

# MAY 2022 MENU

## Pre-K Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of May 2	Maple Pancakes  Apple Wedges	Sausage English Muffin  Assorted Cereal w/ Hard-Boiled Egg  Diced Peaches	Cinnamon French Toast  Strawberries	Cheesy Egg Biscuit  Applesauce	<b>School Lunch Hero Day</b> <i>Thank your NSS Dining Staff!</i>  Blueberry Belgian Liege Waffle  Orange Wedges
Week of May 9	Egg & Cheese English Muffin  Apple Wedges	Strawberry Pancakes  Fruit Cocktail	Grilled Chicken-Ham & Cheese Breakfast Sandwich  Blueberry Muffin  Banana	Cheddar, Pepper, Onion & Egg Strata  Orange Wedges	Triple Berry French Toast  Apple Slices
Week of May 16	Honey Wheat Bagel w/ Garden Vegetable & Cream Cheese  Apple Wedges	Sausage English Muffin  Creamy Yogurt Cup w/ Graham Crackers  Diced Peaches	Maple Pancakes  Strawberries	Chilaquiles Rojo  Apple Wedges	Blueberry Muffin Top  Orange Wedges
Week of May 23	Veggie Sausage English Muffin  Apple Wedges	Maple Belgium Liege Waffle  Orange Wedges	Grilled Chicken-Ham & Cheese Breakfast Sandwich  Blueberry Muffin  Banana	Triple Berry French Toast  Fruit Cocktail	Strawberry Oatmeal  Apple Slices



NUTRITION  
SUPPORT  
SERVICES



(V) = Vegetarian or meatless items  
(L) = Locally Sourced  
1% and Skim Milk options available  
Menu items are subject to change