











K-12 Breakfast

May 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
3  Blueberry Mini Waffles  Apple Slices Milk Selection	4  Corn Chex  Orange Milk Selection	5  Banana Bread & Hard-Boiled Egg  Kiwi Milk Selection	6  Cinnamon French Toast  Strawberries Milk Selection	7  Beef Sausage on Honey Corn Biscuit  Blended Fruit Juice Milk Selection

Kiwi is a good source of vitamin C. Try it on May 5th and May 12th!

10  Maple Pancakes  Apple Slices Milk Selection	11  Triple Berry French Toast  Orange Milk Selection	12  Blueberry Muffin & Hard-Boiled Egg  Kiwi Milk Selection	13  Rice Krispies  Apple Milk Selection	14  Egg & Cheese Hawaiian Roll  Blended Fruit Juice Milk Selection
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Breakfast will get your school day off to a great start!

Plant-Forward Monday: Try our intentionally delicious meat-free options!

Tortilla Tuesday is where whole-wheat tortillas or whole-grain chips meet tasty flavor combinations sure to satisfy!

Windy City Wednesday is when you can savor recipes inspired by various neighborhoods throughout the City of Chicago and the world!

Throwback Thursdays are where your favorite flavors come to the café!

Feel Good Fridays finish strong with simple, tasty meals to end the school week.

This institution is an equal opportunity provider.

Not all offerings may be available in all buildings.

Questions? E-mail us at food@cps.edu!


All chicken served is **No Antibiotic Ever**.

Our menus are **pork-free**.

Vegetarian entrees are identified with (V).

Local produce grown within 350 miles of Chicago is identified with (L).











Gluten-Free products are identified with (GF).

Menus containing **fish** are identified with . We only use heart-healthy **whole grains**.











Our **milk** options include 1%, low-fat, and fat-free.

K-12 Breakfast

May 2021, In-Person

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
				
Maple Mini Waffles	Cheerios	Banana Muffin & Hard-Boiled Egg	Triple Berry French Toast	Honey Corn Beef Sausage Biscuit
				
Apple Slices	Orange	Apple	Strawberries	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Fresh fruit offered daily!

24	25	26	27	28
				
Honey Wheat Bagel w/ Cream Cheese	Maple Pancakes	Carrot Bread & Hard-Boiled Egg	Rice Chex	Hawaiian Roll Chicken Breakfast Sandwich
				
Apple Slices	Orange	Banana	Blueberries	Blended Fruit Juice
Milk Selection	Milk Selection	Milk Selection	Milk Selection	Milk Selection

Grab breakfast and get ready to learn!

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