

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:52 AM

	Portion Size	Carb (g)
Mon - 05/03/2021		
SFSP BREAKFAST (in scho	Total	
BRD: WAFFLE, AP WG Bluebry IW	Pouch	37.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
PIZZA AP, Crunchers 4ea	4 Each	41.0
SAUCE P, Marin/Spag 1/4c	1/4 Cup	6.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		59.75
% of Calories		53.5%
Nutrient Guideline		

Tue - 05/04/2021		
SFSP BREAKFAST (in scho	Total	
CEREAL BWL, Chex Corn 1.0	Bowlpack	24.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
BURG, Beef AP WG 2.0	Each	28.21
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: MEATLESS OPT -upon request	1 each	0.0
BURG, Black Bean AP WG 2.0	1 Each	41.06
Weighted Daily Average		45.63
% of Calories		66.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:53 AM

	Portion Size	Carb (g)
<u>Wed - 05/05/2021</u>		
SFSP BREAKFAST (in scho	Total	
BRD: BREAD SI, Banana1.45oz	Slice (1.45oz)	19.56
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
FRUIT: KIWI, 98-108ct 1/2c QRT	4 Quarters	13.3
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
BEEF Gd, Taco Shrd. Chs 2MMA	1 Each	2.18
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
VEG: CORN, Cld Chili FMLGX1/4c	1/4 Cup	8.37
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
FILLING: Pinto CH 2MMA	1 Each	19.72
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
HD: ALTERNATE ENTREE	1 each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
Weighted Daily Average		40.67
% of Calories		48.8%
Nutrient Guideline		

	Portion Size	Carb (g)
<u>Thu - 05/06/2021</u>		
SFSP BREAKFAST (in scho	Total	
BRD: FR TST AP, Cinn WG IW	Pouch	37.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
PIZZA AP TPep 4in Galaxy 2.0	Pizza	31.0
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
PIZZA AP Chz 4in Galaxy 2.0	Pizza	31.0
Weighted Daily Average		58.97
% of Calories		62.0%
Nutrient Guideline		

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May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:53 AM

	Portion Size	Carb (g)
Fri - 05/07/2021		
SFSP BREAKFAST (in scho	Total	
SDW BISC, Hny Bf Sausage Pty	Sandwich	33.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
HD: ALTERNATE ENTREE	1 each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
SFSP LUNCH (in school)	Total	
SUB AP, C. Mtbl BBQ 2/2	1 Each	60.3
VEG: POTATO, Tater TotsMC 1/2c	1/2 Cup	14.12
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: MEATLESS OPT -upon request	1 each	0.0
QUES AP, MAX SNAXChiliChsWrap2	1 Each	35.0
Weighted Daily Average		80.38
% of Calories		59.5%
Nutrient Guideline		

Mon - 05/10/2021		
SFSP BREAKFAST (in scho	Total	
BRD: PANCAKES, AP WG MplBrst	Pouch	38.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
SDW BN, BlackBn SloppyJoe2.0	Sandwich	86.3
VEG: SALAD, Mixed 1/2c FAW	1/2 CUP	2.87
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: ALTERNATE ENTREE	1 each	0.0
BURG, Black Bean AP WG 2.0	1 Each	41.06
COND PC Ketchup 9g Heinz	1 Each	3.0
Weighted Daily Average		81.03
% of Calories		69.8%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 05/11/2021		
SFSP BREAKFAST (in scho	Total	
BRD: FR TST AP, Berry WG IW	Pouch	37.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)		
SUB AP, Beef Dipper NOI 2/2	1 Each	31.24
VEG: SALAD, Rainbow FAW 1/4c	1/4 cup	3.73
FRUIT: KIWI, 98-108ct 1/2c QRT	4 Quarters	13.3
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: MEATLESS OPT -upon request	1 each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
Weighted Daily Average		57.34
% of Calories		59.8%
Nutrient Guideline		

