad2.25/2	1 Each	53.63
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: Salad, ChppdRomCart 1/2c	4oz spdl	1.14
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
Weighted Daily Average		84.22
% of Calories		49.9%
Nutrient Guideline		

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Base Menu Spreadsheet

Portion Values - Detailed

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Jun 13, 2022 thru Aug 12, 2022

SUMMER LUNCH (inside)

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	Portion Size	Carb (g)
Thu - 08/11/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
YOGURT SS, Dannon Strwb/Van4oz	1 Each	14.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK SS, Graham 3pk	Serving	16.0
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: SQUASH, Zucc Frsh Stk1/2c	1/2 Cup	2.08
FRUIT: ORANGE 138ct 1/8wg 1/4c	4 Wedges	5.86
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsrg Ranch 12g	1 Each	1.0
Weighted Daily Average		58.59
% of Calories		57.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 08/12/2022		
SUMMER LUNCH (inside)	Total	
HD: HOME FEATURE	1 Each	0.0
SUB AP, C.Ham TkySal TkyPas CH	Sandwich	27.08
HD: SECOND ENTREE	1 Each	0.0
SUB AP, AM CH SW WG 2.0 NoVeg	1 Each	27.24
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: CANTALOUPE, 1/8Wgd 1/2C	1/2 Cup	2.9
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsrg Ranch 12g	1 Each	1.0
Weighted Daily Average		51.84
% of Calories		39.1%
Nutrient Guideline		

Weighted Average		65.69
		45.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	65.69	45.11%						

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