

AFTERSCHOOL HOT SUPPER


October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Swiss Burger	Chicken Nuggets	Beef Fiestada	Buffalo Grilled Cheese Sandwich	Mac & Cheese (V)
Veggie Cheese Sub (V)	PBJ or SunButter & Jelly Sandwich (V)	Cucumber & Cheese Sub (V)	Baby Carrots	Fresh Broccoli
Cucumber Slices	Tater Tots	Celery Sticks	Pear	Apple
Diced Peaches	Pear	Apple		

Get cozy after school with a Buffalo Grilled Cheese Sandwich!

11	12	13	14	15
Chicken Patty Sandwich	Hamburger	Chicken Tenders w/ Creamy Greek Dip	Mac & Cheese (V)	Cheese Pizza Crunchers (V) w/ Marinara
Cucumber & Cheese Sub (V)	Egg, Cheese & Cracker Kit (V)	Egg Salad Sandwich (V)	Cucumber Slice	Green Beans
Bean Salsa	Baby Carrots	Celery Sticks	Diced Peaches	Dried Cranberries
Banana	Orange	Banana		

Have dinner on us.

All chicken served is **No Antibiotic Ever**.
 Our menus are **pork-free**.
Plant-forward or meatless entrees are identified by (V).
Local produce grown within 350 miles is identified by (L).
 Menus containing **fish** are identified with 
 All grain/bread items served are **Whole Grain Rich**.
 Our **milk** options include 1% and fat-free.

Thank you for dining with us!

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?
 E-mail us at food@cps.edu!



AFTERSCHOOL HOT SUPPER


October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
Hot Dog	Chicken Nuggets	Beef Fiestada	Cheese Quesadilla (V)	Buffalo Macaroni & Cheese (V)
Veggie Cheese Sub (V)	PBJ or SunButter & Jelly Sandwich (V)	Cucumber & Cheese Sub (V)	Bean Salad	Baby Carrots
Fresh Broccoli	Tater Tots	Cucumber Slices	Banana	Diced Peaches
Banana	Pear	Orange		

CPS meals are free to all students!

25	26	27	28	29
Cheese Pizza Crunchers(V) w/ Marinara Sauce	Swiss Burger	Chicken Tenders w/ Creamy Greek Dressing	Buffalo Grilled Cheese (V)	Hot Dog
Cucumber Slices	Egg Salad Sandwich (V)	PBJ or SunButter & Jelly Sandwich (V)	Baby Carrots	Egg, Cheese & Cracker Kit (V)
Orange	Fresh Broccoli	Celery Sticks	Pear	Fresh Broccoli
	Diced Peaches	Banana		Banana

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