OCTOBER 2020 MENU								
BreakfastMondayTuesdayWednesdayThursdayFriday								
Week of October 5	Mini Maple Brown Sugar Bar String Cheese Apple Slices Milk Selection	Sausage English Muffin Plum Milk Selection	Cinnamon Chex Cheddar Cheese Cubes Blueberries Milk Selection	Honey Corn Biscuit with Grape Jelly Orange Juice Milk Selection	Blueberry Mini Waffles Pear Milk Selection			
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Week of October 12	Indigenous Peoples' Day No Classes	French Toast Sticks Apple Slices Milk Selection	Egg & Cheese English Muffin Plum Milk Selection	Corn Chex String Cheese Pear Milk Selection	Blueberry Muffin Top Hard Boiled Egg Blended Fruit Juice Milk Selection			
ber 12		*	W	6				
Week of October 19	Strawberry Nutri-Grain Bar Cheddar Cheese Cubes Plum Milk Selection	Egg & Cheese English Muffin Pear Milk Selection	Carrot Bread Hard Boiled Egg Apple Slices Milk Selection	Honey Corn Biscuit with Grape Jelly Strawberries Milk Selection	Cheerios Apple Milk Selection			
ober 19	11	6		۲	9			
Week of October 26	Mini Maple Brown Sugar Bar Cheddar Cheese Cubes Plum Milk Selection	Sausage English Muffin Pear Milk Selection	Date & Orange Bread Hard Boiled Egg Apple Slices Milk Selection	French Toast Sticks with Syrup Blueberries Milk Selection	Blueberry Muffin Top Apple Milk Selection			
ber 26	1	6			6			
NUTRITION SERVICES Chicago Public Schools aramarkin 1% and Chocolate Skim Milk options avail Menu items are subject to change								

OCTOBER 2020 MENU								
LunchMondayTuesdayWednesdayThursdayFriday								
Week of October 5	SunButter & Jelly Sandwich (v) Baby Carrots Pear Milk Selection	Chicken Nuggets Tater Tots Dried Cranberries Milk Selection	Beef Soft Tacos Celery Sticks Plum Milk Selection	Hamburger Crinkle Cut Fries Apple (Local) Milk Selection	Chicken Patty Sandwich Fresh Broccoli Blueberries Milk Selection			
¥	National School Lunch Week							
Week of October 12	Indigenous Peoples' Day No Classes	Star-Shaped Pretzels with SunButter (v) Cheddar Cheese Cubes Celery Sticks · Pear Milk Selection	Hamburger Diced Carrots Apple Slices Milk Selection	Chicken Drumstick with Breadstick Potato Fusion (Local) Plum Milk Selection	BBQ Chicken Meatball Sub Tater Tots Pear Milk Selection			
Week of October 19	Cheese Pizza Crunchers (v) with Marinara Sauce Fresh Broccoli Apple Milk Selection	Beef Nachos Sweet Corn (Local) Plum Milk Selection	Chicken Nuggets Emoji Potatoes (Local) Pear Milk Selection	Hamburger Cucumber Slices Apple Milk Selection	Chicken Patty Sandwich Green Beans (Local) Strawberries Milk Selection			
Week of October 26	Cheese Stick (v) with Marinara Sauce Baby Carrots Apple Slices Milk Selection	Chicken & Cheese Soft Taco Sweet Corn (Local) Plum Milk Selection	Chicken Tenders Tater Tots Pear Milk Selection	Cheese Pizza (v) Fresh Spinach Apple Milk Selection	Hot Dog Emoji Potatoes (Local) Orange & Lime Sorbet Milk Selection			
NUTRITION SERVICES Chicago Chicago Public Chicago Public Chicago Schools Cramarky (V) = Vegetarian or meatless items 1% and Chocolate Skim Milk options available Menu items are subject to change								