Wed - 05/12/2021		
SFSP BREAKFAST (in scho	Total	
BRD: MUF AP, Blueb WG (1BG)	Muffin	27.59
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
FRUIT: KIWI, 98-108ct 1/2c QRT	4 Quarters	13.3
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)		
SDW BN, ChixPty Pln WG/WG 2.0	Total	43.06
VEG: SALAD, Slaw Cajun FAW1/4c	Sandwich	43.06
FRUIT: APPLE, Slcd IW 2oz	1/4 Cup	2.75
MILK SS, Skim Chocolate	1 Each	7.0
MILK SS, 1% White 8oz	Carton	20.0
HD: AND / OR	Carton	12.0
MILK SS, Skim 8oz	1 EACH	0.0
COND PC Ketchup 9g Heinz	Carton	12.0
HD: MEATLESS OPT -upon request	1 Each	3.0
QUES AP, MAX SNAXChiliChsWrap2	1 each	0.0
	1 Each	35.0
Weighted Daily Average		56.17
% of Calories		49.4%
Nutrient Guideline		

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Portion Values - Detailed

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May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:53 AM

	Portion Size	Carb (g)
Thu - 05/13/2021		
SFSP BREAKFAST (in scho	Total	
CEREAL BWL, Rice Krispies WG	Bowl	23.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)		
PIZZA AP Chz 4in Galaxy 2.0	Pizza	31.0
VEG: SALAD, Mixed 1/2c FAW	1/2 CUP	2.87
COND_Dressing, Lemon Pepper W	1 oz spoodle	1.71
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		46.77
% of Calories		58.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 05/14/2021		
SFSP BREAKFAST (in scho	Total	
MELT HWN ROLL, EggPty AM 1.25	Sandwich	19.5
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
HD: ALTERNATE ENTREE	1 each	0.0
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
SFSP LUNCH (in school)		
SOUP: ChixMB Spag 2/0.5BG	Total Serving	21.39
BRD: ROLL DG, WG 2.5oz	1 Each	28.0
VEG: SALAD, Kale 1/2c FAW	1/2 CUP	3.23
FRUIT: KIWI, 98-108ct 1/2c QRT	4 Quarters	13.3
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
BURG, Black Bean AP WG 2.0	1 Each	41.06
COND PC Ketchup 9g Heinz	1 Each	3.0
Weighted Daily Average		57.76
% of Calories		51.5%
Nutrient Guideline		

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Portion Values - Detailed

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May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:53 AM

	Portion Size	Carb (g)
Mon - 05/17/2021		
SFSP BREAKFAST (in scho	Total	
BRD: WAFFLE, AP WG Maple Md IW	Pouch	38.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)		
ENT: PASTA, Mac&Chz AP 2/1	6oz spoodle	29.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: ALTERNATE ENTREE	1 each	0.0
QUES AP. MAX SNAXChiliChsWrap2	1 Each	35.0
Weighted Daily Average		57.47
% of Calories		59.7%
Nutrient Guideline		

Tue - 05/18/2021		
SFSP BREAKFAST (in scho	Total	
MELT MUFF, EggPty AM 1.25 WG	Sandwich	25.5
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)		
BURG, Beef AP WG 2.0	Each	28.21
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: MEATLESS OPT -upon request	1 each	0.0
BURG, Black Bean AP WG 2.0	1 Each	41.06
Weighted Daily Average		48.16
% of Calories		55.6%
Nutrient Guideline		

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Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

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	Portion Size	Carb (g)
Wed - 05/19/2021		
SFSP BREAKFAST (in scho	Total	
BRD: MUF AP, Ban WG (1BG)	Muffin	27.79
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
CHIX Tender, Frit G (3) WG 2.0	3 Each	18.26
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: MEATLESS OPT -upon request	1 each	0.0
SDW BD, SBJ WG 2.0	Sandwich	65.46
Weighted Daily Average		45.84
% of Calories		48.4%
Nutrient Guideline		

Thu - 05/20/2021		
SFSP BREAKFAST (in scho	Total	
BRD: FR TST AP, Berry WG IW	Pouch	37.0
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
PIZZA AP Chz 4in Galaxy 2.0	Pizza	31.0
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: HONEYDEW, Melon 1/2c	1/2 Cup	7.8
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		56.03
% of Calories		61.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 05/21/2021		
SFSP BREAKFAST (in scho	Total	
SDW BISC, Hny Bf Sausage Pty	Sandwich	33.0
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
HD: ALTERNATE ENTREE	1 each	0.0
BRD: PANCAKES, AP WG StrwIW	Pouch	40.0
SFSP LUNCH (in school)	Total	
BEEF Gd, Taco Shrd. Chs 2MMA	1 Each	2.18
RICE, Plain WG 1BG	1/2 Cup	21.18
VEG: CORN, FMLGX Frz 1/2c	1/2 Cup	15.8
FRUIT: STRAWBERRIES, Fz 1/2c	1/2 Cup	20.57
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
FILLING: Pinto CH 2MMA	1 Each	19.72
RICE, Plain WG 1BG	1/2 Cup	21.18
HD: ALTERNATE ENTREE	1 each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		61.44
% of Calories		57.7%
Nutrient Guideline		

