

AFTERSCHOOL SNACK

October 2021




Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Graham Crackers Apple	Blueberry Bagel w/ Grape Jelly 1% Milk	Fresh Broccoli w/Ranch Dressing String Cheese	Cheez-It Crackers 1% Milk	Banana Muffin String Cheese

Grab a snack after school.

11	12	13	14	15
Cheez-It Crackers 1% Milk	Cucumber Slices w/ Ranch Dressing String Cheese	Carrot Bread Apple	Apple Cinnamon Muffin String Cheese	Goldfish Pretzels 1% Milk

We hope you had a wonderful school day!

All chicken served is **No Antibiotic Ever**.
 Our menus are **pork-free**.
Plant-forward or meatless entrees are identified by (V).
 Menus containing **fish** are identified with 
 All grain/bread items served are **Whole Grain Rich**.
 Our **milk** options include 1% and fat-free.

Thank you for dining with us!

This institution is an equal opportunity provider!

Not all offerings may be available in all buildings and menus are subject to change.

Questions?
 E-mail us at food@cps.edu!



AFTERSCHOOL SNACK


October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
Apple Cinnamon Muffin 1% Milk	Graham Crackers String Cheese	Yogurt Apple	Blueberry Bagel w/ Grape Jelly 1% Milk	Fresh Broccoli w/ Ranch Dressing String Cheese

Need an afternoon pick me up? Enjoy a CPS after school snack!

25	26	27	28	29
Cheez-It Crackers 1% Milk	Cucumber Slices w/ Ranch Dressing String Cheese	Goldfish Pretzels 1% Milk	Banana Muffin String Cheese	Carrot Bread 1% Milk

We are happy to serve you!

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