





















K-8 Breakfast

March 2021, In-Person



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1</p> <p>Oatmeal Raisin Bar</p>  <p>Apple Slices</p> <p>Milk Selection</p>	 <p>2</p> <p>Corn Chex</p>  <p>Orange</p> <p>Milk Selection</p>	 <p>3</p> <p>Banana Bread & Hard-Boiled Egg</p>  <p>Pear</p> <p>Milk Selection</p>	 <p>4</p> <p>Cinnamon French Toast</p>  <p>Strawberries</p> <p>Milk Selection</p>	 <p>5</p> <p>Hawaiian Roll w/ Egg & Cheese</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>

March 8 – 12 is National School Breakfast Week!

 <p>8</p> <p>Maple Waffle</p>  <p>Pear</p> <p>Milk Selection</p>	 <p>9</p> <p>Egg Patty on Honey Corn Biscuit</p>  <p>Orange</p> <p>Milk Selection</p>	 <p>10</p> <p>Honey Wheat Bagel w/ Grape Jelly</p>  <p>Apple Slices</p> <p>Milk Selection</p>	 <p>11</p> <p>Pancake Breaded Chicken Sausage Bites</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>	 <p>12</p> <p>Creamy Yogurt Cup w/ Granola</p>  <p>Blueberries</p> <p>Milk Selection</p>
---	--	--	--	--

Eating breakfast boosts brain power!

Plant-Forward Monday: Try our meat-free specialties!

Tortilla Tuesday is where whole-wheat tortillas or whole-grain chips meet tasty flavor combinations sure to satisfy!

Windy City Wednesday is when you can savor recipes inspired from around the city and the world!

Throwback Thursdays are where your favorite flavors come to the café!

Feel Good Fridays finish strong with simple, delicious meals to end the week.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings.

Questions? E-mail us at food@cps.edu!


All chicken served is **No Antibiotic Ever**.

Our menus are **pork-free**.

Vegetarian entrees are identified with (V).

Local produce grown within 350 miles of Chicago is identified with (L).

Gluten-Free products are identified with (GF).











Menus containing **fish** are identified with 

We only use heart-healthy **whole grains**.

Our **milk** options include 1% low-fat and fat-free milk.

K-8 Breakfast

March 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
<p>15</p>  <p>Date & Orange Bread w/ String Cheese</p>  <p>Apple Slices</p> <p>Milk Selection</p>	<p>16</p>  <p>Banana Muffin & Hard-Boiled Egg</p>  <p>Orange</p> <p>Milk Selection</p>	<p>17</p>  <p>French Toast Bar</p>  <p>Pear</p> <p>Milk Selection</p>	<p>18</p>  <p>Rice Krispies</p>  <p>Blueberries</p> <p>Milk Selection</p>	<p>19</p>  <p>Beef Sausage on Honey Corn Biscuit</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>

March 26th try the Hawaiian Roll with Egg & Cheese!

<p>22</p>  <p>Mini Maple Brown Sugar Bar w/ String Cheese</p>  <p>Apple</p> <p>Milk Selection</p>	<p>23</p>  <p>Blueberry Mini Waffles</p>  <p>Orange</p> <p>Milk Selection</p>	<p>24</p>  <p>Apple Cinnamon Muffin & Hard-Boiled Egg</p>  <p>Pear</p> <p>Milk Selection</p>	<p>25</p>  <p>Fruit & Oats Cup</p>  <p>Strawberries</p> <p>Milk Selection</p>	<p>26</p>  <p>Hawaiian Roll w/ Egg & Cheese</p>  <p>Blended Fruit Juice</p> <p>Milk Selection</p>
--	---	---	--	--

Fresh fruit offered daily!

Plant-Forward Monday: Try our meat-free specialties!

Tortilla Tuesday is where whole-wheat tortillas or whole-grain chips meet tasty flavor combinations sure to satisfy!

Windy City Wednesday is when you can savor recipes inspired from around the city and the world!

Throwback Thursdays are where your favorite flavors come to the café!

Feel Good Fridays finish strong with simple, delicious meals to end the week.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings.

Questions? E-mail us at food@cps.edu!


All chicken served is **No Antibiotic Ever**.

Our menus are **pork-free**.

Vegetarian entrees are identified with (V).

Local produce grown within 350 miles of Chicago is identified with (L).

Gluten-Free products are identified with (GF).

Menus containing **fish** are identified with 

We only use heart-healthy **whole grains**.

Our **milk** options include 1% low-fat and fat-free milk.