

K-12 GNG BREAKFAST

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Maple Pancakes	Sausage English Muffin	Cinnamon French Toast	Cheesy Egg Biscuit	School Lunch Hero Day <i>Thank your NSS Dining Staff!</i>
Honey Oats Granola Bar	Cheerios w/ String Cheese	Creamy Yogurt Cup w/ Graham Crackers	Apple Cinnamon Bar	Blueberry Belgian Liege Waffle
Apple	Orange Juice	Strawberries	Dried Cranberries	Banana Bread w/ Hard-Boiled Egg
Dried Cranberries	Pear	Orange	Pear	Apple Slices
				Orange

Savor a Blueberry Belgian Liege Waffle on May 6th!

9	10	11	12	13
Egg & Cheese English Muffin	Strawberry Pancakes	Grilled Chicken-Ham & Cheese Sandwich	Cheddar, Pepper, Onion & Egg Strata	Triple Berry French Toast
Assorted Cereal w/ String Cheese	Oatmeal Raisin Bar	Blueberry Muffin (V) w/ Hard Boiled Egg	Honey Bunches of Oats w/ String Cheese	Orange Vanilla Oat Bar
Apple	Strawberries	Orange Juice	Dried Cranberries	Apple Slices
Cranberries	Pear	Apple Slices	Orange	Pear

We're serving a Cheddar, Pepper, and Onion Strata on May 12th!

All grain/bread items served are **Whole Grain Rich**.
Our **milk** options include 1% and fat-free.

This institution is an equal opportunity provider.
Not all offerings may be available in all buildings and menus are subject to change.

Questions? E-mail us at food@cps.edu!

Thank you for
dining with us!



NUTRITION
SUPPORT
SERVICES



K-12 GNG BREAKFAST

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
Honey Wheat Bagel w/ Garden Vegetable & Cream Cheese	Sausage English Muffin	Maple Pancakes	Chilaquiles Verdes	Blueberry Muffin Top w/ String Cheese
Assorted Cereal w/ Hard-Boiled Egg	Honey Oats Granola Bar	Assorted Cereal w/ String Cheese	Carrot Bread w/ Hard-Boiled Egg	Apple Cinnamon Bar
Apple	Blended Fruit Juice	Strawberries	Apple	Pear
Dried Cranberries	Pear	Banana	Dried Cranberries	Orange

Try our delicious Chilaquiles Verdes on May 19th!

23	24	25	26	27
Veggie Sausage English Muffin	Maple Belgium Liege Waffle	Grilled Chicken-Ham & Cheese Sandwich	Triple Berry French Toast	Hot Blueberry Oatmeal
Assorted Cereal w/ String Cheese	Orange Vanilla Oat Bar	Blueberry Muffin w/ Hard-Boiled Egg	Assorted Cereal w/ String Cheese	Oatmeal Raisin Bar
Apple	Strawberries	Orange Juice	Dried Cranberries	Apple Slices
Pear	Orange	Banana	Orange	Pear

Fresh fruit offered daily!

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