












K-12 Lunch

March 2021, In-School



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1</p> <p>Pizza Crunchers (V) with Marinara Sauce</p> <p>Zucchini Slices with Garlic Veggie Dip</p> <p>Orange</p>	 <p>2</p> <p>Beef Soft Tacos</p> <p>Black Bean Salsa</p> <p>Pear</p>	 <p>3</p> <p>Chicken Tenders</p> <p>Potato Emojis</p> <p>Orange</p>	 <p>4</p> <p>Big Daddy's Pizza (V)</p> <p>Fresh Broccoli</p> <p>Apple Slices</p>	 <p>5</p> <p>Hamburger</p> <p>Crinkle Cut Fries</p> <p>Blueberries</p>

Try zucchini slices with a zesty garlic veggie dip March 1, 9 and 22!

 <p>8</p> <p>Vegetarian Sloppy Joe (V)</p> <p>Fresh Broccoli</p> <p>Orange</p>	 <p>9</p> <p>Chicken Meatball Marinara Sub</p> <p>Zucchini Slices with Garlic Veggie Dip</p> <p>Pear</p>	 <p>10</p> <p>Chicken Tenders</p> <p>Crinkle Cut Fries</p> <p>Apple Slices</p>	 <p>11</p> <p>Big Daddy's Pizza (V)</p> <p>Baby Carrots</p> <p>Fresh Orange</p>	 <p>12</p> <p>Fish Sticks  with Dinner Roll</p> <p>Fresh Broccoli</p> <p>Strawberries</p>
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Tap into plant-based power with the Vegetarian Sloppy Joe, March 8!

Plant-Forward Monday: Try out meat-free specialties!

Tortilla Tuesday is where whole-wheat tortillas or whole-grain chips meet tasty flavor combinations sure to satisfy!

Windy City Wednesday is when you can savor recipes inspired from around the city and the world!

Throwback Thursdays are where your favorite flavors come to the café!

Feel Good Fridays finish strong with simple, delicious meals to end the week.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings.

Questions? E-mail us at food@cps.edu!


All chicken served is **No Antibiotic Ever**.

Our menus are **pork-free**.

Vegetarian entrees are identified with (V).

Local produce grown within 350 miles is identified with (L).

Gluten-Free products are identified with (GF).

Menus containing **fish** are identified with .

We only use heart-healthy **whole grains**.






Our **milk** options include 1% low-fat and fat-free milk.








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Monday	Tuesday	Wednesday	Thursday	Friday
 <p>15</p> <p>Cheese Stick (V) with Marinara Sauce</p> <p>Fresh Broccoli</p> <p>Orange</p>	 <p>16</p> <p>Chicken & Cheese Nachos</p> <p>Black Bean Salsa</p> <p>Pear</p>	 <p>17</p> <p>Chicken Tenders</p> <p>Crinkle Cut Fries</p> <p>Apple Slices</p>	 <p>18</p> <p>Big Daddy's Pizza (V)</p> <p>Baby Carrots</p> <p>Orange</p>	 <p>19</p> <p>Beef Chili Mac</p> <p>Vegetable Medley</p> <p>Blueberries</p>

Get your chip fix each Tuesday! Pick up nachos with special toppings each week.

 <p>22</p> <p>Vegetarian Sloppy Joe (V)</p> <p>Zucchini Slices</p> <p>Orange</p> <p>Garlic Veggie Dip</p>	 <p>23</p> <p>Bean & Cheese Nachos (V)</p> <p>Baby Carrots</p> <p>Pear</p>	 <p>24</p> <p>Hamburger</p> <p>Potato Emojis (L)</p> <p>Strawberries</p>	 <p>25</p> <p>Chicken Tenders</p> <p>Fresh Spinach</p> <p>Cinnamon Applesauce</p>	 <p>26</p> <p>Big Daddy's Pizza (V)</p> <p>Fresh Broccoli</p> <p>Orange</p>
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Pick your perfect pizza! Try Big Daddy's pizza with different toppings every Thursday!

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