Mon - 05/24/2021		
SFSP BREAKFAST (in scho	Total	
BRD: BAGEL IW Honey Wheat 3BG	1 Each	33.0
COND PC Cream Cheese Light.75o	1 Each	2.0
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
SDW BN, BlackBn SloppyJoe2.0	Sandwich	86.3
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
HD: ALTERNATE ENTREE	1 each	0.0
BURG, Black Bean AP WG 2.0	1 Each	41.06

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 9

May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:54 AM

	Portion Size	Carb (g)
Weighted Daily Average		79.68
% of Calories		69.4%
Nutrient Guideline		

Tue - 05/25/2021		
SFSP BREAKFAST (in scho	Total	
BRD: PANCAKES, AP WG MplBrst	Pouch	38.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
SUB AP, C. Mtbl Spgtti 2/2	1 Each	35.3
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
QUES AP, MAX SNAXChiliChsWrap2	1 Each	35.0
Weighted Daily Average		62.41
% of Calories		62.3%
Nutrient Guideline		

Wed - 05/26/2021		
SFSP BREAKFAST (in scho	Total	
BRD: MUF AP, ApCin WG (1BG)	Muffin	27.85
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	43.06
VEG: POTATO, FF Crnkle Ct 1/2c	1/2 Cup	15.48
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
COND PC Ketchup 9g Heinz	1 Each	3.0
HD: MEATLESS OPT -upon request	1 each	0.0
MELT BD, AM BB 2.0	Sandwich	28.22
Weighted Daily Average		68.04
% of Calories		53.2%
Nutrient Guideline		

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

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May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

Generated on: 4/27/2021 11:11:54 AM

	Portion Size	Carb (g)
Thu - 05/27/2021		
SFSP BREAKFAST (in scho	Total	
CEREAL BWL, Rice Chex WG	Bowl	24.0
FRUIT: BLUEBERRIES, Fz 1/2c	1/2 Cup	8.5
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
SFSP LUNCH (in school)	Total	
PIZZA AP TPepp 4in Galaxy 2.0	Pizza	31.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
PIZZA AP Chz 4in Galaxy 2.0	Pizza	31.0
Weighted Daily Average		45.63
% of Calories		62.0%
Nutrient Guideline		

Fri - 05/28/2021		
SFSP BREAKFAST (in scho	Total	
SDW HWN ROLL, ChixPty AM 1.0	Sandwich	23.4
JUICE SS, Frt Bld 100% 4oz Crt	1 Each	15.28
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: GRADES 9-12 ONLY	1 Each	0.0
MILK SS, Skim Chocolate	Carton	20.0
HD: ALTERNATE ENTREE	1 each	0.0
BRD: FR TST AP, Cinn WG IW	Pouch	37.0
SFSP LUNCH (in school)	Total	
CHIX Dcd Taco CH 2.0	1 Each	1.97
BRD: TORTILLA, Chip Rnds 1.0	1 Cup	16.45
VEG: SALAD, BlackBn Salsa 1/4c	1/4 Cup	16.42
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, Skim Chocolate	Carton	20.0
MILK SS, 1% White 8oz	Carton	12.0
HD: AND / OR	1 EACH	0.0
MILK SS, Skim 8oz	Carton	12.0
HD: MEATLESS OPT -upon request	1 each	0.0
FILLING: Pinto CH 2MMA	1 Each	19.72
BRD: TORTILLA 6" Flour WG 1ea	1 Each	15.0
HD: ALTERNATE ENTREE	1 each	0.0
EGG: Hard Boiled FC AP 1.5	1 Each	1.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
BRD: CRACK, D&J Eng&Span1BG	Package	22.0
VEG: CUCUMBER, Fresh Slice1/4c	1/4 Cup	1.3

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ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 11

May 3, 2021 thru May 31, 2021

Combined: SFSP BREAKFAST (in school)/SFSP LUNCH (in school)

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	Portion Size	Carb (g)
Weighted Daily Average		56.28
% of Calories		55.8%
Nutrient Guideline		

Weighted Average		58.27
		58.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	58.27	58.14%						

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