

MAY 2022 MENU

Pre-K Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of May 2	Chicken Nuggets Three Cheese Sub (V) Tater Tots Orange Wedges	Taco-Seasoned Beef Nachos or Pinto Charro Bean Nachos (V) Refried Beans Apple Wedges	General Tso's Asian Turkey Crumble over Lo Mein Noodles Cheese Sub (V) Teriyaki Green Beans Applesauce	Toasted Cheese Quesadilla (V) Cucumber Slices Half Banana	School Lunch Hero Day Thank you NSS Dining Staff! Personal Cheese Pizza (V) Mixed Green Salad Fruit Cocktail
Week of May 9	Chicken Patty Sandwich Spicy Black Bean Burger (V) Crinkle-Cut Fries Orange Wedges	Beef Tacos or Lentil Tacos (V) w/ Cilantro Crema Black Charro Beans Apple Wedges	Chicken Nuggets w/ Seasoned Rice Three Cheese Sub (V) Cucumber Kimchi Diced Peaches	Toasted Grilled Cheese Sandwich (V) Diced Celery Apple Slices	Veggie Supreme Pizza Fresh Broccoli Strawberries
Week of May 16	Hamburger Egg Salad Sandwich (V) Tater Tots Orange Wedges	Chipotle Rice Bowl w/ Enchilada-Seasoned Turkey Crumble or Fajita-Seasoned Black Beans (V) & Salsa Roasted Onions & Peppers Half Banana	Shredded Beef Sandwich w/ Tzatziki Sauce Three Cheese Sub (V) Cucumber Slices Applesauce	Personal Cheese Pizza (V) Italian Blend Green Beans Fruit Cocktail	Cheese Stick (V) w/ Marinara Mixed Green Salad Apple Slices
Week of May 23	Hamburger Spicy Black Bean Burger (V) Seasoned Corn (L) Orange Wedges	Beef or Bean (V) Quesadilla w/ Salsa Refried Beans Half Banana	Chicken Nuggets w/ Biscuit Cheese Sub (V) Crinkle-Cut Fries Diced Peaches	Toasted Grilled Cheese (V) Elotes-Style Corn (L) Apple Slices	Personal Cheese Pizza (V) Fresh Broccoli Strawberries



NUTRITION
SUPPORT
SERVICES



(V) = Vegetarian or meatless items

(L) = Locally Sourced

1% and Skim Milk options available

Menu items are subject to change