




















Summer Breakfast

July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
				
Apple Cherry Bar	Date & Orange Bread w/ Cheddar Cheese Stick	Rice Krispies w/ Hard Boiled Egg	Apple Cinnamon Muffin w/ Cheddar Cheese Stick	Cinnamon Raisin Bagel w/ Cream Cheese
				
Orange	Blended Fruit Juice	Apple	Orange	Applesauce
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Summer fun begins with a healthy breakfast!

5	6	7	8	9
				
School Closed In Observance of the Fourth of July Holiday	Honey Bunches of Oats w/ String Cheese	Blueberry Nutri-Grain w/ Hard-Boiled Egg	Overnight Oats	Banana Muffin w/ String Cheese
				
	Orange	Apple	Blueberries	Blended Fruit Juice
	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Fresh fruit offered daily!











We only use heart-healthy **whole grains**.
Our **milk** options include 1%, low-fat, and fat-free.

This institution is an equal opportunity provider.
Not all offerings may be available in all buildings.
Questions? E-mail us at food@cps.edu!











Thank you for
dining with us!

Summer Breakfast

July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
				
Mini Maple Brown Sugar Bar w/String Cheese	French Toast Bar	Carrot Bread w/ Hard-Boiled Egg	Rice Krispies w/ Cheddar Cheese Stick	Honey Wheat Bagel w/ Cream Cheese
				
Apple Slices	Orange	Blended Fruit Juice	Cantaloupe	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Meals are free to any child age 18 and under.

19	20	21	22	23
				
Rice Chex w/ String Cheese	Honey Oats Granola Bar	Blueberry Nutri-Grain Bar w/ Hard-Boiled Egg	Apple Cinnamon Muffin w/ String Cheese	Overnight Oats
				
Blended Fruit Juice	Apple Slices	Orange	Honeydew Melon	Strawberries
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Eating breakfast boosts brain power!











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Summer Breakfast

July 2021

Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
				
Apple Cherry Bar	Date & Orange Bread w/ Hard-Boiled Egg	Rice Krispies w/ Cheddar Cheese Stick	Yogurt w/ Graham Crackers	Cinnamon Raisin Bagel w/ Cream Cheese
				
Orange	Blended Fruit Juice	Apple Slices	Honeydew Melon	Applesauce
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Fresh fruit offered daily!

We're happy to serve you!

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