

# K-8 Lunch

## May 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>Cinco de Mayo 5</b>	<b>School Lunch 6</b>
Buffalo Popcorn Chicken w/ Fresh Baked Breadstick	Taco-Seasoned Beef Nachos or Pinto Charro Bean Nachos (V)	General Tso's Asian Turkey Crumble over Lo Mein Noodles	Seasoned Black Beans (V) w/ Chipotle Quinoa & Rice Cheddar Cheese & Sour Cream	<b>School Lunch Hero Day</b> <i>Thank your NSS Dining Staff!</i>
Triple Cheese Roll Up w/ Chipotle Mayonnaise	Chicken-Ham, Turkey & Cheese Sandwich	Egg Chef Salad (V) w/ Fresh Baked Breadstick	Toasted Cheese Quesadilla (V)	Personal Cheese Pizza (V)
Tater Tots Steamed Broccoli	Black Bean Salad Baby Carrots	Teriyaki Green Beans Edamame	Creamy Yogurt Cup (V) w/ String Cheese & Crackers	Chicken Salad Sandwich
Orange Pear	Apple Banana	Pear Raspberry-Lemonade Craisins	Celery Sticks Cucumber Slices	Mixed Green Salad Baby Carrots
			Apple Slices Banana	Orange Craisins Pear



Enjoy new, fresh, and seasonal offerings during CPS Fresh Week May 9-13<sup>th</sup>!

<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chicken Patty Sandwich	Beef or Lentil Tacos (V) w/ Cheese & Cilantro Crema	Asian-Spiced Chicken Drumstick w/ Seasoned Rice	Pasta Primavera (V)	Veggie Lovers Pizza
Chickpea Salad Sub (V)	Chicken Caesar Salad w/ Fresh Baked Breadstick	Spring Entree Salad (V) w/ Italian Vinaigrette w/ Fresh Baked Breadstick	Toasted Grilled Cheese (V)	Turkey & Cheese Sub
Crinkle-Cut Fries Citrus Slaw	Black Charro Beans Confetti Corn Salad	Cucumber Kimchi Baby Carrots	Vegetarian Nacho Salad	Kale Salad Baby Carrots
Orange Pear	Apple Raspberry-Lemonade Craisins	Orange Banana	Apple Slices Pear	Strawberries Banana

Featured items include Chicken Caesar Salad , Cucumber Kimchi, and Pasta Primavera.

All chicken served is **No Antibiotic Ever**.  
 Our menus are **pork-free**.  
**Plant-forward or meatless** entrees are identified by (V).  
**Local** produce grown within 350 miles is identified by (L).  
 Menus containing **fish** are identified with .  
 All grain/bread items served are **Whole Grain Rich**.  
 Our **milk** options include 1% and fat-free.  
 PBJ or SunButter & Jelly served daily.  
*Thank you for dining with us!*

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?  
 E-mail us at [food@cps.edu](mailto:food@cps.edu)!



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<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Hot Dog	Chipotle Rice Bowl w/ Enchilada-Seasoned Turkey Crumble or Fajita-Seasoned Black Beans w/ Salsa	Shredded Beef Sandwich w/ Tzatziki Sauce	Vegetarian Chili Mac	Cheese Stick (V) w/ Marinara
Egg Salad Sandwich (V)	Egg Chef Salad (V) w/ Fresh Baked Breadstick	Triple Cheese Roll Up (V)	Personal Cheese Pizza (V)	Turkey & Cheddar Sub w/ Chipotle Mayo
Tater Tots Baby Carrots	Roasted Onions & Peppers Fresh Broccoli	Cucumber Slices Three Bean Salad	Garlic Green Beans Fresh Broccoli	Mixed Green Salad Baby Carrots
Orange Pear	Apple Banana	Pear Raspberry-Lemonade Craisins	Orange Banana	Orange Craisins Apple Slices

Grab a bowl full of goodness that will be served on May 17<sup>th</sup> with the Chipotle Rice Bowl.

<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Cheeseburger, Hamburger or Spicy Black Bean Burger (V)	Beef Quesadilla or Bean & Cheese Quesadilla (V) w/ Salsa	BBQ Beef Sloppy Joe	Taco-Seasoned Lentils (V) w/ Tortilla Chips & Chipotle Rice	Fish Sticks w/ Flour Tortillas & Cajun Sour Cream
Chicken Salad Sandwich	Chicken-Ham & Cheese Sandwich	Spring Entree Salad (V) w/ Italian Vinaigrette w/ Fresh Baked Breadstick	Toasted Grilled Cheese (V)	PizzaBoli (V)
Seasoned Corn Baby Carrots	Black Bean Salsa Roasted Broccoli	Crinkle-Cut Fries Fresh Cucumber Slices	Prosser High School's Yogurt & Cheese Kit (V) w/ Apple Slices	Edamame Citrus Slaw
Orange Pear	Apple Banana	Orange Raspberry-Lemonade Craisins	Apple Slices Pear	Strawberries Banana

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NUTRITION  
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