

9-12 Lunch

November 2021



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 1 Chicken Nugget Mashed Potato Bowl w/ Gravy & Dinner Roll Egg, Cheese & Cracker Kit Mashed Potatoes Side Salad Green Pepper Strips Sweet Corn Pear Orange | 2 Beef or Bean (V) Tacos or Nachos Turkey, Chicken-Ham & Cheese Sandwich Bean Salsa Baby Carrots Cucumber Slices Side Salad Apple Slices Banana | 3 Cheeseburger Chickpea Salad Sandwich w/ Chipotle Mayo Crinkle Cut Fries Green Pepper Strips Celery Sticks Side Salad Strawberry Craisins Pear | 4 Sweet Potato & Black Bean Chili w/ Dinner Roll Protein Crunch Kit (V) w/ Hummus, Graham Crackers & Cheese Cubes Roasted Sweet Potatoes Celery Sticks Baby Carrots Side Salad Apple Slices Banana | 5 <p style="text-align: center;">School Improvement Day</p> <p style="text-align: center;">NO SCHOOL</p> |

Stay warm with our Sweet Potato & Black Bean Chili on 11/4!

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|---|--|--|---|---|
| 8 Chicken Patty Sandwich Grilled Cheese Sandwich (V) Emoji Potatoes Celery Sticks Side Salad Baby Carrots Pear Orange | 9 Chipotle Chicken or Lentil (V) Tacos or Nachos Turkey & Cheese Sandwich Kickin' Pintos Cucumber Slices Side Salad Green Pepper Strips Apple Banana | 10 Pollo Tazon or Fish Sticks  w/ Dinner Roll Chicken or Egg (V) Chef Salad w/ Dinner Roll Seasoned Broccoli Baby Carrots Celery Sticks Side Salad Orange Pear | 11  <p style="text-align: center;">NO SCHOOL</p> | 12 Beef Fiestada or Cheese Pizza (v) BBQ Chicken Salad Sandwich Garlic Green Beans Cucumber Slices Baby Carrots Side Salad Orange Pear |
|---|--|--|---|---|

Try the Student-Inspired Pollo Tazon on 12/10!

All chicken served is **No Antibiotic Ever**.
 Our menus are **pork-free**.
Plant-forward or meatless entrees are identified by (V).
Local produce grown within 350 miles is identified by (L).
 Menus containing **fish** are identified with 
 All grain/bread items served are **Whole Grain Rich**.
 Our **milk** options include 1% and fat-free.

Thank you for dining with us!

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?
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| 15 | Thanksgiving Meal! | 17 | 18 | 19 |
| Chicken Tenders w/ Creamy Greek Dip & Dinner Roll Chicken or Bean (V) Baja Salad Garlic Green Beans Kale Salad (L) Cucumber Salad Baby Carrots Pear Orange | Roast Turkey & Mashed Potatoes w/ Gravy & Dinner Roll Triple Cheese Wrap (V) Mashed Potatoes Seasoned Corn Fresh Broccoli Blueberry Crisp Apple Slices | Beef or Bean (V) Sweet Potato Burrito Bowl w/ Dinner Roll Turkey, Chicken-Ham & Cheese Sub Roasted Sweet Potatoes Three Bean Salad Cucumber Slices Strawberry Craisins Pear | Parent-Teacher Conference Day NO CLASSES (9-12) | Cheese Pizza Crunchers w/ Marinara Turkey & Cheese Kaboom Sandwich Lemony Broccoli Cucumber Slices Baby Carrots Apple Pear |

Enjoy a Thanksgiving Meal with us on 11/16!

| | | |
|---|--|---|
| 22 | 23 |  NO SCHOOL |
| Hot Dog Egg Salad Sandwich (V) Campfire Beans Baby Carrots Celery Sticks Pear Orange | Fajitas w/ Chipotle Chicken or Lentils (V) & Salsa Turkey & Cheese Sandwich Sautéed Peppers & Onions Black Bean Salad Cucumber Slices Apple Strawberry Craisins | |

Happy Thanksgiving, thank you for dining with us!

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| <p>29</p> <p><u>Branch for Lunch</u></p> <p>French Toast Sticks w/ Scrambled Eggs & Chicken Sausage</p> <p>Egg, Cheese & Cracker Kit (V)</p> <p>Seasoned Diced Potatoes (L)</p> <p>Baby Carrots Celery Sticks</p> <p>Pear Orange</p> | <p>30</p> <p>Beef or Beans (V) Tacos or Nachos</p> <p>Turkey-Ham & Cheese Sub</p> <p>Bean Salad Cucumber Slices Fresh Broccoli</p> <p>Apple Strawberry Craisins</p> | | | |

Enjoy Brunch for Lunch on 12/29!

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